

HANDY LOCAL NUMBERS

All Saints' Primary School 01284 828223
Little Saplings Pre-school: manager@lawshalllittlesaplings.co.uk 01284 652 344
All Saints' Church - Rev'd Matthew Lawson 01787 310845 (Long Melford)
Catholic Church 01284 754358 * Free Church, Paul Mitchell 01284 828694
Village Hall Lottery Co-ordinator: Leanne Hornby 01284 830895
Lawshall Archives: Elizabeth Clarke 07813 430985 elizlawshall@btinternet.com
Local History Recorder: Valerie Monk 07961 816605
Willows Residential Care Home 01284 830665
Green Light Trust Office 01284 830829 *
Lawshall Community Woodlands - Forest For Our Children - Hana Jones 07813 984970

The Swan Public House 01284 828477
Newspaper delivery - Sicklesmere Stores Ltd 01284 386303

Excelan Chauffeur Services 01284 789503 / 07816 663 542
A1 Cars 24 hr Taxi 01284 766777 Greenline Travel 07754 298690
Traveline 0871 200 22 33

Anglian Water emergencies / enquiries 0845 7145145
UK Power Networks Emergency number: 0800 31 63 105
EDF Electricity emergencies 0800 7838838
Babergh District Council Helpline 0300 123 4000
Suffolk County Council 0345 606 6067

Police: Bury Police Station 701284 74100
Crime Stoppers 0800 555111
Police HQ main switchboard (non-emergency) 01473 613500
contact baberghwest.snt@suffolk.pnn.police.uk Tel 101 or 999 for emergency
Suffolk Fire Service 01473 260588 e-mail: fire.admin@suffolk.gov.uk

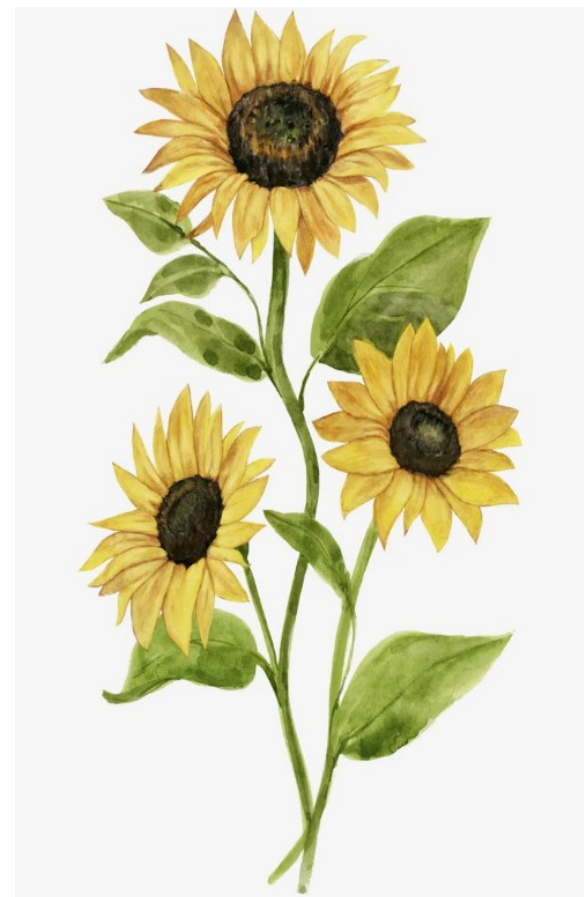
Citizens Advice Bureau 01284 753675
Samaritans 116123 (Freephone)
The Suffolk Advice and Support Line 0800 068 3131

Bury Train Station Customer Service 0845 600 7245
BBC Radio Suffolk 0800 1412121
Tourist Information 01284 764667
Bury Leisure Centre 01284 753496
Bury Library 01284 732255

Local Doctors: Glemsford Practice 01787 280484
Long Melford Practice 01787 378226
Mount Farm Surgery, Moreton Hall, Bury 01284 769643
NHS Direct 111 for urgent (non-emergency) medical help
West Suffolk Hospital switchboard 01284 713000, A&E 01284 713333
St Nicholas' Hospice 01284 766133. Patients' Line 01284 725700

Local Vets: Swayne & Partners (BSE) 01284 701444, (Melford) 01787 370773
Eastgate Vet Group (BSE) 01284 753961
Moreton Hall (BSE) Vets 01284 747000

Round & About Lawshall



September 26

www.lawshallvillagehall.co.uk

This magazine is published by

Lawshall Village Hall Management Committee.

We reserve the right to edit, shorten or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by advertisers.

