

## HANDY LOCAL NUMBERS

All Saints' Primary School 01284 828223  
 Little Saplings Pre-school hello@lawshalllittlesaplings.co.uk 01284 652 344  
 All Saints' Church - Rev'd Matthew Lawson 01787 310845 (Long Melford)  
 Catholic Church 01284 754358 \* Free Church, Paul Mitchell 01284 828694  
 Village Hall Lottery Co-ordinator: Leanne Hornby 01284 830895  
 Lawshall Archives: Elizabeth Clarke 07813 430985 elizlawshall@btinternet.com  
 Local History Recorder: Valerie Monk 07961 816605  
 Willows Residential Care Home 01284 830665  
 Green Light Trust Office 01284 830829 \*  
 Lawshall Community Woodlands - Forest For Our Children - Hana Jones 07813 984970

The Swan Public House 01284 828477  
 Newspaper delivery - Sicklesmere Stores Ltd 01284 386303

Excelan Chauffeur Services 01284 789503 / 07816 663 542  
 A1 Cars 24 hr Taxi 01284 766777 Greenline Travel 07754 298690  
 Traveline 0871 200 22 33

Anglian Water emergencies / enquiries 0845 7145145  
 UK Power Networks Emergency number: 0800 31 63 105  
 EDF Electricity emergencies 0800 7838838  
 Babergh District Council Helpline 0300 123 4000  
 Suffolk County Council 0345 606 6067

**Police:** Bury Police Station 701284 74100  
 Crime Stoppers 0800 555111  
 Police HQ main switchboard (non-emergency) 01473 613500  
 contact baberghwest.snt@suffolk.pnn.police.uk Tel 101 or 999 for emergency  
**Suffolk Fire Service** 01473 260588 e-mail: fire.admin@suffolk.gov.uk

Citizens Advice Bureau 01284 753675  
 Samaritans 116123 (Freephone)  
 The Suffolk Advice and Support Line 0800 068 3131

Bury Train Station Customer Service 0845 600 7245  
 BBC Radio Suffolk 0800 1412121  
 Tourist Information 01284 764667  
 Bury Leisure Centre 01284 753496  
 Bury Library 01284 732255

**Local Doctors:** Glensford Practice 01787 280484  
 Long Melford Practice 01787 378226  
 Mount Farm Surgery, Moreton Hall, Bury 01284 769643  
**NHS Direct 111 for urgent (non-emergency) medical help**  
 West Suffolk Hospital switchboard 01284 713000, A&E 01284 713333  
 St Nicholas' Hospice 01284 766133. Patients' Line 01284 725700

**Local Vets:** Swayne & Partners (BSE) 01284 701444, (Melford) 01787 370773  
 Eastgate Vet Group (BSE) 01284 753961  
 Moreton Hall (BSE) Vets 01284 747000

# Round & About Lawshall



## October 25

[www.lawshallvillagehall.co.uk](http://www.lawshallvillagehall.co.uk)

This magazine is published by

**Lawshall Village Hall Management Committee.**

We reserve the right to edit, shorten or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by advertisers.

**Copy deadline for the November 2025 magazine  
6pm Wednesday 15th October - earlier welcome!**

**Copy should be emailed to the editor, Julia Keys at  
editorofranda@gmail.com mobile 07799373454**

To place an **advertisement** in this magazine  
please contact **Leanne Hornby** at [leanneandpeter2@gmail.com](mailto:leanneandpeter2@gmail.com)  
**Telephone 01284 830895** or at Hills Farm, Bury Road, IP29 4PJ

**Black and White Adverts: price per issue:**

Quarter page (9x6cm) £6	Half page (9x12.5cm) £10
Full page (18x12.5cm) £20	Back cover £30 per issue

**Wanted / For Sale - £2 per entry; Lost or Found items - Free of charge**

**Welcome to the Village, Births, Marriages, Deaths - free of charge, just let the editor know.**

Check out our **website** at <http://www.lawshallvillagehall.co.uk>

To discuss anything about the website  
please contact Jenna Kitchen on 01284 830022

The proceeds from this magazine will go towards the upkeep and improvement of Lawshall Village Hall, registered charity number 304911

### **VILLAGE HALL HIRE CHARGES**

**Lawshall residents... £15 per hour Other users..... £17 per hour**  
**Groups regularly using the hall on a weekly or monthly basis... £12 per hour**  
**Groups that are not regular users... £17 per hour**  
Children's parties £47 for four hours, to include setting up and clearing away.  
**Booking Secretary:** Leanne Hornby 01284 830895 [leanneandpeter2@gmail.com](mailto:leanneandpeter2@gmail.com)

## **USEFUL VILLAGE CONTACTS & INFORMATION**

### **Village Hall Management Committee**

**Chairman:** Peter Ward 07931 898326

**Secretary:** Rosemary Riches. 01284 830757 [richesrosemary32@gmail.com](mailto:richesrosemary32@gmail.com)

**Treasurer and Booking Secretary:** Leanne Hornby 01284 830895  
[leanneandpeter2@gmail.com](mailto:leanneandpeter2@gmail.com)

**Caretaker:** Sharon Marshall 01284 830182 07943 215537

**Committee Members:** Ian Carrington 01284 830497, Julian Delefortrie 07976 313137  
Wendy Harris 01284 830449, Julia Keys 07799 373454, Jenna Kitchen 01284 830022

**Lawshall Parish Council** [www.lawshall.suffolk.gov.uk/](http://www.lawshall.suffolk.gov.uk/)

**Chairman:** Mark Anson 07990 773469 **Vice-Chair:** Catherine Baynton 07799 364147

**Parish Clerk:** Louisa Mower 07761 737649 [lawshallpcclerk@outlook.com](mailto:lawshallpcclerk@outlook.com)

**Councillors:** Juliet Frost 07790 231136 Andrew Irish 01284 827500 Melvin Coe 07850 445890 and Robert Staveley 07717 197137

**District Cllrs:** Stephen Plumb. email: [Stephen.Plumb@babergh.gov.uk](mailto:Stephen.Plumb@babergh.gov.uk) and

Michael Holt. email: [Michael.Holt@babergh.gov.uk](mailto:Michael.Holt@babergh.gov.uk)

