

HANDY LOCAL NUMBERS

All Saints' Primary School 01284 828223
Little Saplings Pre-school hello@lawshalllittlesaplings.co.uk 01284 652 344
All Saints' Church - Rev'd Matthew Lawson 01787 310845 (Long Melford)
Catholic Church 01284 754358 * Free Church, Paul Mitchell 01284 828694
Village Hall Lottery Co-ordinator: Leanne Hornby 01284 830895
Lawshall Archives: Elizabeth Clarke 07813 430985 elizlawshall@btinternet.com
Local History Recorder: Valerie Monk 07961 816605
Willows Residential Care Home 01284 830665
Green Light Trust Office 01284 830829 *
Lawshall Community Woodlands - Forest For Our Children - Hana Jones 07813 984970

The Swan Public House 01284 828477
Newspaper delivery - Sicklesmere Stores Ltd 01284 386303

Excelan Chauffeur Services 01284 789503 / 07816 663 542
A1 Cars 24 hr Taxi 01284 766777 Greenline Travel 07754 298690
Traveline 0871 200 22 33

Anglian Water emergencies / enquiries 0845 7145145
UK Power Networks Emergency number: 0800 31 63 105
EDF Electricity emergencies 0800 7838838
Babergh District Council Helpline 0300 123 4000
Suffolk County Council 0345 606 6067

Police: Bury Police Station 701284 74100
Crime Stoppers 0800 555111
Police HQ main switchboard (non-emergency) 01473 613500
contact baberghwest.snt@suffolk.pnn.police.uk Tel 101 or 999 for emergency
Suffolk Fire Service 01473 260588 e-mail: fire.admin@suffolk.gov.uk

Citizens Advice Bureau 01284 753675
Samaritans 116123 (Freephone)
The Suffolk Advice and Support Line 0800 068 3131

Bury Train Station Customer Service 0845 600 7245
BBC Radio Suffolk 0800 1412121
Tourist Information 01284 764667
Bury Leisure Centre 01284 753496
Bury Library 01284 732255

Local Doctors: Glensford Practice 01787 280484
Long Melford Practice 01787 378226
Mount Farm Surgery, Moreton Hall, Bury 01284 769643
NHS Direct 111 for urgent (non-emergency) medical help
West Suffolk Hospital switchboard 01284 713000, A&E 01284 713333
St Nicholas' Hospice 01284 766133. Patients' Line 01284 725700

Local Vets: Swayne & Partners (BSE) 01284 701444, (Melford) 01787 370773
Eastgate Vet Group (BSE) 01284 753961
Moreton Hall (BSE) Vets 01284 747000

Round & About Lawshall



May 25

www.lawshallvillagehall.co.uk

This magazine is published by

Lawshall Village Hall Management Committee.

We reserve the right to edit, shorten or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by advertisers.

Copy deadline for the June 2025 magazine 6pm Saturday 17th May - earlier welcome!

**Copy should be emailed to the editor, Julia Keys at
editorofranda@gmail.com mobile 07799373454**

To place an **advertisement** in this magazine
please contact **Leanne Hornby** at leanneandpeter2@gmail.com
Telephone 01284 830895 or at Hills Farm, Bury Road, IP29 4PJ

Black and White Adverts: price per issue:

Quarter page (9x6cm) £6	Half page (9x12.5cm) £10
Full page (18x12.5cm) £20	Back cover £30 per issue

Wanted / For Sale - £2 per entry; Lost or Found items - Free of charge

Welcome to the Village, Births, Marriages, Deaths - free of charge, just let the editor know.

Check out our **website** at <http://www.lawshallvillagehall.co.uk>

To discuss anything about the website
please contact Jenna Kitchen on 01284 830022

The proceeds from this magazine will go towards the upkeep and improvement of Lawshall Village Hall, registered charity number 304911

VILLAGE HALL HIRE CHARGES

Lawshall residents... £15 per hour Other users..... £17 per hour

Groups regularly using the hall on a weekly or monthly basis... £12 per hour

Groups that are not regular users... £17 per hour

Children's parties £47 for four hours, to include setting up and clearing away.