**Copy deadline for the October 2026 magazine
6pm Saturday 18th September - earlier welcome!**

**Copy should be emailed to the editor, Julia Keys at
editorofranda@gmail.com mobile 07799373454**

To place an **advertisement** in this magazine
please contact **Leanne Hornby** at leanneandpeter2@gmail.com
Telephone 01284 830895 or at Hills Farm, Bury Road, IP29 4PJ

Black and White Adverts: price per issue:

Quarter page (9x6cm) £6	Half page (9x12.5cm) £10
Full page (18x12.5cm) £20	Back cover £30 per issue

Wanted / For Sale - £2 per entry; Lost or Found items - Free of charge

Welcome to the Village, Births, Marriages, Deaths - free of charge, just let the editor know.

Check out our **website** at <http://www.lawshallvillagehall.co.uk>

To discuss anything about the website
please contact Jenna Kitchen on 01284 830022

The proceeds from this magazine will go towards the upkeep and improvement of Lawshall Village Hall, registered charity number 304911

VILLAGE HALL HIRE CHARGES

Lawshall residents... £15 per hour Other users..... £17 per hour
Groups regularly using the hall on a weekly or monthly basis... £12 per hour
Groups that are not regular users... £17 per hour
Children's parties £47 for four hours, to include setting up and clearing away.
Booking Secretary: Leanne Hornby 01284 830895 leanneandpeter2@gmail.com

USEFUL VILLAGE CONTACTS & INFORMATION

Village Hall Management Committee

Chairman: Peter Ward 07931 898326

Secretary: Rosemary Riches. 01284 830757 richesrosemary32@gmail.com

Treasurer and Booking Secretary: Leanne Hornby 01284 830895
leanneandpeter2@gmail.com

Caretaker: Sharon Marshall 01284 830182 07943 215537

Committee Members: Ian Carrington 01284 830497, Julian Defeortrie 07976 313137
Wendy Harris 01284 830449, Julia Keys 07799 373454, Jenna Kitchen 01284 830022

Lawshall Parish Council www.lawshall.suffolk.gov.uk/

Interim Chair: Catherine Baynton 07799 364147

Parish Clerk: Louisa Mower 07761 737649 lawshallpcclerk@outlook.com

Councillors: Mark Anson 07990 773469, Melvin Coe 07850 445890, Hannah Cooke 07852 649126, Tom Debenham 07908 656097, Andrew Irish 01284 827500, Valerie Monk 07961816605 and Robert Staveley 07717 197137

District Cllrs: Stephen Plumb. email: Stephen.Plumb@babergh.gov.uk and
Michael Holt. email: Michael.Holt@babergh.gov.uk

County Cllr: John Nunn. Email: John.Nunn@suffolk.gov.uk

Village Clubs and Organisations - held in the Village Hall

Lawshall Carpet Bowls: every 1st and 3rd Mon 2-4pm ; contact 07976 313 137

Lawshall Ladies : meetings once per month, days vary, 7pm for contact see p29

Table Tennis Mondays 7.30pm, Contact Julian on 07976 313 137

Not in VH: Coldham Hall FC / Cricket - Contact Chris Toole; loftytoole@yahoo.co.uk or
Ben Atkinson on 07921 837296 www.hartestandcoldhamcc.blogspot.co.uk

Lawshall Postal Collections

All six postboxes are now collected at the same times Mon - Fri 9am; Sat 7am
Coldham, The Glebe, Lambs Lane/Rectory Corner, Lawshall Green
Donkey Lane, School/The Street. NO Sunday collections.

Konectbuses Bus Times route 45 ~ Lawshall to Bury: Monday-Friday

From Sudbury bus Stn 09.15, Lawshall School 10.01, arriving BSE Bus Stn 10.32
Return from Bury Bus Stn 13.00, arr Lawshall school 13.25, Sudbury bus Stn 14.10

On Saturday two buses on route 45 depart Lawshall School at 10.21 and 14.21, arriving at
BSE 10.51 and 14.52 respectively. Buses leave the BSE Bus Stn at 10.55 and 15.42
arriving back at Lawshall School at 11.20 and 16.07.

Felix Sudbury Bus Timetable (Thursday only)

Leaving The Street at 9.40am & return trip leaving Sudbury bus station at 12.45pm.

Library Vans Email: help@suffolklibraries.co.uk Tel 01473 351249

Route 7: Thursdays, 17th September, 15th October - Free Church 9.50-10.20am,
Swanfields 10.25am-10.40am & Village Hall car park 10.45am-11.25am.

Route 10: Tuesdays, 22nd September, 20th October - Melon Green, 12.50-1.05pm

Refuse Collection

Early every Monday or Friday morning rotating weekly. Food waste collected every week.