**County Cllr:** Richard Kemp 01787 378149 [Richard.kemp@suffolk.gov.uk](mailto:Richard.kemp@suffolk.gov.uk)

### **Village Clubs and Organisations - held in the Village Hall**

Lawshall Carpet Bowls: every 1st and 3rd Mon 2-4pm ; contact 07976 313 137

Lawshall Ladies : meetings once per month, days vary, 7pm for contact see p29

Table Tennis Wednesdays 7.30pm, Contact Julian on 07976 313 137

**Not in VH:** Coldham Hall FC / Cricket - Contact Chris Toole; [loftytoole@yahoo.co.uk](mailto:loftytoole@yahoo.co.uk) or Ben Atkinson on 07921 837296 [www.hartestandcoldhamcc.blogspot.co.uk](http://www.hartestandcoldhamcc.blogspot.co.uk)

### **Lawshall Postal Collections**

All six postboxes are now collected at the same times Mon - Fri 9am; Sat 7am

Coldham, The Glebe, Lambs Lane/Rectory Corner, Lawshall Green

Donkey Lane, School/The Street. NO Sunday collections.

### **Konectbuses Bus Times route 45 ~ Lawshall to Bury: Monday-Friday**

From Sudbury bus Stn 09.15, Lawshall School 10.01, arriving BSE Bus Stn 10.32

Return from Bury Bus Stn 13.00, arr Lawshall school 13.25, Sudbury bus Stn 14.10

**On Saturday** two buses on route 45 depart Lawshall School at 10.21 and 14.21, arriving at BSE 10.51 and 14.52 respectively. Buses leave the BSE Bus Stn at 10.55 and 15.42 arriving back at Lawshall School at 11.20 and 16.07.

### **Felix Sudbury Bus Timetable (Thursday only)**

Leaving The Street at 9.40am & return trip leaving Sudbury bus station at 12.45pm.

**Library Vans** Email: [help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk) Tel 01473 351249

**Route 7:** Thursdays, 16 October, 13 November - Free Church 9.50-10.20am, Swanfields 10.25am-10.40am & Village Hall car park 10.45am-11.25am.

**Route 10:** Tuesdays, 21 October, 18 November - Melons Green, 12.50-1.05pm

### **Refuse Collection**

Early every Monday or Friday morning alternating weekly with blue bin & black bin





# THE TELL-TALE SIGNS THAT IT'S TIME FOR A NEW WEBSITE

- It's slow
- It looks outdated
- It doesn't sell your products
- It's difficult to maintain
- Your website isn't being found in search engine rankings



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## The Swan Inn

**Our Quizzes continue at  
4pm on Sundays  
26th October  
30th November  
and a Christmas quiz on  
21st December  
Call 01284 828 477 for all  
bookings**

Laura and Lawrence  
[www.swaninnlawshall.com](http://www.swaninnlawshall.com)  
email: [theswanlashall@gmail.com](mailto:theswanlashall@gmail.com)

## COCKFIELD COMMUNITY CINEMA White Bird (12)



**Friday 24th  
October  
Cockfield  
Village Hall  
Doors Open  
7pm  
Film starts  
7:30pm  
Tickets on  
the door  
Adults: £4.50  
Under 16s:  
£3.00**

**Raffle, Refreshments & Licensed  
Bar available from 7pm**

## Lawshall Ladies

Our October meeting will take place on Thursday 9th at 7pm in the Village Hall and will be a talk by the East Anglia Air Ambulance service. Guests, £4. For any further information about Lawshall Ladies, please contact:

**Sarah Warboys 07885 470385 or Claire Ramsey 07415 195289**

## St Nicholas Hospice Care

In September, St Nicholas Hospice Care was proud to join the Secondhand September campaign, inviting everyone to discover the joy of sustainable shopping in our charity shops.



From vintage gems and high street labels to quirky home décor and best-selling books, our stores are bursting with pre-loved treasures waiting to be found.



Shopping secondhand isn't just about saving money it's about making a difference. Every purchase helps us provide compassionate hospice care across West Suffolk and Thetford, ensuring no one faces dying, death, or grief alone. It costs around £9.5 million a year to run our Hospice, but we face an annual funding gap of approximately £6.66 million. This means that every day, we need to raise over £18,000 just to keep services running and we rely on the

generosity of our community to do that.

By donating good quality items or choosing to shop with us, you're helping to reduce waste, cut down on fast fashion, and create a reliable source of income that allows us to plan sustainably for the future.

Find your nearest shop or learn how to donate at:  
[www.stnicholashospicecare.org.uk](http://www.stnicholashospicecare.org.uk).



The **Suffolk Advice and Support Line** is open 9am to 5pm Monday to Friday. Call **0800 068 3131** if you are worrying about your bills, your job or your home as a result of the cost of living crisis.