Booking Secretary: Leanne Hornby 01284 830895 leanneandpeter2@gmail.com

USEFUL VILLAGE CONTACTS & INFORMATION

Village Hall Management Committee

Chairman: Peter Ward 07931 898326

Secretary: Rosemary Riches. 01284 830757 richesrosemary32@gmail.com

Treasurer and Booking Secretary: Leanne Hornby 01284 830895
leanneandpeter2@gmail.com

Caretaker: Sharon Marshall 01284 830182 07943 215537

Committee Members: Ian Carrington 01284 830497, Julian Delefortrie 07976 313137
Wendy Harris 01284 830449, Julia Keys 07799 373454, Jenna Kitchen 01284 830022

Lawshall Parish Council www.lawshall.suffolk.gov.uk/

Chairman: Mark Anson 07990 773469 **Vice-Chair:** Catherine Baynton 07799 364147

Parish Clerk: Louisa Mower 07761 737649 lawshallpcclerk@outlook.com

Councillors: Juliet Frost 07790 231136 Andrew Irish 01284 827500 Melvin Coe 07850 445890 and Robert Staveley 07717 197137

District Cllrs: Stephen Plumb. email: Stephen.Plumb@babergh.gov.uk and

Michael Holt. email: Michael.Holt@babergh.gov.uk

County Cllr: Richard Kemp 01787 378149 Richard.kemp@suffolk.gov.uk

Village Clubs and Organisations - held in the Village Hall

Lawshall Carpet Bowls: every 1st and 3rd Mon 2-4pm ; contact 07976 313 137

Lawshall Ladies : meetings once per month, days vary, 7pm for contact see p29

Table Tennis Wednesdays 7.30pm, Contact Julian on 07976 313 137

Not in VH: Coldham Hall FC / Cricket - Contact Chris Toole; loftytoole@yahoo.co.uk or
Ben Atkinson on 07921 837296 www.hartestandcoldhamcc.blogspot.co.uk

Lawshall Postal Collections

All six postboxes are now collected at the same times Mon - Fri 9am; Sat 7am

Coldham, The Glebe, Lambs Lane/Rectory Corner, Lawshall Green

Donkey Lane, School/The Street. NO Sunday collections.

Chambers Bus Times route 375 ~ Lawshall to Bury: every Wednesday

From Sudbury bus Stn 09.15, Lawshall School 9.57, arriving BSE Bus Stn 10.24

Return from Bury Bus Stn 13.00, arr Lawshall school 13.27, Sudbury bus Stn 14.10

Felix Sudbury Bus Timetable (Thursday only)

Leaving The Street at 9.40am & return trip leaving Sudbury bus station at 12.45pm.

Library Vans Email: help@suffolklibraries.co.uk Tel 01473 351249

Route 7: Thursdays, 3 April, 1 and 29 May - Free Church 9.50-10.20am, Swanfields 10.25am-10.40am & Village Hall car park 10.45am-11.25am.

Route 10: Tuesdays, 8 April, 6 May, 3 June Melons Green, 12.50-1.05pm

Refuse Collection

Early every Monday or Friday morning alternating weekly with blue bin & black bin
(Tuesday/Saturday morning collection in week following a bank holiday).



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louisa@thereadingdoctors.com

James Cartlidge MP

James Cartlidge is the Conservative MP for South Suffolk, and has been an MP continuously since 7 May 2015. He currently undertakes the role of Shadow Secretary of State for Defence.



Contact via his Parliamentary Office:
House of Commons,
London,
SW1A 0AA


020 7219 4875

james.cartlidge.mp@parliament.uk

<https://twitter.com/cartlidgemp>

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★ For an informal chat and
★ role description, please
★ contact Peter Ward at:

★ peterjoward@hotmail.com

If you use the services of an advertiser in Round & About, please let them know you saw them here!

