

LAWSHALL



See page 13
for information on
Coronavirus Lawshall Help Group

April 2020

www.lawshallvillagehall.co.uk

This magazine is published by

Lawshall Village Hall Management Committee.

We reserve the right to edit, shorten or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by advertisers.

Copy deadline for May 2020 magazine

6pm Sunday 19th April - earlier welcome!

**Copy should be emailed to the editor, Jenna Kitchen at
jennalight51@btinternet.com Telephone 01284 830022**

or delivered to Country Lodge, Lambs Lane, Lawshall

(first house on the left, across the crossroads when going from direction of village hall)

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Check out our **website** at **<http://www.lawshallvillagehall.co.uk>**

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please contact Jenna Kitchen on 01284 830022

The proceeds from this magazine will go towards the refurbishment and improvement of Lawshall Village Hall, registered charity number 304911

VILLAGE HALL HIRE CHARGES

Lawshall residents... £14 per hour Other users..... £17 per hour

Charges for Groups regularly using the hall are:

Weekly users.. £11 per hour

Monthly users.. £14 /hour (+ 10% reduction if paid 3 months in advance)

Bi-monthly users. £14 /hr (+5% reduction if paid 3 months in advance)

There are set fees for children's parties available upon request.

Editorial, We are living in extra-ordinary times. And if the social distancing and self isolation works, this pandemic will not seem as bad as it could have been. The more we do to protect each other, and support each other, the fewer severely affected people there will be. We may be able to look back in a few months time and wonder whether we needed to do it at all—that will be a measure of its success.

We may also be stronger and more cohesive as a community. There are many initiatives starting up—see the Lawshall Neighbourhood Watch Facebook page. If you might need help or can offer it, do use the information and complete the form on page 13.

IF YOU HAVE A NEW CONTINUOUS COUGH AND/OR FEVER, DO NOT ATTEND A GP SURGERY BUT SELF-ISOLATE FOR 7 DAYS. IF YOU BECOME MORE UNWELL DURING THIS TIME, TELEPHONE 111.

Many thanks to all those who have contributed this month. Do have a look at the Lawshall Archives group page and consider writing about your experiences. If you want to express or share anything through these pages just let me know. It would be great to hear your thoughts or experiences. What have you done to mitigate your relative isolation? I know I shall be staying in contact with friends via Skype, Zoom, WhatsApp and the phone—thank goodness have these electronic methods. Don't get stuck let someone know if you need something, even if it's just a chat. Best wishes to you all, Jenna

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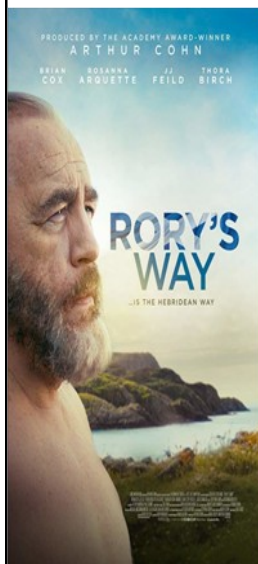
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uncertain times.

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Laura and Lawrence

COCKFIELD COMMUNITY CINEMA RORY's WAY (12A)



**Friday 24th
April
2020**

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Film starts: 7:30pm**

Tickets on the door

**Adults: £4.50 /
Under 16s: £3.00
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What's On in Lawshall in April 2020

Carpet Bowls on **2nd and 4th Mondays 2-4pm** in Village Hall:

Cancelled for now. Contact Julian on 01284 830544 / 07976 313137

Tuesday Club 2-4 pm in Village Hall Cancelled for now

Table Tennis Dates : Fridays Monthly 6.30-7.30 - cancelled for now

Karate Club: Thursdays 6-7.30pm cancelled for now

This Month:

Most meetings are not taking place during April, May's events may also be cancelled
Please check before attending.

Sat & Sun 4th & 5th April **Annual Litter Pick** see page 23

Tuesday 14th **Parish Council Meeting** 7.30pm Village Hall (2nd Tues)

Friday 24th **Cockfield Community Cinema — Rory's Way (12a)** : p4

Sunday 26th **Community Woodlands** : a morning of maintaining the wood
09.30-12.30 with tea break at about 11; see p19

Future Events:

may be cancelled due to Coronavirus

Sat 9th May **VE day Celebration** Cancelled—many thanks to Wendy
for all the effort in organizing this for the village.