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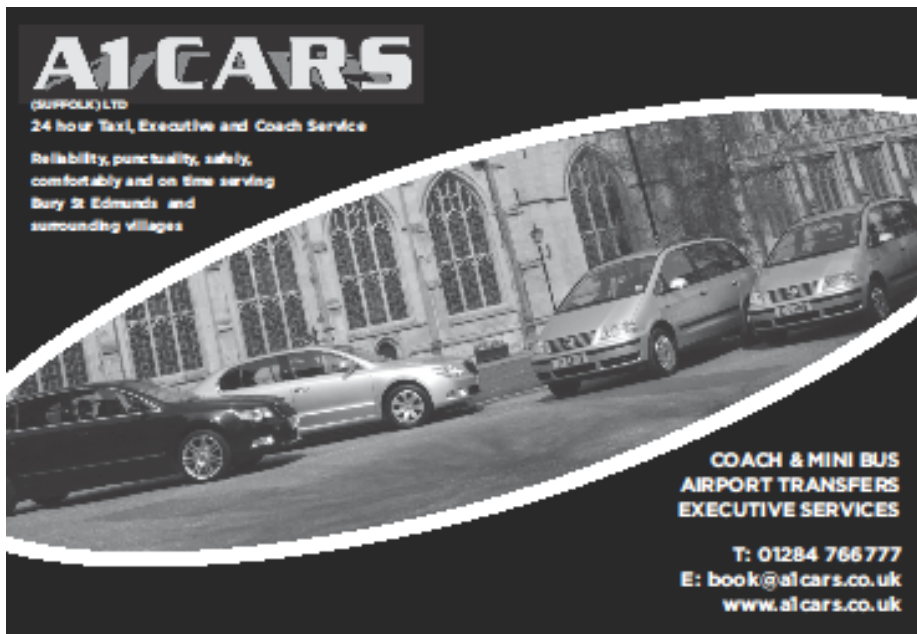
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What's On in Lawshall October 2025		
<b>Coming up...</b>		
Saturday 4th 7-10.30pm	Barn Dance in the Village Hall	p13
Thursday 9th 7pm	Lawshall Ladies - Talk by the East Anglia Air Amubulance	p35
Saturday 11th 7-10pm	Music event in All Saints' Church 7-10pm	p24
Monday 13th 7pm	Community Woodlands in the Village Hall	
Tuesday 14th 7.30pm	Lawshall Parish Council in the Village Hall	p9
Wednesday 15th 10.30am - 12.30pm	Community Café in the Village Hall	p10
Friday 17th 7pm	Bingo in the Village Hall	p30
Friday 24th 2 - 4pm	Community Friday in the Village Hall	p22
Sunday 26th 9.30am - 12.30pm	Lawshall Community Woodland	p37
<b>Regular events...</b>		
Monday 2pm	Carpet Bowls in the Village Hall, October 13th and 20th	
Monday and Wednesday 7.30 - 9.30pm	Table Tennis in the Village Hall	
Tuesday 10 - 12.15am	Pilates in the Village Hall	p25
Wednesday 4.45-6.15pm	Fish & Chip Van in the VH Car park	
Wednesday - fortnightly	Knit, Knot & Natter at the Swan	p31
Friday 3-4pm	Fresh Fish Van - John Skelly visits Lawshall	
<b>Dates for your diary...</b>		
Saturday 1st November	Bonfire Night at the Swan raising funds for Little Saplings preschool	
Sunday 9th November	10.45 am Remembrance Service at All Saints'	
Wednesday 19th November	Community Café in the Village Hall	
Saturday 22nd November	Quiz in the Village Hall	
Friday 28th November	Community Friday in the Village Hall	

# LAWSHALL VILLAGE HALL

IS PLEASED TO PRESENT THE FOLLOWING EVENTS...

## BINGO

**Monthly on the third Friday of each month 7-9pm. Next session Friday 17th October.** £8 entrance (cash only) to include one book of four games, cash prizes. 18+. Refreshments and BYOB.

**BARN DANCE** - Saturday 4th October 7pm - 10.30 pm

After the success of last year's barn dance, the committee is delighted to have secured the return of the Catch the Pigeon caelidh band.

**QUIZ** - Saturday 22nd November

**SWITCHING ON THE CHRISTMAS TREE LIGHTS** and pop-up choir, 6pm at the Village Hall,

**More details to follow. Everyone welcome! We look forward to seeing you!**



The easiest way for Lawshall residents to support their village hall is to participate in the monthly lottery. A ticket costs just £2 per draw and setting up payment using your banking app could not be easier. You just need to create a payment of £2 payable to:



Account: **Lawshall Village Hall**  
Sort Code: **20-16-12**  
Account number: **43282163**  
Reference: **Your name**  
Account type - business



When asked by your app whether this is a regular payment, opt to pay monthly on the 1<sup>st</sup>. To complete your application, email Leanne Hornby your address so that she can register you and allocate your all important lottery number. [leanneandpeter2@gmail.com](mailto:leanneandpeter2@gmail.com)

## Lawshall Evangelical Free Church

Hanningfield Green,  
Lawshall,  
Ip29 4qd



### Just a Thought....

Gray Scott, one of the world's leading experts in the field of emerging technology said, "There is no reason and no way that a human mind can keep up with an artificial intelligence machine by 2035."

It's amazing to think about all the advances in human thought that have been brought about over the years. Isaac Newton was sitting under a tree one day when an apple fell on his head, which inspired a train of thought that eventually resulted in him formulating the Law of Universal Gravitation. Gutenberg saw a scribe diligently copying a scroll, he thought there must be a better way and invented the printing press; and it was Einstein who conceived the Theory of General Relativity which turned the science world on its head.

Mankind has had some amazing thoughts that have changed the world. But I believe none of them compare to the profoundly simple words of the shepherd-king named David, who wrote, "The LORD is my Shepherd; I shall not want." (Psalm 23:1). In that phrase, He summed up the essence of life: to acknowledge God and find our satisfaction in Him. Wisdom without God is temporal; but godly wisdom informs us for this life and the life to come. Christ crucified is declared to be both, "The power and wisdom of God." (1 Corinthians 1 vs 23,24) and can only be received through coming into a relationship with the Lord Jesus Christ by repentance and faith. The wisdom that truly endures comes not from the world, but from God!

We are an evangelical church and our service is from 11:00 to 12:00 every Sunday morning and we can pick up if required. We also run a "Little Treasures" Parent and Toddler Group on a Thursday morning. Please refer to the "Little Treasures" diary page for further information on the website [www.lawshallfreechurch.org.uk](http://www.lawshallfreechurch.org.uk)

**Richard Kemp**  
County Councillor  
01787 378149  
Richard.Kemp@suffolk.gov.uk

**Adam Kemp** BA Hons  
DipPFS Cert.CII (MP&ER)  
AMAS Investments Ltd (Director)

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View or download a colour copy of R&A from the website.

  
**Village Hall Booking**

Newly painted bright hall 14.2m by 9m, (47ft by 30ft) with good sized stage 4.8m by 2.6m, (16ft by 8.5ft) – walls newly painted and floor sealed. Additional smaller Jubilee room for meetings, classes, gatherings and performances, with serving hatch to kitchen.

- \* Sound system
- \* WiFi with Bluetooth
- \* Bar service can be arranged
- \* Kitchen with dishwasher
- \* Projector available on request
- \* Wedding package available

Please contact Leanne Hornby 01284 830895 [leanneandpeter2@gmail.com](mailto:leanneandpeter2@gmail.com)  
See inside front cover for prices

**Lawshall Village Hall Draw Results**  
**September 2025 Draw**

1st Prize £50	M Dance	40
2nd Prize £20	M Wilson	126
3rd Prize £10	R & S Drane	325
4th Prize £10	R Riches	105
5th Prize £10	L Francis	44

If **you** would like to support your Village Hall lottery download an application form from the village hall website at  
<http://lawshallvillagehall.co.uk/lottery-2/>  
Or contact: **Leanne Hornby on 01284 830895**  
Thank you to Ian Carrington who co-ordinates the collectors.