Editorial

Hello everyone and welcome to the May edition of Round & About Lawshall.

When I started to edit the magazine a couple of years ago, I didn't expect to find myself preparing a 'football special' edition of R&A. Growing up with two sisters and a father who is much more interested in his allotment than sport, I never really developed an interest in 'the beautiful game'. At that time too, football was very much a 'boys' game'. How wonderful then to see so many girls participating in football today and the success of female professionals.

While Elizabeth takes a break from her Archives article, I have taken the opportunity to share with you news about all the hard work that is going in to developing grass-roots football in Lawshall. On pages 14-15, Stuart Fowler updates us on the development of training for the youngest members of our village and there is also good news regarding Coldham Hall FC.

Back at the Village Hall, Saturday May 3rd will see an afternoon event celebrating the 80th anniversary of VE Day. This free event promises to be great fun for young and old alike, with a traditional tea, entertainment and a fancy dress competition for children. For the full details, please see p11 and do let Wendy know if you are going to join in.

Also at the Village Hall, Jan Hughes is hoping to start up a monthly craft group, where members can meet informally to be creative and share their enthusiasm. You can find out more on p21.

The regular Bingo, Community Café and Community Friday events continue at the Village Hall and the Events Committee are busy making plans for the future.

Many thanks to our regular contributors who make the magazine so interesting. I was touched to read a request on Facebook from someone who recently left the village and was trying to access R&A online because she missed her paper copy. Should you ever mislay yours, there are always spares at All Saints' Church, The Village Hall and the Swan Inn. Alternatively a copy is uploaded each month to the Village Hall website.

With very best wishes,

Julia

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THE TELL-TALE SIGNS THAT IT'S TIME FOR A NEW WEBSITE

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- It's difficult to maintain
- Your website isn't being found in search engine rankings



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It's pub garden season! As it gets busier, please book early for celebrations. Enjoy wood-fired pizza available on Thursdays and Saturdays, and watch for our big summer breakfasts returning on the deck!

Closed Mondays and Tuesdays.
Wednesday and Thursday from 5pm.
Fridays - breakfast, lunch and dinner.
Saturday from 3pm and Sunday breakfast and lunch.

Call 01284 828 477 for all bookings.

Laura and Lawrence
www.swaninnlawshall.com
email: theswanlawshall@gmail.com

COCKFIELD COMMUNITY CINEMA THE COMPLETE UNKNOWN (15)



Friday 23rd May
Cockfield Village Hall
Doors Open 7pm
Film starts 7:30pm
Tickets on the door
Adults: £4.50
Under 16s: £3.00

Raffle, Refreshments & Licensed Bar available from 7pm

Lawshall Ladies

In April, Lawshall Ladies enjoyed the company of Vernon Lever, chairman of the Lavenham Art Society and self-taught water-colour artist.

While producing a picture of the Butt & Oyster pub at Pinn Mill, Vernon entertained us with his philosophy on life, interspersed with helpful painting tips. Several of his original works were available for purchase and he kindly



donated the picture produce that evening for our raffle.

Lawshall Ladies meet once a month to take part in a wide range of social activities. Our next meeting will be a trip to Ickworth Park.

For any further information about Lawshall Ladies, please contact:

Sarah Warboys 07885 470385 or Claire Ramsey 07415 195289



Lawshall Village Hall Draw Results April 2025 Draw

1st Prize £50	N Whatley	403
2nd Prize £20	P Driscoll	301
3rd Prize £10	D Pope	400
4th Prize £10	M Wilson	126
5th Prize £10	S Brouder	82

If **you** would like to support your Village Hall lottery download an application form from the village hall website at

<http://lawshallvillagehall.co.uk/lottery-2/>

Or contact: **Leanne Hornby on 01284 830895**

Thank you to Ian Carrington who co-ordinates the collectors.