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 ★ Is this
 ★ you?
 ★
 ★ If you have
 ★ book-keeping and admin
 ★ skills and could spare some
 ★ time to help Lawshall Village
 ★ Hall, we would love to hear
 ★ from you.
 ★ For an informal chat and
 ★ role description, please
 ★ contact the committee via:
 ★ lvhevents1@gmail.com
 ★
 ★★★★★★★★★★★★★★★★★★★★★



**James Cartlidge
MP**



James Cartlidge is the Conservative MP for South Suffolk, and has been an MP continuously since 7 May 2015. He currently undertakes the role of Shadow Secretary of State for Defence.

Contact via his Parliamentary Office:
 House of Commons,
 London,
 SW1A 0AA
 020 7219 4875
 james.cartlidge.mp@parliament.uk

Lawshall Ladies

July's meeting was full of creativity, inspiration and practical ideas as members welcomed a fascinating speaker on **'Make Do and Mend: Reuse, Recreate and Restyle Your Wardrobe'**.

With enthusiasm, imagination and considerable talent, she demonstrated how unwanted or unworn clothing can be transformed into stylish, unique and wearable pieces. From simple alterations to imaginative embellishments, her ideas encouraged everyone to look at the contents of their wardrobes with fresh eyes.

The evening left many members inspired to rescue forgotten favourites rather than replace them. Judging by the buzz of conversation at the end of the meeting, there may well be a few exciting upcycling projects appearing around the village in the months ahead!

For information about Lawshall Ladies, please contact:
 Sarah Warboys 07885 470385 or Claire Ramsey 07415 195289

Editorial

Hello and welcome to the September edition of Round and About Lawshall. As I sit down to write, we have just experienced the first real rain fall for several weeks. Hopefully by the time you are reading R&A, our lawns, ponds and fields will have started to recover from the record-setting summer.

Did you observe the partial Solar Eclipse last month? I was too slow off the mark to obtain glasses in time (they annoyingly arrived the day after!), but I enjoyed making it a family occasion with a picnic on the Walcher's Meadow playing field. We managed to observe the changing image of the sun using our pin-hole viewing boxes. The playing field and its facilities are an important local amenity. The Parish Council is currently considering how to improve what is on offer. See p9 for further information and how to have your say.

As you might expect, several of the contributors this month consider the consequences of the extreme weather we have experienced. Not all is doom and gloom, however, and I would urge you to read Cliff's Bird Notes and Adrian's report from our Community Woodlands for some balanced reflection. Stu Fowler's Coldham Hall report is also full of good news. Congratulations to D & M Hill who won July's £50 prize. The lottery is an important source of income for the Village Hall, so if you haven't yet joined, please sign up - see p6 for details. Multiple tickets can also be purchased if you would like to increase your chance of winning!

With very best wishes,
Julia

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THE TELL-TALE SIGNS THAT IT'S TIME FOR A NEW WEBSITE

- It's slow
- It looks outdated
- It doesn't sell your products
- It's difficult to maintain
- Your website isn't being found in search engine rankings



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September**

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7pm**

**Film starts
7:30pm**

**Tickets on
the door
Adults: £4.50
Under 16s:
£3.00**

**Raffle, Refreshments & Licensed
Bar available from 7pm**

Lawshall Evangelical Free Church

Hanningfield Green,

Lawshall,

Ip29 4qd



Just a Thought....

Someone once joked, "Anyone who thinks sitting in church can make you a Christian must also think that sitting in a garage can make you a car!"

Whilst true that no-one can be made a Christian just by sitting in a church, the reality is we can only become a Christian by responding to God's call to repent and receive Christ, which is more likely to happen in a place where His word is regularly preached. However, over the years since Jesus was on earth the meaning of the word Christian has become watered down to the extent that many now call themselves 'Christian' because they consider that they live a good life, even though they have no interest in Jesus Christ. If any of us are thinking in that way we are deceiving ourselves, as the truth is, God has declared that none of us are good or do good, and so are of no profit to Him. (Romans 3 vs 10 & 12).

A Christian is someone who has understood that in God's sight they have no goodness of their own, but want to be right with Him and so are in need of His forgiveness and righteousness. They have been drawn to the Lord Jesus Christ by the love and grace He has shown towards us in His suffering and death on the cross, when He bore the just judgement of God in our place. As a result they have willingly submitted their life to Him, recognising that He is the only person qualified to be a mediator between us and God. (1 Timothy 2 v 5)

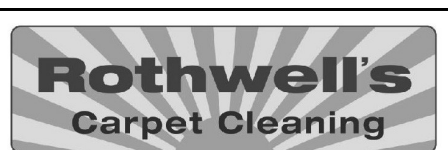
We invite you to our Sunday morning services to find out more about the truth of Jesus Christ and the reason He came to earth. Our service is from 11.00 to 12.00 every Sunday morning and we can pick up if required. We also run a "Little Treasures" Parent and Toddler group on a Thursday morning 10.00 to 12.00. Please refer to the "Little Treasures" diary page for further information on the website: www.lawshallfreechurch.org.uk.