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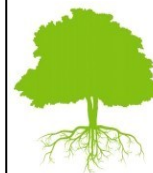
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**SJP Approved 15/09/2025**



## Lawshall Community Woodlands

### Forest for Our Children



With autumn now upon us our woodland thoughts turn to tree work. After many years of misunderstanding we now receive fewer complaints about the 'cutting down' of trees, which of course is a highly charged term to give to the ancient practice of coppicing. Cutting down suggest destruction while coppicing actually extends the life of trees considerably, so long as the work is carried out roughly every twenty years. The 1611 manorial map shows the coppicing of Frithy Wood, while accounts from the fourteenth century suggest the removal of enormous amounts of timber, but the woodland still exists. Coppice stools can survive for centuries and continue providing wood products throughout their life.

The management morning at the end of the month will involve transporting the felled cordwood to the new pole barn where it will be stored for two years to dry out before being cut into firewood logs. The top-wood and smaller branches will be stacked as habitat piles providing cover for many small animals and invertebrates.

Next year the coppice stools will sprout new growth. In addition the woodland floor will be colonised by a range of plants responding to the light that penetrates as a result of the removal of the woodland canopy. It might look messy but that is what wildlife requires in order to thrive. Our mania for tidiness is definitely wildlife's enemy.

Recent management mornings have been very well attended, and many hands have made light work, so why not come along on the last Sunday of the month? Refreshments provided.

**Adrian Walters**



# Willows

*Residential Care Home*



The Willows is a friendly residential care home for elderly ladies and gentlemen and is part of the Extrafriend group of care homes.

We are situated in the village of Lawshall which is about 6 miles south of Bury-St-Edmunds, Suffolk. Set in 2 large tranquil landscaped gardens and surrounded by countryside, The Willows (Originally a farmhouse) has been sympathetically and tastefully extended and refurbished and is now home to 25 residents.

Care Manager, Mrs Teresa Strudwick says that: "The Willows is a care home where all clients are treated as individuals with dignity and respect and where client comfort and safety come first".

If you would like further information on admission arrangements and fees, please contact our Care Home Manager on 01284-830665 who will be pleased to answer any questions and arrange a tour of our Home.

We look forward to welcoming you to the

**Willows Residential Home**

Corders Farm, Bury Road, Lawshall, Suffolk IP29 4PJ

Telephone: 01284 830665

Web: [www.willowshome.co.uk](http://www.willowshome.co.uk)

Email: [willows-manager@extrafriend.co.uk](mailto:willows-manager@extrafriend.co.uk)

## LAWSHALL PARISH COUNCIL

### OPERATION TURTLE DOVE

Thank you to Nigel Hughes for coming along to share the successes of the project so far. It was great to hear about the incredible diversity of wildlife that Lawshall now has due to everyone's efforts, including the return of red kites and the 117% increase in species. If you'd like to find out more about the project or get involved, please visit [www.operationturtledove.org](http://www.operationturtledove.org). The RSPB will be returning in October and March to continue work at Lawshall Green along with local volunteers.

### NEW BUS SERVICE

Please see the timetable on the following page for the number 45 Sudbury to Bury St Edmunds return service that is now in operation.

### PLANNING APPLICATIONS

Planning applications are discussed in meetings, but the Parish Council can only submit their own comments. There is an 'Application search, track and comment' tool at [www.babergh.gov.uk/planning](http://www.babergh.gov.uk/planning) which residents can use to find out more detail and make their own comments.

### APPLICATION FOR LISTED BUILDING CONSENT - DC/25/03595

Proposal: Application for Listed Building Consent. Relocate the kitchen in the utility /dining space and convert the kitchen to a lounge. Alter doors and remove a partition. Location: Folly Farm, Folly Lane, Lawshall, IP29 4TJ. No objections from Lawshall Parish Council.

### APPLICATION FOR PLANNING PERMISSION - DC/24/04368

Proposal: Householder Application - Raising of the existing roof by 2.3 metres. Erection of 2No two storey front extensions, 2No two storey rear extensions (one with a covered balcony), 2No rear dormer windows, 1 No one and a half storey front entrance extension. Removal of double garage and erection of a detached 2 bay carport. Location: Chegada, Melford Road, Lawshall, IP29 4PX. Lawshall Parish Council object to this application and wish to make the following comments; outside of settlement boundary, does not comply with Lawshall Neighbourhood Plan LWL4 as not a subordinate extension, does not comply with Lawshall Neighbourhood Plan LWL3 Housing Mix as proposal increases a 3-bed property to 5 beds.

## Sudbury ▶ Long Melford ▶ Shimpling ▶ Bury St Edmunds

45

### Mondays to Fridays excluding bank holidays

Code	Sch	Code	Sch
Sudbury, Bus Station [C]	0915	Bury St Edmunds, King Edward VI School	1545
Sudbury, Homebase	0712 0921	Bury St Edmunds, St Benedicts Catholic Sch	1556
Sudbury, Tesco	0924	Bury St Edmunds, West Suffolk College	1615
Long Melford, Post Office	0720 0932	Bury St Edmunds, Bus Station [6]	1300
Bridge Street, Rose and Crown	0726 0938	Bury St Edmunds, Arc Shopping Centre	1302 1619
Shimpling, Mill Hill	0734 0946	Bury St Edmunds, West Suffolk Hospital	1307
Shimpling Street, Halifax Place	0739 0951	Low Green, The Pound	1312 1631
Lawshall, Primary School	0749 1001	Hawstead Green, Bus Shelter	1317 1636
Hawstead Green, Bus Shelter	0801 1009	Lawshall, Primary School	1325 1646
Low Green, The Pound	0808 1016	Shimpling Street, Halifax Place	1335 1656
Bury St Edmunds, Corsbie Close	0815	Shimpling, Mill Hill	1340 1701
Bury St Edmunds, West Suffolk Hospital	1022	Bridge Street, Rose and Crown	1348 1708
Bury St Edmunds, Arc Shopping Centre	0823 1029	Long Melford, Post Office	1355 1715
Bury St Edmunds, Bus Station	0825 1032	Sudbury, Tesco	1402
Bury St Edmunds, King Edward VI School	0829	Sudbury, Homebase	1404 1728
Bury St Edmunds, St Benedicts Catholic Sch	0840	Sudbury, Tesco	1731
		Sudbury, Bus Station	1410