Sat 16th May 10.00 - 12.30 pm **Sing** with Tracy Sharp, Hartest Institute

Saturday 16th May **Handel's Messiah** at St Edmundsbury Cathedral

Wednesday 20th May **Garden Club** 20th May see page 17

Monday 1st June **Village Hall Management Committee** 7.30pm

Sat 6th June 1.30 - 4.00 pm **Sing** with Chris Rowbury, Hartest Institute

Sat 31st October 10.00 - 12.30 pm **Sing** with Chris Rowbury, Hartest Inst.

The Long Melford Practice Tel 01787 378226

website : <http://www.mysurgerywebsite.co.uk/ppg.aspx?p=D83014>

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2.00 p.m.—6.30 p.m.

Address: 36 Church Street,
Lavenham, Sudbury CO10

We are doing our best to maintain an appropriate primary health care service in these challenging times.

Key messages re the coronavirus for people in general:

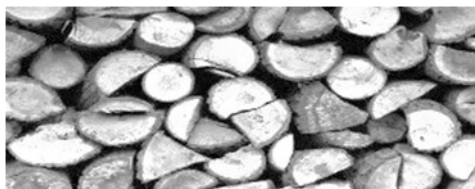
Good Hand Hygiene is essential - frequent washing of hands with soap and water.
Cough into a tissue & Bin the tissue.

Re: contacting the surgery: If you have a new continuous dry cough and/ or a fever to self-isolate for 7 days. If you become unwell during this time to call NHS 111. **Do not** come down to the surgery. **Do not** go to the Pharmacy. **Do not** go to hospital unless you have been advised to do so. Thank you for your patience.



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You can view or download a copy of R&A from the website.

The Saga of WiFi

After much to-ing and fro-ing, having originally said they could connect up the village hall, BT Openreach decided they needed to lay a cable under the road. At an extortionate cost. Fortunately we had not committed to a contract.

It looks like a preferable solution will be to use a router linked to a mobile signal—now that we have a newly erected mobile phone mast in Bury Road.

So when we are able to gather again we can look forward to an enhanced way of using the hall with data connectivity available.

Many thanks to Julian who has wrestled with this issue for us.

Meanwhile we thank Sharon for continuing to keep an eye on the hall, and Julian and Ian for recent repairs.

Jenna, for VHMC

Village Hall Booking:

Please contact booking secretary:

Sharon Marshall on 01284 830182 email:

shazy68@hotmail.co.uk

<https://www.facebook.com/sharon.marshall.581>



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Parish Council Report February 2020

www.lawshall.suffolk.gov.uk

APOLOGIES from the Clerk: re: March mag. My apologies for the incorrect Pre-cept figure for 2020/2021: It should read **£8581.00**

Potholes: more potholes have been reported to S.C.C.

S.C.C. grass cutting schedule: The A134 verges 4th May, 2020. Lawshall verges 20th July 2020.

Hanningfield Green: some of the posts here are not in good condition. Thank you to Mr Adrian Walters who is attending to this.

Crime Report: updated Feb. 2020: 3 crimes reported Jan 2020:

On or near Churchill Close: Burglary: includes offences where a person enters a house or other building with the intention of stealing. Investigation complete. No suspect identified.

On or near Ancells Close: Anti-Social Behaviour: Details, case timelines and current statuses are not provided for anti-social behaviour.

On or near Windsor Close: Burglary: includes offences where a person enters a house or other building with the intention of stealing. Investigation complete. There is insufficient evidence to bring anyone to justice at this time. The investigation may be re-opened if more information becomes available.

Dorothy Griggs - Parish Clerk. 01284 830813.

Lawshall Community Project A very generous Lawshall resident is willing to donate an area of land behind the current Village Hall to the village, to be used to create a new Village Hall and additional recreational facilities.

Such a facility would be eco-friendly and financed hopefully, by various local, regional and national grants. In order to find out the wishes of village residents a survey questionnaire is enclosed and we would urge you to complete it and let us know what facilities you would like for yourself and the village. The completed survey can be handed to any Parish Councillor or to The Swan Public House.

A Community Project Committee has been set up and if any residents are interested in joining and helping with the many aspects this project will entail, please let Andrew Irish (Lawshall Parish Council Chairman) know.

The survey will be discussed at the next Parish Council meeting due to take place on the 14th April 2020, which hopefully will go ahead, but we are monitoring the guidance regarding public meetings and the Coronavirus.