The **Suffolk Advice and Support Line** is open 9am to 5pm Monday to Friday. Call **0800 068 3131** if you are worrying about your bills, your job or your home as a result of the cost of living crisis.



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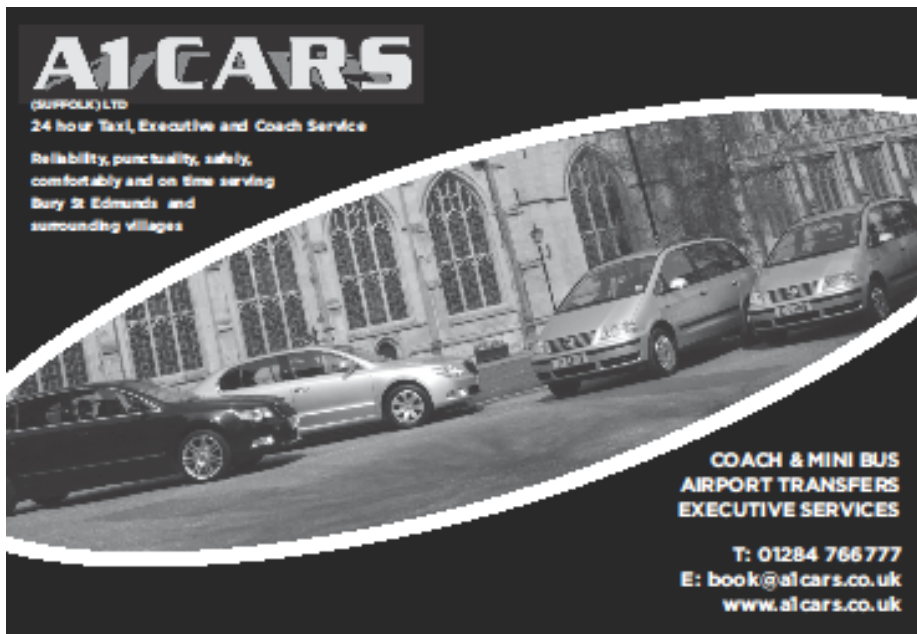
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What's On in Lawshall in May 2025

Coming up...

Tuesday 13th 7.30pm	Parish Council Meeting in the Village Hall	p9
Friday 16th 10.30am	Lawshall Ladies - Visit to Ickworth	p29
Friday 16th 7pm	Bingo in the Village Hall	
Wednesday 21st 10.30am - 12.30pm	Community Café in the Village Hall	p6
Friday 23rd 2-4pm	Community Friday in the Village Hall	p6
Sunday 25th 9.30-12.30	Lawshall Community Woodland	p25

Regular events...

Monday 2pm	Carpet Bowls, May 12th and 19th	
Monday and Wednesday 7.30 - 9.30pm	Table Tennis in the Village Hall	
Tuesday 10 - 12.15am	Pilates in the Village Hall	p16
Wednesday - fortnightly	Knit, Knot & Natter at the Swan	p27
Friday 3-4pm	Fresh Fish Van - John Skelly visits Lawshall	

Dates for your diary...

Wednesday 18th June	Community Café in the Village Hall
Friday 20th June	Bingo at the Village Hall
Friday 27th June	Community Friday in the Village Hall
Sunday 29th Jun	Community Woodland

COMMUNITY FRIDAY ...

Fancy a cuppa with great company?

Come along and brighten up your week.

Everyone is welcome!

NEXT EVENT FRIDAY 23rd MAY

Lawshall Village Hall 2-4pm

Tea, Coffee & Cake

New activity each month

No need to book, but if you have a question contact Wendy on
07900 617833

Community Café

Join us on Wednesday 21st May


10.30 – 12.30, Lawshall Village Hall

Delicious cakes, fresh coffee, good company!