Sch runs on school days only

## Sudbury ▶ Long Melford ▶ Shimpling ▶ Bury St Edmunds

45

### Saturdays

Sudbury, Bus Station [C]	0935	1335	1740	Bury St Edmunds, Bus Station [6]	1055	1542
Sudbury, Homebase	0941	1341	1746	Bury St Edmunds, Arc Shopping Centre	1057	1544
Sudbury, Tesco	0944	1344	1749	Bury St Edmunds, West Suffolk Hospital	1102	1549
Long Melford, Post Office	0952	1352	1757	Low Green, The Pound	1107	1554
Bridge Street, Rose and Crown	0958	1358	1803	Hawstead Green, Bus Shelter	1112	1559
Shimpling, Mill Hill	1006	1406	1811	Lawshall, Primary School	1120	1607
Shimpling Street, Halifax Place	1011	1411	1816	Shimpling Street, Halifax Place	1130	1617
Lawshall, Primary School	1021	1421		Shimpling, Mill Hill	1135	1622
Hawstead Green, Bus Shelter	1029	1429		Bridge Street, Rose and Crown	1143	1630
Low Green, The Pound	1036	1436		Long Melford, Post Office	1150	1637
Bury St Edmunds, West Suffolk Hospital	1042	1442		Sudbury, Tesco	1157	1644
Bury St Edmunds, Arc Shopping Centre	1049	1449		Sudbury, Homebase	1159	1646
Bury St Edmunds, Bus Station	1052	1452		Sudbury, Bus Station	1205	1652

### PLANNING PERMISSION GRANTED- DC/25/02970

Proposal: Householder Application - Erection of a modular pent shed.

Location: Drakes Moat, Lambs Lane, Lawshall, IP29 4PR.

### DISCHARGE OF CONDITIONS - DC/21/04154

### TOWN AND COUNTRY PLANNING ACT 1990

Proposal: Condition 8 (Refuse Bins). Location: Land West Of Fox Cottage, The Street, Lawshall, Suffolk.

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## All Saints' Church



October services at All Saints' Lawshall:

- Sunday 5th October 4.00pm: Harvest Supper
- Sunday 26th October 6.30pm: Evening Communion at All Saints, Lawshall

Please keep an eye on the website and Facebook page for details of services at other churches in the Benefice.

For general enquiries please contact: Revd. Matthew Lawson 01787 310 845 or Jean Clements Churchwarden 01284 828 423.

For more information on the services and other events being held by All Saints' Church in Lawshall, please check out:

our Facebook page: [www.facebook.com/AllSaintsLawshall](http://www.facebook.com/AllSaintsLawshall)

or website: [www.achurchnearyou.com/all-saints-lawshall](http://www.achurchnearyou.com/all-saints-lawshall)



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[lvhevents1@gmail.com](mailto:lvhevents1@gmail.com)

## Growing seeds for turtle doves

In front of you is vital conservation in action. This area of wildflowers and patchy bare ground is providing natural seeds for turtle doves, one of the UK's fastest declining breeding bird species.



Credit: Ben Andrew (rsfb-images.com)

When these small doves return in April/May from Africa they are hungry and need lots of seeds to eat to raise their chicks. Supplementary summer feeding helps, but wildflower seed is even better, so we are growing some here.

Turtle doves need low growing flowering plants with bare patches between them where they can land. There are some examples below, but turtle doves aren't fussy, they eat seeds from lots of different species of plants, as long as they have access. We know that lack of available seed is the main cause of their decline in the UK, so Operation Turtle Dove is working with amazing landowners, such as here, to provide the birds with the wildflowers and seeds they desperately need.



Can't see any turtle doves? They are a bit shy on the ground and do best with minimal disturbance. Lots of other wildlife will also benefit; bees and other pollinators will love the flowers and birds like yellowhammers will eat their seeds.



Want to find out more or get involved?  
Visit [www.operationturtledove.org](http://www.operationturtledove.org)



## APPLICATION FOR PLANNING PERMISSION – DC/25/03203

Proposal: Householder Application. Erection of an extension to existing annexe. Location: Freors, The Street, Lawshall, IP29 4QA. Comments invited by the 22nd of September 2025.

# Community Café

Join us on **Wednesday 15<sup>th</sup> October**


**10.30 – 12.30, Lawshall Village Hall**

Delicious cakes, fresh coffee, good company!

**Choose Refills:** refill your empty bottles with eco-friendly toiletries and cleaning products, plus 'dry goods' - nuts, seeds, fruits, cereals,

**Also on sale:** Home-made preserves, freshly-baked biscuits and seasonal plants.



 As an additional service to café patrons, we now collect small recyclable items such as batteries, printer cartridges, light bulbs, tetra-pak cartons and plastic bags.

All proceeds to Lawshall Village Hall

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Wood Farm, Brand Road, Great Barton IP31 2NY

## Lawshall Little Saplings

**Welcome Back to Lawshall Little Saplings!**




We're so excited to welcome everyone back to preschool — both our familiar little faces and the wonderful new ones joining our lovely setting for the first time!

The past few weeks since the summer holidays have been full of joy, creativity, and laughter. We've been busy doing what we do best: making colourful creations, painting masterpieces, cooking up muddy delights in our outdoor kitchen, and filling the air with giggles and chatter. It's been a fantastic start to the new term!

A huge **well done** to our recent school leavers who have settled beautifully into life at **All Saints Primary School**. We are incredibly proud of them! It's been such a treat to see their smiling faces over the fence and hear all about their busy new adventures.

We currently have **spaces available for children aged 2–4 years**, and we'd love to welcome more little explorers into our safe, nurturing, and fun learning environment. If you're looking for a preschool where your child can thrive, play, and grow — come and visit us!