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PLANNING APPLICATIONS RECEIVED:

Application No. DC/20/00574: APPLICATION FOR PRIOR APPROVAL – **SHOP/FINANCIAL TO DWELLING: Glebe Stores, 52 The Glebe:** application to determine if prior approval is required for a proposed: Change of Use from Shops (Class A1), Financial and Professional Services (Class A2), Take-aways (Class A5), Betting Offices, Pay Day Loan Shops or Launderettes (Sui Generis uses); or a Mixed Use combining use as a Dwellinghouse (Class C3) with a Shop (Class A1) or Financial and Professional Service (Class A2), Betting Office, Pay Day Loan Shop or Launderette (Sui Generis Uses); to Dwellinghouses (Class C3), The Town & Country Planning (General Permitted Development) (England) Order 2015 (as amended) Schedule 2, Part 3, Class M. **The Councillors do not support this application and unanimously object.**

Application No. DC/20/00690: APPLICATION FOR PLANNING PERMISSION WITHOUT COMPLIANCE OF CONDITION(S): land between Dales Farm & Brighthouse Farm, Melford Road: Application under Section 73 of the Town & Country Planning Act for removal or variation of condition following grant of Application No. B/00058/78/OUT decided 18/1/1978 - to allow removal of Condition 6 – (Agricultural Tie). The Councillors support this application, no objections.

Application No. DC/20/00580: Holmwood, Harrow Green: erection of single storey rear extension and addition of insulation/cladding. The Councillors support this application, no objections. (Cllr. D. Page declared an interest and left the meeting while this application was discussed.)

Application No. DC/20/00783: 4 Windsor Close: installation of dormers and roof-lights including increase in roof height to create first floor. Four Councillors have no objections, 3 Councillors object. Overall: application supported, no objections.

Application No. DC/2000813: Land west of Sydena, Lambs Lane: erection of 2 dwellings: the Councillors discussed this application. The application is supported, no objections. NHPlan Watchdog comments sent to Babgerh D.C. Also comments on the access on to a narrow road.

Planning Permission Granted:

Application No. DC/19/04418: Audley End Farm, Melford Road: siting of pre-constructed welfare unit to be installed and connected to sewage treatment plant.

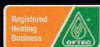
Application No. DC/19/0466/: Plot 1: Lambs Lane: erection of 1 dwelling: **DC/19/04662: Plot 2: Lambs Lane:** erection of 1 dwelling: **Plot 3: Lambs Lane:** erection of 1 dwelling: **DC/19/004660:** erection of 1 dwelling: **DC/19/04659: Plot 4: Lambs Lane:** erection of 1 dwelling:

Re: Appeal Plot 5 Lambs, Lane: a letter has been sent from the P.C. to the Planning Inspectorate with the P.C's objections.

Dorothy Griggs - Parish Clerk 01284 830813

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LAWSHALL PARISH COUNCIL

Hello!

We live in Lawshall and are setting up a ***"CORONAVIRUS LAWSHALL HELP GROUP"*** to ensure that no one is left totally alone during the Government's order for self-isolation. In short, we do not want you feeling isolated and alone.

We are here for you and want to help. This Group will **NEVER** ask you for:

1. Money. We will only ask you for money once we have purchased any items you have asked for AND have a receipt for your shopping. If we do not have a receipt then you do not have to pass money over.
2. Bank account details.
3. Personal Information. unless you volunteer it.
4. Passwords.

We would like to be there for you during your isolation. We can:

1. Ring you, just to have a chat and find out how you are, what you have been doing and if you need anything,
2. Help with any pets if you do feel unwell, or if they do – during your isolation - by taking them to the vets of your choice.
3. Go to the shops for you and pick up anything you need, (so long as it is available in the shops!)
4. Post letters for you or pick up mail for you from the sorting office, if necessary.
5. Contact your loved ones if you feel unable to - or be there for them, if they live away from the area and cannot get in to see and be with you.
6. Help you ensure you have supplies of your correct medication. We could either pick it up for you, or ensure that the pharmacy knows that you would like it delivered.
7. Pass your details on to a village resident, who lives near to you and would really like to stand by you.
8. Help a friend in Lawshall whom you think may be self isolating, if you give us their details.

Please can you contact us, through Laura or Lawrence at The Swan Public House on 01284 828477 or 07548 315134

IDEALLY – please complete the attached form in and drop it into the Pub OR pop it into an envelope and post it to:
Mrs Laura Williams, The Swan Public House, The Street, Lawshall, Bury St Edmunds, IP29 4QA.

Please do not worry if you cannot – the important thing is that YOU ARE NOT ALONE OR ISOLATED.