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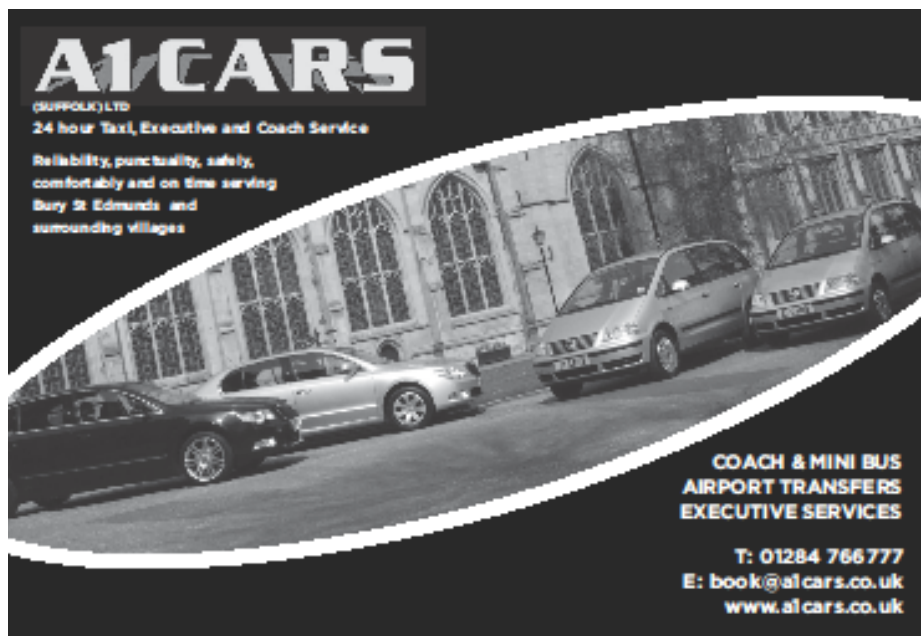
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What's On in Lawshall September 2026		
Coming up...		
Wednesday 2nd 10.30am - 12.30pm	Community Café in the Village Hall	p11
Friday 4th, 7-8.30pm	Meet your MP at the Swann Inn Lawshall	
Tuesday 8th 7.30pm	Lawshall Parish Council meeting in the Village Hall	
Wednesday 16th 10.30am - 12.30pm	Community Café in the Village Hall	p11
Friday 18th 7-9pm	Bingo in the Village Hall	p6
Saturday 19th 10am-12pm	Macmillan Coffee Morning in Lawshall Village Hall, run by Lawshall Ladies	p18
Monday 21st 7-9pm	Lawshall Ladies in the Village Hall, Speaker: 'The Woodland Haberdasher'	
Friday 25th 2-4pm	Community Friday in the Village Hall	p20
26th -27th September	Art Exhibition in All Saints' Church	p21
Wednesday 30th September 7pm	Gardening Club talk in the Village Hall - All welcome £5 for non-members	p15
Sunday 27th 9.30am - 12.30pm	Lawshall Community Woodland meet at the Foundry	p31
Regular events...		
Monday 2pm	Carpet Bowls in the Village Hall (7th and 21st in September)	
Monday 7.30 - 9.30pm	Table Tennis in the Village Hall	
Tuesday 10 - 12.15am	Pilates in the Village Hall	p14
Wednesday 4-6pm	Fish & Chip Van in the VH Car park	
Wednesday - fortnightly	Knit, Knot & Natter at the Swan	
Friday 3-4pm	Fresh Fish Van - John Skelly visits Lawshall	
Dates for your diary...		
Saturday 3rd October	Harvest Supper in the Village Hall	
Wednesday 7th and 21st October 10.30-12.30	Community Café in the Village Hall	
Saturday 10th October	Table Top Sale in the Village Hall	

LAWSHALL VILLAGE HALL

IS PLEASED TO PRESENT THE FOLLOWING EVENTS...

COMMUNITY CAFÉ - Join us on the first and third Wednesday of each month. In September, Café' will be on **Wednesday 2nd and 16th**.

BINGO Monthly on the third Friday of each month 7-9pm. Next session Friday 18th September. £8 entrance (cash or debit card) to include one book of four games, cash prizes. 18+. Refreshments and snacks on sale and BYOB.

HARVEST SUPPER - Saturday 3rd October together with All Saints' Church see p19 for details.