 To arrange a viewing or for more information, please get in touch:  
**Phone:** 01284 652344 Marketing and Fundraising Officer.

**District Councillors for Chadacre Ward:**



**Stephen Plumb** [stephen.plumb@babergh.gov.uk](mailto:stephen.plumb@babergh.gov.uk) and

**Michael Holt** [Michael.Holt@babergh.gov.uk](mailto:Michael.Holt@babergh.gov.uk)



Dcllr **Stephen Plumb** holds a Ward Surgery in **Glemsford** every 3rd Friday and everyone is welcome to attend with any queries or questions.

The **Suffolk Advice and Support Line** is open 9am to 5pm Monday to Friday. Call **0800 068 3131** if you are worrying about your bills, your job or your home as a result of the cost of living crisis.



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For info and tickets contact -  
**lvhevents1@gmail.com**





## Christmas 2025

### # menu 1

Trimming down  
the trimmings for  
a wallet-friendly  
feast!

### 3 Courses £25

#### Starters

Lightly curried parsnip soup,  
coriander, bhaji and ciabatta.

Warm goat's cheese salad,  
sourdough, pancetta and honey.

Chicken liver parfait, brioche



#### Main Courses

All main dishes are accompanied by  
roasted potatoes, roasted parsnips,  
mixed cabbage and broccoli.

Choose from:

Roast turkey - includes gravy,  
pigs in blankets and stuffing.

Nut Roast - veggie gravy

Fish pie - mash topping

#### Desserts

Apple crumble - served with crème anglaise

Christmas pudding - accompanied by crème anglaise

Two scoops of Mövenpick Ice Cream

Choose from: Vanilla, Chocolate, Caramel, Strawberry, Mint Choc Chip, Pistachio

Please phone 01284828477 or email [theswanlawshall@gmail.com](mailto:theswanlawshall@gmail.com) with your enquiry.

T.C's - Available from 28th November - 21st December. Large parties any day of the week, small parties  
Wednesday to Sunday. Pre orders must be returned 7 days before the booking. Booking will only be confirmed  
with a non-refundable deposit. The entire booking must be on this menu. No changes, however please phone  
to discuss dietary requirements.

### Bird Notes

September in north Norfolk, there's nothing better if the weather is decent. We are just back home after three lovely days up on the Norfolk coast with a couple of old friends. We did plenty of birding, but also plenty of chatting, mainly about how things used to be.

Over the three days we only managed a moderate tally of sixty five species - quite a few common birds seemed to pass us by (I believe all the talking may be responsible for that).

Hidden in that tally was a pair of glossy ibis, which we saw a couple of times as they moved around the marshes. These large (heron sized), exotic sounding birds are actually quite easy to identify, especially if you have good views and can see the purple green sheen of the plumage and the long, curved beak.



Glossy Ibis

They have rapidly become regular visitors in recent years and this year in particular they have crossed the channel in bigger numbers. Their spread through France has been phenomenal and it look like we will soon have them as regular breeders here. This rapid expansion is similar to the spread of the little egrets that we experienced a couple of decades ago. Also the great white egret is becoming much more common here in England. This expansion of range may be due to our changing climate and the drying out of some European wetlands - I'm by no means qualified to say but it's nice to see them.

The other bird of note on our list was a pair of curlew sandpipers on the reserve at Titchwell. These little waders are a bit bigger than dunlin, yet quite slim with longer black legs and a down-curved beak, hence the name. The ones we saw were in grey winter plumage so no red feathers.

There had been a grey phalarope (a tiny, rare sea-going wader) on the reserve at Titchwell for the previous few days, but of course it had gone before we arrived!

Cliff Cooper



### Knit Knot & Natter

Every other Wednesday at The Swan. New members welcome.  
For the date of our next meeting email [editorofranda@gmail.com](mailto:editorofranda@gmail.com)

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7-9pm £8 cash or debit card  
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18+ only  
Last game cash bonus  
All proceeds to Village Hall funds**



**Christmas  
2025**

**# menu 2  
Has all the  
extra  
trimmings!**

Every table  
will be set  
with festive  
sparkle -  
including  
crackers

**2 Courses £29.95**

**3 Courses £34.95**

## Starters

*Prawn cocktail*

Marie rose, ciabatta, crisp lettuce,  
confit tomato, diced cucumber

*Chicken liver parfait*

Crispy chicken skin, toasted brioche,  
fig chutney

*Classic mussels*

White wine, cream, ciabatta

*Warm goat's cheese salad*

Pancetta, lentils, croutons, basil oil

## Main Courses

*Sea bass*

Prawns, turmeric potato in a Rassam broth with  
tenderstem broccoli, rouille

*Roasted Aubergine*

Butterbeans in chilli pesto, tabbouleh, pomegranate  
molasses, labneh, cherry tomato, flat bread

*Confit duck leg*

Fondant potato, cherry and red wine sauce,  
savoy cabbage

*Roast turkey*

Duck fat potato, honey roast parsnips, glazed carrot,  
cabbage, broccoli, pigs in blankets, stuffing, gravy

## Desserts

*Apple crumble*

Crème anglaise and  
vanilla ice cream

*Christmas pudding*

Crème anglaise

*Baron bigod*

Malt loaf and fig  
chutney

*After-eight cheesecake*

Biscoff base with  
Mövenpick chocolate  
ice cream

Please phone 01284828477 or email theswanlawshall@gmail.com with your enquiry.

T.C's - Available from 28th November - 21st December. Large parties any day of the week, small parties Wednesday to Sunday. Pre orders must be returned 7 days before the booking. Booking will only be confirmed with a non-refundable deposit. The entire booking must be on this menu. No changes, however please phone to discuss dietary requirements.



# FIREWORKS AND BONFIRE NIGHT!



Saturday 1<sup>st</sup> November 6-8pm  
The Swan, Lawshall, IP29 4QA

Fireworks start at 7pm

Food, drinks, sweets cones, glow novelties and more available to purchase on the night!

Organised by the new Little Saplings Committee - come and join us for a magical evening of fireworks, fun and community spirit!

Scan the QR code for tickets - Under 2s FREE, General admission £5, Family Ticket (2 adults, 2 children) £15

@WWW.GALABID.COM/FIREWORKS.EVENT.2025  
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## Party time?