Choose Refills: refill your empty bottles with eco-friendly toiletries and cleaning products, plus 'dry goods' - nuts, seeds, fruits, cereals,

Also on sale: Home made preserves, freshly-baked biscuits and seasonal plants.



 As an additional service to café patrons, we now collect small recyclable items such as batteries, printer cartridges, light bulbs, tetra-pak cartons and plastic bags.

All proceeds to Lawshall Village Hall

Lawshall Evangelical Free Church

Hanningfield Green,
Lawshall,
Ip29 4qd



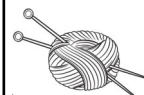
Just a Thought....

The Beatles wrote a couple of songs about help, which were; 'With a little help from my friends', and, 'Help'.

John Lennon stated in an interview that the song 'Help' was about the human condition and how that none of us can do life alone. He acknowledged that although he was commissioned to write it for a movie, he was really crying out for help for himself. Which shows that sometimes, even when surrounded by friends, we can be crying out for help inside.

In the song he indicated that he needed help from someone but not just anybody, and from a spiritual point of view he absolutely nailed it, because the only 'someone' who can help us is the Lord Jesus Christ. God has declared that '*without shedding of blood there is no forgiveness*' (Hebrews 9 v 22), but such is the greatness of His love He took on a human body in the Person we know as Jesus so He could die in our place. When He died on the cross, the curtain barrier in the Jerusalem temple (that divided the part of the temple representing heaven from the rest of the temple) was torn from top to bottom, thus declaring that the way into heaven was now open for anyone who repents and receives Him. Because God raised Him from the dead it is '*through this Man is preached to us the forgiveness of sins*' (Acts 13 v37,38), and shows the reason why Jesus declared that no-one can come to God except through Him (John 14 v 6).

We invite you to our Sunday morning services 11.00 to 12.00 to find out more about the Lord Jesus Christ and why He came to earth. We also run a 'Little Treasures' parent and toddler group on a Thursday morning 10.00 to 12.00 during school term.



Knit Knot & Natter

Every other Wednesday at The Swan. New members welcome.

For the date of our next meeting email editorofranda@gmail.com

Richard Kemp

County Councillor
01787 378149
Richard.Kemp@suffolk.gov.uk

Adam Kemp BA Hons
DipPFS Cert.CII (MP&ER)
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LAWSHALL VILLAGE HALL – for you to use and enjoy

www.lawshallvillagehall.co.uk

View or download a colour copy of R&A from the website.



Do you shop online? Would you like to support the Village Hall?

You can raise funds by shopping online via the easyfundraising website or app.

Just sign up with easyfundraising online or download their app and select Lawshall Village Hall as your chosen cause to support. If using your computer to shop you will receive a reminder to 'accept a donation'. If using your phone, start each shop by clicking on the easyfundraising app first. From that point onwards, your shopping experience remains the same.

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See inside front cover for prices

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Lawshall Community Woodlands

Forest for Our Children

When the sun is shining there is no lovelier time of year than now, but a May birthday boy would not say otherwise! Our gardens are full of colour, the countryside is clothed in fresh greenery and blossom, and a walk in our woodlands provides the perfect tonic for any jaded soul.



The winter management programme has now come to a halt as all life is busy with renewal. Birds are holding territories and nesting, so it is inappropriate for such work to continue. The hazel stools which were coppiced last winter will be protected with wire hoops to reduce deer browsing. One year is enough to enable the hazels to 'get away' and grow beyond browsing reach. In just a few years they will provide stakes and poles for hedge-laying.

Those who walk in Golden Wood will have seen that most of one perimeter hedge has been laid again, although work ceased at the end of March. Although the law permits hedge-laying until the end of April, with the hedge already coming into leaf time ran out so the remainder will be laid next winter. The last time it was laid was during lock-down in 2020 when I did all the work which proved to be the perfect antidote to the pandemic even though I was fortunate not to miss any days at work. Such were the benefits of either working outside or alone in the office.