TABLE TOP SALE - Saturday 10th October , 10.00 am - 2.00pm, see p13

CHRISTMAS WREATH MAKING - Saturday 28th November £20 including refreshments

TURNING ON THE VILLAGE HALL CHRISTMAS LIGHTS - Saturday 5th December



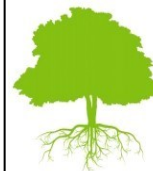
The easiest way for Lawshall residents to support their village hall is to participate in the monthly lottery. A ticket costs just £2 per draw and setting up payment using your banking app could not be easier. You just need to create a payment of £2 payable to:



Account: **Lawshall Village Hall**
Sort Code: **20-16-12**
Account number: **43282163**
Reference: **Your name**
Account type - business



When asked by your app whether this is a regular payment, opt to pay monthly on the 1st. To complete your application, email Leanne Hornby your address so that she can register you and allocate your all important lottery number. leanneandpeter2@gmail.com

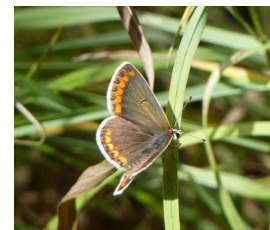


Lawshall Community Woodlands Forest for Our Children

As the popular tabloids might say, 'Phew, what a scorcher!'

Each year the weather records tumble as new ones are set, doubtless to be broken again within the next year or two. The unprecedented drought and heat must have brought unimaginable stress to our wildlife. In spite of this there are always some positives.

This summer one of the positives has been the enormous numbers of grassland butterflies with some of the less common species doing really well. Doubtless there will be further records of new species gaining a toehold. Last year the first Southern Small White was recorded in Suffolk so it will be interesting to hear whether there are further records for this year.



Brown Argus

In our woodlands butterflies have been particularly conspicuous to those who take an interest in such things, but quite inconspicuous to the casual walker. Superficially similar to the Common Blue, the Brown Argus has had an exceptional year in Golden Wood old meadow. On unbearably hot days these diminutive insects congregated in considerable numbers along the shady margins of the meadow resting unobtrusively until disturbed, when they flattered among the grasses and could almost be mistaken for small moths. It will be interesting to see whether they appear next year as some insects experience boom and bust years as weather and parasites take their toll. The migrant Clouded Yellow also arrived in good numbers in Suffolk.

This month's management morning on the last Sunday of the month is back in Golden Wood and is all about firewood logging. Volunteers will be organised into teams so that the operation is carried out safely.

Adrian Walters



Lawshall Community Woodlands



Lawshall's Environmental Project

- Do you walk in Golden Wood or Crooked Wood? With your dog, with a friend or with yourself enjoying the nature.
- Do you know that both woods are nurtured, maintained and supported entirely by volunteers?
- Come to our annual review meeting to find out more; how to become a supporter or to participate.

Notice of AGM: **The Anniversary Meeting of**
Lawshall Community Woodlands
- a Forest for Our Children
will take place on

Monday 19th October 2026
At The Village Hall from 7.15pm

Nominations for new members for the Steering Group are
to be received at least 14 days before the AGM
- i.e. by 5th October.

To discuss or for Nomination forms please contact
Jenna Kitchen 01284 830022 or email:
jennalight51@btinternet.com



LAWSHALL VILLAGE HALL – for you to use and enjoy

www.lawshallvillagehall.co.uk

View or download a colour copy of R&A from the website.



Village Hall Booking

Newly painted bright hall 14.2m by 9m, (47ft by 30ft) with good sized stage 4.8m by 2.6m, (16ft by 8.5ft) – walls newly painted and floor sealed. Additional smaller Jubilee room for meetings, classes, gatherings and performances, with serving hatch to kitchen.

- * Sound system
- * WiFi with Bluetooth
- * Bar service can be arranged
- * Kitchen with dishwasher
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- * Wedding package available

Please contact Leanne Hornby 01284 830895 leanneandpeter2@gmail.com

See inside front cover for prices

Lawshall Village Hall Draw Results August 2026 Draw

1st Prize £50	D&M Hill	286
2nd Prize £20	J Kitchen	85
3rd Prize £10	Liz Francis	44
4th Prize £10	L August	383
5th Prize £10	A Walters	318

If **you** would like to support your Village Hall lottery download an application form from the village hall website at

<http://lawshallvillagehall.co.uk/lottery-2/>

Or contact: **Leanne Hornby on 01284 830895**

Thank you to Ian Carrington who co-ordinates the collectors.

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Work completed in Lawshall - reference available on request

For examples of recently completed projects, check out our facebook page

Swann Property Improvements

Are you new to the village or recently retired?

If so, you may like to know more about all that is going on at Lawshall Village Hall. In addition to being available for private hire, the hall is the



home of popular Carpet Bowls and Table Tennis clubs as well as a regular Community Café, Bingo, Lawshall Ladies' events and a Pilates class. Contact details for these activities are to be found on pages 19 and 35.