Any personal details you give is will be kept securely and will only be used to provide the support
you have asked for and will not be shared with anyone else.



My name is: Age:

****I live alone/with someone**.** ****I do/do not**** have an animal who may need help (dog/horse/cat/other)

****I would/would not**** like someone to keep in touch with me during my isolation

****I would/would not**** be able to be there for someone who is self-isolating.

My address is:

My Telephone number is:

**** Please delete as appropriate**

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Bird Notes by Cliff Cooper April 2020

With the progressing spread of Covid19 you might well be forced to self-isolate for a week or so. With a little preparation, you could make more of this unexpected time at home; what you need to buy is not toilet roll but bird food.

A supply of fat balls, mealworms, niger seeds and sunflower hearts will prepare your garden as a very attractive place for the birds. While you have all this spare time on your hands you can sit by the window and count all the (new) birds that come to your garden; its amazing how addictive this can become as you notice birds on your little patch for the first time.

You will need to be a little patient (pun!) as it will take the birds a day or two to discover the lovely new supply of food you have put out for them, but you will be rewarded eventually. Just watching my small garden for ten minutes this morning gave me a look at fourteen species- they are not all there at the same time, the picture is constantly changing, and it is also important to provide fresh drinking water for them.

I would be very interested to hear of any exciting or unusual sightings you get.

I am writing these notes on 16th March and as yet I have not heard my first chiffchaff of the spring, although a friend heard one very close to Lawshall on the tenth- my year on year average is around the fourteenth so not too concerned yet.

A little owl showed itself in the hedge near Hawstead at the weekend, first time I have seen one in that vicinity for quite a while.

Hopefully, I will be allowed out to see the spring arrivals as they appear for the summer.



ESSENTIAL INFORMATION FROM THE LONG MELFORD PRACTICE FOR OUR LOCAL POPULATION DURING THE COVID-19 VIRUS CRISIS

If you currently have a **booked appointment** at the surgery, keep it as arranged. We will contact you if we need to cancel or re-arrange it. **BUT** if you develop a new continuous cough and/or fever, telephone the surgery to cancel it and self-isolate for 7 days.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-people-with-confirmed-or-possible-coronavirus-covid-19-infection>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

We will be operating a telephone triage system for all new requests for patient appointments as from Monday 16th March 2020. If you need **medical or nursing advice** and **DO NOT** HAVE A NEW CONTINUOUS COUGH AND/OR FEVER, telephone the surgery (01787 378 223) and the receptionist will book for you a telephone triage call on that day from a doctor or nurse who will decide with you an appropriate plan for your care. Please be aware that we are likely only to be able to deal with urgent matters.

Routine Clinics (eg diabetes, COPD, asthma): We will not be asking patients to come to the surgery for your surgery for routine checks but you might be telephoned by a Nurse who will complete the check via a telephone consultation.

Cervical smear tests Continue to contact the surgery to make appointments in the usual way. A nurse will call you back to confirm whether or not you need an appointment. **BUT** if you have an appointment and develop a new continuous cough and/or fever, telephone the surgery to cancel it and self-isolate for 7 days.

Childhood immunisations: Parents will continue to receive appointments for their child in the usual way – attend the appointment **BUT** if you or your child develops a new continuous cough and/or fever, telephone the surgery to cancel it and self-isolate for 7 days.

We are sorry that it is anticipated that we will be able to staff only one surgery; The Lavenham Surgery will be closed for a while and if you are invited to a physical consultation with a nurse or GP it will be at Long Melford.

This protocol is based on the latest Government advice as of 13th March. If you come to the surgery, please try to attend on your own and certainly do not bring anyone who has a new continuous cough and/or fever.

LAWSHALL GARDEN CLUB: Amazing April

It's been a wet autumn and winter and so far spring hasn't exactly been dry so our gardens have had a good soaking. Nevertheless, April showers are still welcome just so long as they stay as showers. The gardens are now growing rapidly and need all the goodness they can get to be strong and healthy. If you haven't done it yet, your roses will need a feed and look out for early signs of greenfly and black aphids. Wash them off with a jet of water or simply wipe them off with your fingers. Another group that needs a feed in April is fruit. Particularly blackcurrants, blackberries and other similar hybrid berries. These plants grow extremely rapidly during this month and should be topped up with a good high-nitrogen feed. Be careful not to over feed them though as this may lead to fruit being too soft and liable to attack from pests. Simply follow the advice on the packets.