As usual the management morning will take place on the last Sunday of the month. Delicious freshly home baked cakes are provided by Wendy. Come and give them a try with your tea or coffee.

Adrian Walters



District Councillors for Chadacre Ward:

Stephen Plumb stephen.plumb@babergh.gov.uk and

Michael Holt Michael.Holt@babergh.gov.uk



Dcllr **Stephen Plumb** holds a Ward Surgery in **Glemsford** every 3rd Friday and everyone is welcome to attend with any queries or questions.



Willows

Residential Care Home



The Willows is a friendly residential care home for elderly ladies and gentlemen and is part of the Extrafriend group of care homes.

We are situated in the village of Lawshall which is about 6 miles south of Bury-St-Edmunds, Suffolk. Set in 2 large tranquil landscaped gardens and surrounded by countryside, The Willows (Originally a farmhouse) has been sympathetically and tastefully extended and refurbished and is now home to 25 residents.

Care Manager, Mrs Teresa Strudwick says that: "The Willows is a care home where all clients are treated as individuals with dignity and respect and where client comfort and safety come first".

If you would like further information on admission arrangements and fees, please contact our Care Home Manager on 01284-830665 who will be pleased to answer any questions and arrange a tour of our Home.

We look forward to welcoming you to the

Willows Residential Home

Corders Farm, Bury Road, Lawshall, Suffolk IP29 4PJ

Telephone: 01284 830665

Web: www.willowshome.co.uk

Email: willows-manager@extrafriend.co.uk

LAWSHALL PARISH COUNCIL

Great British Spring Clean

Thanks to all who came along to support this. Please help to keep Lawshall looking spick and span by taking litter home, putting it in public bins or reporting littering and fly tipping at <https://www.babergh.gov.uk/report-online>.

Good News Update

Since the ponds have been re-dug, the sheep have grazed and the hedge has been laid, we have recorded an excellent collection of flora and fauna including: cowslips, oxslips, wood anemones, cuckoo flowers and bluebells; 50 fieldfares, tree creeper, barn owl, tawny owl, heron, woodcock, yellow hammer, common gull, herring gull, black back gull, moorhen, dunnock, mistle and song thrush, willow warbler badger and hare.



In the ponds, thanks to Claire and Jill Ansell observations, we can announce the arrival of great crested newts! As well as smooth newts, water boatmen and whirligig beetles.

No Turtle Doves yet. But nature takes her time to adapt. Doesn't she?

Nigel Hughes

PLANNING APPLICATIONS

Planning applications are discussed in meetings, but the Parish Council can only submit their own comments. There is an 'Application search, track and comment' tool at www.babergh.gov.uk/planning which residents can use to find out more detail and make their own comments.

APPLICATION FOR PLANNING PERMISSION DC/25/00103: Householder Application. Erection of rear-side single storey extension including roof lights and front porch. Fieldfare, Shimpling Road, Lawshall. No objections from Lawshall Parish Council.

PLANNING PERMISSION GRANTED DC/25/00002: Householder Application. Erection of single storey rear extension and front porch with open timber canopy. 1 Brands Lane, Lawshall, IP29 4SF.

APPLICATION FOR PLANNING PERMISSION WITHOUT COMPLIANCE OF CONDITIONS DC/25/00854: Erection of workshop building following demolition and removal of existing buildings. Land At, Corner Farm, Lawshall Road. Comments invited by March 20th 2025.



Party time?

Why not hold your next children's party in **Lawshall Village Hall?**

We can offer:

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- A Separate room for adults to retreat to
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- Wi-fi with Bluetooth
- Good parking.

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Contact Leanne on 01284 830895 leannegandpeter2@gmail.com

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All Saints' Church

May services at All Saints' Lawshall:

- Sunday 11th May, 4pm: Café Church on the theme of Exploring Hope
- Sunday 25th May 6.30pm: Evening Communion at All Saints, Lawshall



Please keep an eye on the website and Facebook page for details of services at other churches in the Benefice.