Why not hold your next children's party in **Lawshall Village Hall**?

We can offer:

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Contact Leanne on 01284 830895 [leannegandpeter2@gmail.com](mailto:leannegandpeter2@gmail.com)



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6.30 for 7pm Ring 01284 386884 to book your team

**Evening events for the Autumn**

**Oct 3 Team Quiz**  
**Oct 17 Lightning Talks**

*(volunteers wanted to talk for 5 minutes on any subject of your choice)*

**Nov 7 Team Quiz**  
**Nov 21 An Evening with Dan Bigham**  
*Cycling World Record Breaker £10 per head.*  
**Dec 5 Team Quiz**



**at the former Metcalfe Arms, Hawstead IP29 5NR**

# **HALLOWEEN**

**LAWSHALL HALLOWEEN CHARITY EVENT**  
**RAISING MONEY FOR SHELTER UK**

**Join us on a spooky woodland trail full of fantastic surprises and enjoy  
a hot drink afterwards**

**When:**  
**Friday 31st October 2025, 5PM-9PM**

**Where:**  
**Wintles, Rectory Corner, Lawshall IP29 4PP**

**Tickets on sale now at [www.theeventers.co.uk](http://www.theeventers.co.uk)**

**A limited number of tickets are also available on the day**  
**Prices: Child £2.50, Adult £ 3.50, Family Saver (4 people) £ 9**  
**ALL PROCEEDS GO TO SHELTER**

**Please note that the trail path is narrow and uneven and therefore not  
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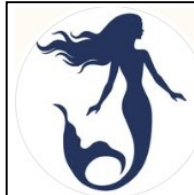
*Inspire Challenge Succeed*

What a wonderful start to the new school year we have had. The children were welcomed back to a rejuvenated pond in our Forest School's area thanks to a parent work party over the summer. Our next project is developing our wild life area as part of the school's sustainability and climate change strategy.

Our new reception class children have made a wonderful start to their All Saints' journey. All of them demonstrating our Christian value of courage and settling into school life well. Year 1 have spent a day at Hollow Trees Farm. Year 4 started their guitar lessons as part of the whole Class ensemble programme which will build towards them performing at the Apex in the summer. Our eldest Children, year 6, visited the Theatre Royal to watch a performance of Much Ado About Nothing. They will then spend the next few weeks developing their own performance of the play before performing it alongside other schools at the theatre.

Finally, the first of a number of sporting competitions for the half term has already taken place with our football team competing in the BSE school games competition at King Edwards. This is just a snap shot of what we have been up to over the first three weeks of school.

If you have a little one and would like to find out more, please get in touch for a chat or tour - 01284 828223.



### **Mobile Fish and Chips Return to Lawshall Village Hall!**

The Suffolk Mermaid is under new management and will be in the Lawshall Village Hall Car Park on Wednesdays from 4.45 to 6.15pm.

Suffolk Mermaid is now part of the Fully Loaded catering company, which has 27 years in the catering industry. We will be serving Freshly cut chips and the finest freshest fish around that is delivered directly to us. We have also extended our menu and now offer Curry Rolls, Fishcakes, Southern fried mini Fillets, Chicken Burgers and Saveloys and will look at adding more too. Regular Cod or Haddock & Chips £9.50

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### Lawshall Garden Club



October is, in my opinion, one of the best months, with the leaves turning colour. You may be thinking ahead and want to plant up pot displays with winter colour, such as heathers, cyclamen, winter pansies and Skimmia.

Pots with spring bulbs can be planted up this month. Maybe consider layering the pots for longer displays by placing larger and later flowering bulbs (tulips) towards the bottom, daffodils for earlier flowers in the middle section and perhaps some small spring irises at the top.

You can also sow sweet peas in deep pots for early flowers next summer, overwintering in a greenhouse or on a window sill.

However, there are always other things that need to be done, especially before the winter sets in:

- Clearing fallen leaves from the grass areas and away from crowns of other plants, to prevent rotting. Maybe start the process of collecting leaves for making leaf mould.



Ideally, leaf mould should be left for two years or more for it to become fine and fresh, but it can be used after one year. Two-year-old leaf mould is ideal as a mulch for healthy plant growth and for soil improvement. Mixed with soil, it can also be used for potting on young plants. If it is only a year old, it is best used as a mulch under young trees and fruit bushes.

- Transplanting deciduous shrubs that are either in the wrong place or have outgrown their current position.
- Tidying the borders by clearing weeds and cutting back dead flowering stems. However, some flower heads can be left, for the wonderful effect they produce over winter in the frosts, such as Sedums.
- Cut back roses by about a third late in October or early November to avoid wind rock, leaving the full pruning for February or March.

Whatever you plan to do, continue to enjoy your gardens.

**Debbie Parker** LAWSHALL GARDEN CLUB TREASURER

[info@johnparkerandco.co.uk](mailto:info@johnparkerandco.co.uk)



## The Lawshall Trust

There are two trusts in the village administered by the Lawshall Trustees: The Lawshall Trust and the Lawshall Relief Fund. They each get funds from dividends on investments, which arise as a result of bequests of land and money left to the people of Lawshall throughout its history.

For example the Village Hall was built on "Town Lands" which was left to the village in this way.

The Lawshall Relief Fund exists for the following purpose:

"to relieve either generally or individually persons, resident in the ancient parish of Lawshall, who are in conditions of need, hardship or distress by making grants of money or providing items, services or facilities calculated to reduce the needs, hardship or distress of such persons".

We give thanks for the men of Lawshall who in the 16th Century started the Trust for our village.

The Lawshall Trust is still there today for those persons who need help. Over the years there have been many who have needed a helping hand, young people and the elderly.

Also any organisation in the village can ask for assistance, as long as it is village based.

Whatever help is needed, **everything is confidential.**

We meet in May and November to decide on the support we give out.

If you want to apply for funds please use the form printed opposite.