The Hall is also home to a thriving hub of volunteers involved in maintenance of the hall and running the café. If you would like to find out more about getting involved, please email the Village Hall Committee on lvhevents1@gmail.com



Willows

Residential Care Home



The Willows is a friendly residential care home for elderly ladies and gentlemen and is part of the Extrafriend group of care homes.

We are situated in the village of Lawshall which is about 6 miles south of Bury-St-Edmunds, Suffolk. Set in 2 large tranquil landscaped gardens and surrounded by countryside, The Willows (Originally a farmhouse) has been sympathetically and tastefully extended and refurbished and is now home to 25 residents.

Care Manager, Mrs Teresa Strudwick says that: "The Willows is a care home where all clients are treated as individuals with dignity and respect and where client comfort and safety come first".

If you would like further information on admission arrangements and fees, please contact our Care Home Manager on 01284-830665 who will be pleased to answer any questions and arrange a tour of our Home.

We look forward to welcoming you to the

Willows Residential Home

Corders Farm, Bury Road, Lawshall, Suffolk IP29 4PJ

Telephone: 01284 830665

Web: www.willowshome.co.uk

Email: willows-manager@extrafriend.co.uk

Adam Kemp

BA Hons DipPFS Cert.CII (MP&ER)
AMAS Investments Ltd (Director)

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Based in Lawshall

Contact Tim Cox on:

M 07776205346

T 01284 831042

info@angliapestmanagement.co.uk
www.angliapestmanagement.co.uk

LAWSHALL PARISH COUNCIL

Have your say on our village playground!

The Parish Council is looking at ways to improve our village playground. Some of the existing equipment is now in need of repair or replacement, and we're exploring options for introducing **new, safer and more engaging equipment for local children.**

We're particularly looking at the possibility of having **two new adventure play structures, one designed for younger children and one for older children**, but before making any decisions, we'd really like to hear what our village thinks.

We've put together a **very short survey which should take around 2 minutes to complete.** We'd love to hear from parents, children, grandparents, carers and anyone else in the village who has a view on what would make the playground better.

👉 Please take a couple of minutes to have your say either via the link, attend a Parish council meeting or scan the QR code:

<https://www.surveymonkey.com/r/Y9SRYDC>

Please also share the survey with other villagers so we can get as many views as possible.

Thank you for helping us shape the future of our village playground! ❤️ 🌳



The 2025/26 Annual Report of the Suffolk Police and Crime Panel has now been published, and is available on the County Council's website at the following link: [Suffolk-PCP-Annual-Report-2025-2026](#). The report gives an overview of the work of the Panel over the previous year.

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The 'St. James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St. James's Place representatives.

SJP Approved 15/09/2025



Titch Represents Coldham!

Finally, a special mention for Ian "Titch" Copping, who represented Coldham as part of the Norfolk & Suffolk Over 60s side against the Republic of Ireland Over 60s. It was a cracking afternoon of football, with the Irish eventually coming away 4-1 winners, but a fantastic occasion and a brilliant achievement for Titch. There should be more opportunities to come, including a match against the England Over 60s in October. Well done, Titch – doing Coldham proud!

Stu Fowler



Ian Copping
(Right)

All Saints' Church

Services in September

6th September - 4pm Pub Social at The Swan

27th September - 6.30pm Communion Service



Forthcoming Events:

26th -27th September Art Exhibition at All Saints Church

3rd October Harvest Supper in the Village Hall

Please keep an eye on the website and Facebook page for details of services at other churches in the Benefice.

For general enquiries please contact: Revd. Matthew Lawson 01787 310 845 or Wendy Harris 07900617833. For more information on the services and other events being held by All Saints' Church in Lawshall, please check out our Facebook page: www.facebook.com/AllSaintsLawshall

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Lawshall Little Saplings



By the time you read this it will be September and we will be back at Pre-School and sharing stories about our adventures during the summer holidays. We are looking forward to getting to know all the children and families joining us for the first time.

We currently still have spaces for 2-4 year olds and we would love to welcome more little explorers into our safe, nurturing environment. If you are looking for a Pre-School where your child can play, thrive and grow, please arrange to come and visit us.

To arrange a viewing or for more information please get in touch:

Phone: 01284 652344 Email: manager@lawshalllittlesaplings.co.uk

Community Café

Join us on Wednesday 2nd and 16th September

10.30 – 12.30, Lawshall Village Hall

Delicious cakes, fresh coffee, good company!

Choose Refills (3rd Wednesday only):

refill your empty bottles with eco-friendly toiletries and cleaning products plus 'dry goods' - nuts, seeds, fruits, cereals, teas, herbs.



As an additional service to café patrons, we now collect small recyclable items such as batteries, printer cartridges and light bulbs.