For general enquiries please contact: Revd. Matthew Lawson 01787 310 845 or Jean Clements Churchwarden 01284 828 423. For more information on the services and other events being held by All Saints' Church in Lawshall, please check out:

our Facebook page: www.facebook.com/AllSaintsLawshall
or website: www.achurchnearyou.com/all-saints-lawshall

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Green Light Trust

Hello to everyone in Lawshall from the Green Light Trust!

Spring has well and truly arrived as we see our woodlands flourishing and flowers now in bloom.

In recent weeks we have welcomed participants from our Holiday Activity Fund who have been loving spending time in nature on their Easter break.

Our Step by Step group have been hard at work making new planter beds ready for the change in season and warmer weather.

And in other news, creativity is often explored during our sessions, recently demonstrated by one of our adult participants who has been dabbling in some poetry. This participant was inspired by group discussions and came up with words and phrases and combined them with the use of AI to create a fantastic poem called 'A Green Light For Me'.

'The forest heals, the air is kind,
A place to breathe, to rest the mind.
A meal is shared, the fire glows,
A simple joy that soothes our woes.'

To read the full poem, please see our website,
greenlighttrust.org.



For more information on Green Light Trust and how you can access our support please get in touch, info@greenlighttrust.org or sign up to our newsletter via our website.

Phoebe Lucas,
Marketing and Fundraising Officer.



**"Building Health, Hope
and Happiness through
the Power of Nature"**

Proposed Craft Group

Are you interested in meeting up once a month at the Village Hall?

It doesn't matter what craft you like to do, it's just to spend time with like minded people and be inspired!

Please let me know if you are interested and I will be touch.

Thanks - **Jan Hughes 07780 642774**

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Lawshall Garden Club

In May, the first rule is to protect tender plants from late frosts. If you have any tender plants, cover them up with fleece to protect them. Also water plants in the morning during early May so that the warmer daytime allows the water to reach the roots. If you water in the evening before an overnight frost, the water may freeze and damage or kill off your plants. Make use of greenhouses or cold frames to protect plants and remember to ventilate during the warmer days.

There are lots of plants that look great at this time of year, including, Alliums, Bluebells, flowering cherries, peonies, rhododendrons, azaleas and aquilegias.

Things to do

Harden off bedding plants before planting them outdoors towards the end of the month when there is no threat of frost.

In the veg patch sow seeds and earth up potatoes.

Tomatoes can be planted outdoors at the very end of the month. Remove side-shoots from plants in the greenhouse and feed once a week from now on.

Plant Dahlia tubers in borders at the beginning of the month.

Sow hardy annuals outdoors where they are to flower.

Hanging baskets and window boxes can be planted up in readiness.

Clean and repaint decking and fences, to have your garden looking its best.

Things not to do

Don't worry if you cannot keep up, it's a busy time. Do one job at a time and don't get distracted until it's finished! This far more satisfying.

Don't start spraying to control insect pests, let natural predators help you.

Whatever you have growing and doing in your garden, remember to take time to enjoy your garden, it's why we do this!

If you are interested in joining our group, please email (below) and we will include you in our emails.

Happy Gardening!

Debbie Parker

LAWSHALL GARDEN CLUB TREASURER info@johnparkerandco.co.uk



Coldham Hall Youth Football

We have had a great response from local parents and children in Lawshall and surrounding villages to our free football sessions. Myself Stuart Fowler and Ian Pinnock have been running the sessions on Saturday mornings with a mixed group of Year 1 and 2 boys and girls and entering a U8's team into the Suffolk Youth League. We had 12 children for the first session which was a very cold one, but the enthusiasm from them was great and they really did do well. Warmer days are just around the corner!



The uptake among Reception age children was great, where we have 10 for this shorter session.