## Pilates Classes @ Lawshall Village Hall Tuesdays



**Would you like to Improve your Strength, Balance, Posture & Stability?  
Stay strong and mobile while reducing your risk of trips and falls.  
There is a Pilates class to suit all abilities.**

- **10am - 11.am Pilates Mat Work** Improver class suitable for those who have done Pilates before. Involves standing balance & strength as well as mat work
- **11.30am - 12.15pm Inclusive Pilates (NO Mat Work)** Involves standing, supported & chair-based options. Suitable for beginners, those with injuries/health conditions and those who have difficulty getting down onto the floor

6 - week course £48  
also  
Pay as you go option



Contact Lindsay Bennett to book a space

[lindsaybennett@btinternet.com](mailto:lindsaybennett@btinternet.com) or call 07827323711

## The Power of Pilates

Pilates is a form of exercise that focuses on Balance, Posture, Strength, Mobility & Flexibility. There are now two Pilates classes available at Lawshall Village Hall suitable for people of all ages and ability levels (see advert above for timings.)

Pilates can help build full body strength with a focus on the core, hips, lower back, and pelvic floor. This can aid with injuries, long term back pain, joint issues and preparation /recovery from hip / joint surgery. Pilates also promotes better stability by improving flexibility, posture and balance which can reduce the risk of falls.

### Pilates is for everyone

**Inclusive Pilates** - There is NO mat / floor work involved and is specifically aimed at those who are new to Pilates, those with long term health conditions and anyone who is worried about trips and falls. The class offers a variety of standing, supported and seated exercise so is ideal for everyone, especially those who find it difficult to get up and down from the floor.



**Pilates Mat Work / Improvers** is aimed at people who have done Pilates before and would like to improve their practise, it includes standing balance & strength and mat work.

**Your Instructor** - Hi I am Lindsay Bennett and have been working as a Fitness Professional for over 30 years and have gained many advanced health and fitness qualifications including, Advanced Pilates, Exercise for Older Adults and 'Management of Chronic Back Pain'. I hold the required public liability insurance. Everyone will receive a health screening prior to joining the class.

If you are interested in joining me then please see the advert above for more information. I look forward to you starting your Pilates journey with me.

Lindsay Bennett 😊

# THE EMERGERS CHARITY FUNDRAISER

**PLAYING FOLK,  
CLASSICAL AND BLUES**

**SAT OCTOBER 11<sup>TH</sup> 2025  
7-10PM  
ALL SAINTS CHURCH,  
LAWSHALL**

**RAFFLE**

**LICENSED BAR**

**HOTDOG INC. WITH  
TICKET**

**ADULT £12  
CHILD (12-18) £5  
INFANT (UNDER 5) FREE**

**TICKETS ON THE DOOR**

**PROCEEDS TO CHURCH TOWER FUND AND  
SEN EQUIPMENT FOR LITTLE SAPLINGS  
PRESCHOOL**

**FOR MORE INFO EMAIL:  
HELLO@LAWSHALLLITTLESAPLINGS.CO.UK  
GRANDMACOEE@YAHOO.CO.UK**

## Lawshall Relief and Trust Funds

### Application for Assistance

The Lawshall Relief and Trust Funds have been in existence in one form or another for almost 500 years, and exist to support the residents of the village. Support can be applied for from a wide selection of criteria such as help at Christmas, to students purchasing study books or helping local clubs or organisations meet their financial obligations. Applications can be made at any time, and we like to remind everyone that there is this option at this time of year.

If you are interested in making an application please could you complete the details below and return the form to either:

- **Jean Clements at Sunnyridge Cottage, Hibbs Green 01284 828423**
- **Bryan Adams at Moat Farm, Golden Lane 01284 830098**

**Name / Organisation** .....

**Address** .....

**Telephone Number** .....

**Reason for Application** .....

**Declaration: this form has been completed to the best of my knowledge**

**Signature** .....

**Age, if not part of an organisation** .....

**Please be assured that any application is kept confidential and is only seen by the trustees.**

**Registered Charity No. 2564045 / 230906**

At Swann Property Improvements we offer the services you need to make your home what you want

**Bathrooms - Tiling - Kitchens - Plumbing - Refurbishments**

Contact Doran Swann for a free, no obligations quote on

**07846 432 670**

swannpropertyimprovements@outlook.com



Work completed in Lawshall - reference available on request

For examples of recently completed projects, check out our facebook page

**Swann Property Improvements**

**COMMUNITY FRIDAY ...**

*Fancy a cuppa with great company?*

*Come along and brighten up your week.*

***Everyone is welcome!***

Lawshall Village Hall 2-4pm

Tea, Coffee & Cake £2 New activity each month

**NEXT EVENT FRIDAY 24<sup>th</sup> October**

No need to book, but if you have a question contact Wendy on 07900 617833

## **Coldham Hall FC - Perfect Start to the Season!**

After a summer of hard pre-season work and the buzz of new teams joining the club, we couldn't have asked for a better start!

**Saturday Team** – Making their debut in men's football, our Saturday side got off the mark with a solid draw against a very strong Mendlesham team, before following it up in style with a magnificent 10-0 win! Isaac Thomas was unstoppable, netting 5 goals – that's 8 goals in just 3 games for him!

**Veterans Team** – The Vets also got their season underway with a brilliant 5-1 win away to Ipswich Park. Stuart Fowler made history by scoring our first ever competitive Vets goal, with Justin Crissell adding two superb strikes, and both James Tulloch and Aaron Tatum getting on the scoresheet.

**Sunday Team** – Our Sunday lads kicked off their campaign with a hard-fought 4-2 cup win at Stowmarket United Wasps. Callum Richardson bagged a magnificent hat-trick, while Todd Barker sealed the victory with a fine goal of his own.

**U9s** – A big shout-out to our U9s, who also started the season in great form. Four of our U8 players have stepped up a year to bolster the squad – and they've been brilliant, helping the team to a cracking win on the road!

**Youth Sessions** started back, and following on from last season the children were full of the joys and enjoying their football, Jamie Crissell has now stepped up to join the youth coaches, nurturing the future players who are developing into fine little footballers!

Don't forget to check out our Facebook page and if you're ever at a loose end, come along to New House Farm to support your local village team. Grab a brew, soak up the atmosphere, and enjoy some football!



Stuart Fowler and Ian Pinnock coaching our U7 & U8

Callum Richardson after his hat trick for our Sunday team in the cup win 4-2 against Stowmarket Wasps