All proceeds to Lawshall Village Hall

District Councillors for Chadacre Ward:



Stephen Plumb stephen.plumb@babergh.gov.uk and

Michael Holt Michael.Holt@babergh.gov.uk



Dcllr **Stephen Plumb** holds a Ward Surgery in **Glemsford** every 3rd Friday and everyone is welcome to attend with any queries or questions.

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Coldham Hall FC

It's been another busy month for Coldham Hall FC, with player registrations, courses and all the other administration that comes with getting ready for a new season. A lot of this work often goes unnoticed at grassroots clubs, so we'd like to say a special thank you to all of our volunteers who give up so much of their spare time to keep the club ticking over. Without them, none of what we do would be possible.

U15s Up and Running

Our newly formed U15s are now well underway!

Firstly, we're extremely grateful to Laura and Lawrence at The Swan who have kindly sponsored the lads' fantastic new home kit. The shirt is now proudly framed in the pub, so be sure to pop in, have a pint and enjoy one of their fantastic pizzas, roasts or burgers while checking it out!

Our away kit has also been generously sponsored by Robinson Young, and we really do appreciate their generosity and support for these young men as they begin their journey with Coldham Hall.

The new kit got its first outing when Tim and Gary took the lads over to Walsham Le Willows for their first friendly match. What a start it was, with Coldham coming away 4–1 winners!

It was a very proud moment for the coaches, especially with their own boys getting themselves on the scoresheet! Harry Warner, following in his dad's footsteps, showed he certainly knows where the back of the net is, with Aiden Cox, Luca Lombardo and Dylan Board also getting amongst the goals.

A brilliant start for the lads and hopefully the first of many great days together.

Sunday Side Make a Positive Start

Pre-season is also well underway for our Sunday side, and they've made a very positive start. Their first game saw them pick up a 2–0 win against a very competitive Moreton Men, with Callum Richardson and Chris Drewery getting the goals. That was followed by another victory against Risby Greens, this time a 4–2 win. The goals came from Aaran McNab, Leo Muraao and Robert Haydon, along with an own goal. Two wins and plenty of positives as the team continues its preparations for the new season.



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£47 for 4 hours - to include setting up and clearing away.

Contact **Leanne** on 01284 830895 leanneandpeter2@gmail.com

Table Top Sale

Saturday 10th October
10.00am - 2.00pm.

Lawshall Village Hall

Crafters and Makers
Pre-loved Toys, Clothes, Plants and Bric a Brac



Refreshments available throughout the day
including savouries, cakes and takeaway

Tables £8

to book a table contact: lvhevents1@gmail.com

All proceeds to Village Hall funds - registered charity no. 304911



Pilates Classes @ Lawshall & Stanningfield Village Halls

Would you like to Improve your Strength, Balance, Posture & Stability?
Stay strong and mobile while reducing your risk of trips and falls.
There is a Pilates class to suit all abilities.



Lawshall Village Hall – Tuesdays

- **10am - 11am Pilates Mat Work** Suitable for those who have done Pilates before. Involves standing balance & strength as well as mat work.
- **11.30am - 12.15pm Inclusive Pilates (NO Mat Work)** Involves standing, supported & chair-based options. Suitable for beginners, those with injuries/health conditions and those who have difficulty getting up & down onto the floor

Stanningfield Village Hall – Wednesdays

- **10.30am – 11.15am Inclusive Pilates (NO Mat Work)** As above



Contact Lindsay to book a space lindsaybennett@btinternet.com or call 07827323711

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Bird Notes

Phew, what a scorcher! It has been so hot, and the ground is parched with no rain for two months. Hopefully, the situation might have changed by the time you get to read this, but it has been a difficult time for us all. The birds and all wild creatures have been struggling to find enough water to keep going. Initially, the warm dry start to the summer was a big help for nesting, but it has gone on for too long for many. Our summer visiting birds seem to have decided to leave early - I haven't seen a swift in August and the local house martins have nearly all gone. As a one-off situation, I believe our birds have done quite well in Lawshall, but if this is to be the future for our weather I think some difficult times await some of our birds as they are not equipped to cope with these changes in weather.

Of course, it is not necessarily all bad news as other species will move in from the continent as the conditions become more suitable for them. Potentially, there could be some exciting birding to be had in the next few years for those keen and sharp enough to recognise new sights and sounds.

I feel so sad about all the fire damage at Dunwich heath and Minsmere RSPB reserve. Those habitats had been helped to develop over many years and it will take a long time for them to properly recover from that devastation. However, a similar disaster hit the coastal park area at Snettisham in Norfolk a few years ago, yet when we visited there this spring it had largely regrown with just a few bare patches and burnt stumps to remind us of what had happened there. Most of the bird species were back there too, so we will have to accept the situation and do our best to help.