The support has been amazing and we have managed to raise £405 for some new footballs and equipment. A huge thanks to Juliet Frost, Louisa Mower and Mark Anson who have helped us with getting £2,954.40 award from the Well People Health Places grant for

some new goals which will be very well received by our little footballers.

As well as our U8's and Reception group we also have an U9's team going into next season, which is led by Coach John Wetton. They will be playing their home games at our Bury Road pitch. Our aim is to create a club locally for children and adults in the surrounding areas to come and play football and without huge registration and signing on fees, we will be doing raffles and fund raising events throughout the year which will go into the club, and provide training for coaches, equipment and the upkeep of the facilities. We have over 20 local children playing football, which is fantastic for the future of Coldham Hall Football Club.



Bird Notes

On a bright, sunny but fairly cold morning in early April we paid a visit to Cavenham Heath. The aim of the walk was to try and locate the returning stone curlews as they prepare for breeding on the heath again this year. Unfortunately, we only managed to get a brief glimpse of one before it disappeared again into the heathers. A shame really because these peculiar looking birds always make me think they should be running around with the dinosaurs - their bulging bright yellow eyes staring at everything, and long, gangly legs make them appear pre-historic.

The high point of our walk, however, was a much smaller bird - a woodlark, which we saw and heard singing from a perch in a small hawthorn tree. I had heard the song earlier but had not been able to locate the bird on the large heath. It is always good to both see and hear a bird at the same time as this helps to fix the sound to the bird in the memory.



woodlark

Our next little trip out, again on a bright, but much warmer morning in the middle of April was a walk up the old railway line from Clare country park. This was an absolute delight, I believe we were the first people on the walk that morning so the birds hadn't been disturbed at all: the birdsong was incredible - almost like I remember it as a child, many, many years ago. There were whitethroats and blackcaps, chiffchaffs and dunnocks, blackbirds and song thrushes, chaffinches and yellowhammers all singing away. So many of them too - for example, we counted a dozen chaffinches at least along the mile or so that we walked before turning round. Just to make it even nicer, we even saw our first swallow of the summer down by the river.



White-tailed eagle

Not a bird seen by us I'm sorry to say, but a white-tailed sea eagle was filmed on the road between Glemsford and Hartest in mid-April. A reintroduction programme for this bird in a few areas of the country may well lead to this sight becoming less of a rare occurrence in the future

Cliff Cooper

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Thank you to Ben Mapston club Chairman for the support getting the youth set up underway, Chris Tool and Ian Copping for the great work on the pitch which came 2nd in the Suffolk FA Grounds team of the year, for which the club as awarded £500, which will go towards the up-keep of the pitches.

Stuart Fowler

Coldham Hall Awarded Funds in Suffolk FA Grounds Competition



The judges found it difficult to decide the outcome, but after pitch visits and interviews with ground staff, Bacton took first place ahead of first-time entrants Coldham Hall FC, who play in Division Four of the Bury and District Sunday League. Coldham Hall were the first Sunday only side to have entered the competition for at least a decade and impressed the judges with the progress they have made at their ground in a short space of time with limited facilities.

Groundsman Ben Mapston said "We are absolutely over the moon. It means so much to our club and the volunteers. The £500 will be very wisely spent".



If you would like to support Youth Football in Lawshall, Stuart has set up a Gofundme page to raise funds to purchase equipment and to ensure it can be stored safely. Google: Gofundme Coldham Hall Football, or follow this link:



<https://gofund.me/84e6b496>

Charity Bike Ride

Friends of Coldham Hall football club are organising a charity bike ride on 19th July in memory of Paul Parish. The ride will start from Cambridge United football ground and take in Coldham Hall ground. The ride will cover approximately 35 miles through the back roads. Money raised will be split between Alzheimers Society and club funds. Transport for bikes to Cambridge is available. Finishing at the Red House Stanningfield where you can purchase a drink and a burger. For more details or donations contact Ian Copping.

iancopping18@gmail.com





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