Cliff Cooper



Do you enjoy playing Mahjong? Would you like to join a group to play regularly? If so, please contact editorofranda@gmail.com to find out more.



Knit Knot & Natter

Every other Wednesday at The Swan. New members welcome.
For the date of our next meeting email editorofranda@gmail.com

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Lawshall Garden Club

As we come to the end of summer, yet again, our gardens have had to put up with (record breaking) extended dry periods.

Grass has become a main focus, being desperately in need of a great deal of attention. Unfortunately, to bring it back to its best a lot of hard, and sometimes, tedious work is required. However, the results will be worth it.

First rake the grass (to remove moss and some of the weeds). I have tried to do this during the dry periods, as the moss has been easier to get, although it has been very warm work. After raking, the grass will look patchy, but don't worry it should perk up after a short while.

Next spiking the lawn, which although a tough job, should show benefits. The simplest way (if you have a small area) is to fork the lawn to a depth of about 3 to 4 inches, every 6 inches or so (more easily done if the area is moist). This does not need to be done in one day, so spread this out over a few weeks. But, if you find this job too hard, maybe think about hiring a powered lawn aerator, which would make the job easier.

The final stage is to give your lawn a good autumn feed, followed by a top dressing (you can make your own with a mixture of topsoil, compost and gritty horticultural sand). Just sprinkle the dressing over the lawn and brush in with a good stiff broom. Also reseeding, where necessary, can be done at this stage.

It is also a time to reflect on how we need to future-proof our gardens for the change in our climate, planting more drought tolerant plants, especially if some of your plants have not survived the long drought period, like many of my own.

There are always things to be done in our gardens, but do try to take time to sit and enjoy them whenever you can. Remember that's why we do this!

On **Wednesday 30th September 7pm at the Village Hall** - we are pleased to announce a presentation by Trevor McDermott '**A Career in Horticulture (with a tiger thrown in)**'. Trevor's talks include garden ideas, plants to grow from seed, as well as many hints and tips. If you wish to attend, entry is £5 per person. If you are interested, please contact via email: debbiesu9@gmail.com

Happy Gardening! Debbie Parker (Treasurer)

Lawshall Garden Club - info@johnparkerandco.co.uk for any information.



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Stanningfield Village Hall

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STANNINGFIELD

ALLOTMENTS

A little plot of happiness

Did you know that in Stanningfield we have allotments? If you are interested in renting a plot please get in touch with our Parish Clerk, Ms Jane Spenser – clerk@bradfieldcombustwithstanningfieldparish.gov.uk or Ruth Duchesne – 01284 828993

Allotment gardens have provided a source of freshly grown, seasonal fruit and vegetables since medieval times. But they also offer gardeners a host of other benefits, they help foster a feeling of wellbeing, sense of community and a meeting place for like-minded people to share knowledge and experience. Gardening is a great form of exercise and fitness, fresh air and sunlight. Being within nature and working with the land offers the chance to disconnect from screens and daily stresses, providing a space for mindfulness, reflection and creativity.

So, whether you are looking to grow your own fresh fruit and vegetables, a fitness boost, a peaceful retreat or to make and meet new friends, an allotment plot offers something for everyone.



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10AM – 12PM

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I am sure that many of us, who have lived in the village all our lives, are asked if we have seen many changes. One of my Archives projects for the future is hopefully to have 'Before & After' photos of the village. I know that one resident who lives just before Donkey Lane corner had no idea what was on the site of their house in the past. The buildings in the photo were the business premises of the Byford family. They were one of the two (or possibly three) Traction Engine proprietors in the village, one of the others being my own Debenham family, who were based at The Foundry on Bury Road. The Street premises later became the Frith Wood Works and the photos below were taken in 2008, just before they closed.



IF YOU HAVE ANY MORE PHOTOS YOU COULD SHARE FOR THE ARCHIVES PLEASE LET ME KNOW, everything that happens today is history tomorrow!

Elizabeth Clarke at elizlawshall@btinternet.com or at home at Freors, The Street - 07813 430985

FROM THE ARCHIVES ~ SEPTEMBER 2026

After nearly a year away from work on the Archives I am really hoping to get back to more cataloguing. Thank you to Debbie T. for your ongoing support and thank you to everyone who comments on the Lawshall Past & Present Facebook site. I know not everyone is on Facebook and I will attempt to share any new photos in this magazine, and of course, save 'hard copies' for the Archives. I want to ensure that the hundreds of photos I have of the village will be available in hundreds of years time!



Harvest Supper

CB Jackson -

Guest Story Teller



3rd October at 7pm

Lawshall Village Hall

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NEXT EVENT

FRIDAY 25th September

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