Cane fruit should be checked regularly and the areas around the base weeded weekly if possible. We can still get night frosts in April so don't be too quick to remove any frost protection you have in place.

April is the last opportunity to lift and divide summer flowering perennials so best get that done ASAP. New perennials can be planted this month and basal cuttings taken now will grow well. Dahlia tubers can go in the ground now too. Dahlias are greedy plants so add plenty of organic matter and a good dressing of fertiliser when planting. The crown of the tuber should be about 3inches deep. Place a cane or other support in place straight away and support your plants as they start to grow.

Many of you will notice little clumps of self-sown foxgloves scattered here and there. If you want to keep them, they are easy to relocate. If the ground is dry, water the area first then lift them with a trowel, making sure you keep some soil around the roots. You can then reposition them wherever it suits you. Water them in gently.

The last of your daffodils need to be deadheaded now but still leave the green to die down naturally to get plenty of flowers next year. This is also your last chance to plant out your maincrop potatoes, so get this done before the end of the month.

Finally, you should be mowing your lawns more regularly now but don't cut them too short. Apply spring feeds according to the instructions on the packets as too much in one area can scorch your grass and even kill it off in patches.

Hopefully, it will be warm enough now to sit out and enjoy the fruits of your labours. Wash down those garden chairs, open a bottle of wine or soft drink and just sit back and watch your garden grow. If you want to visit gardens locally, it's worth looking on line at the National Garden Scheme Suffolk (NGS). Register on line and select your favourite gardens and you will receive an email letting you know when the gardens will be open. These are private gardens that only open a couple of times a year and raise money for charities. There are some fantastic gardens very close by that you will probably never have seen. Happy gardening everyone.

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Lawshall Community Woodlands

A Forest for Our Children

It's spring in Golden Wood and Crooked Wood

I find it comforting that no matter what else is happening in the world, the woods are a haven for all of us – birds, mammals, insects & humans. The woods carry on turning with the seasons, one new beauty after the next.

If we're feeling isolated, the woods and fields are a place we can feel connected again, to each other and the natural world we live in. If you're stuck at home, remember the woods are still there, blooming and coming into leaf. If you can, take a look at our website, Facebook & Instagram and if you have photos of your walks, this might be a particularly good time to send them to us or tag us in your posts.

If you've got more time at home than usual, why not use it to get your garden ready for our first Wild Space Competition? (See separate advert). Our gardens are brimming with life this time of year.

At time of printing, our next Woodland Morning is Sunday 26th April, 9.30am at The Foundry on Bury Road. Our AGM is Monday 27th April at 7pm at the Village Hall, with a talk at 7.30pm by Cathy Smith from Suffolk Wildlife Trust. The judging for our Wild Space Competition is the 2nd week of July.

We'll keep you updated on any changes to these events, via our website, Facebook & Instagram, or you can contact us at themcclellands1@gmail.com or 01284827686 if you want to check whether an event's going ahead. See you in the woods.

www.forestforourchildren.onesuffolk.net/get-involved



Firewood Logs:

£7.50 per bag

or truckload of 1.25cubic metres £85

Larger loads available. Out of season and unseasoned firewood at a discount.

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We are located within the grounds of All Saints' Primary School in Lawshall, Suffolk.

Our mission is to help each child make the transition from preschool to reception and onwards into the main school with confidence and ease.

Accepting children from the term after their 2nd Birthday.

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www.lawshallpreschool.co.uk | 01284 827588 | lawshallpreschool@hotmail.co.uk

Hello to Lawshall Ladies –

There will be no formal meeting in April.
Watch this space for future meetings as this emergency evolves and resolves.

Neighbourhood Watch

The Lawshall neighbourhood watch page on Facebook is up and running.

We now have over 73 members. If you are a resident and would like to join please find us on Facebook under “Lawshall Neighbourhood watch “

Lots of useful ideas are being posted on the Facebook group—thank you to all those who are involved in helping our village and villagers.

For example: We are looking to set up a small food bank in the pub with Laura and Lawrence’s help.

The idea will be that if you are in need of a particular item you may take it as long as you can also add one item to the stock !!

I'm starting the ball rolling with a few items of dog food, tins of soup etc and pasta.

I'm also thinking to support the pub if you do pop in for emergency supplies then buy a drink !

District Councillors for Chadacre Ward:

Stephen Plumb. email: Stephen.Plumb@babergh.gov.uk and

Michael Holt. email: Michael.Holt@babergh.gov.uk

Dcllr **Stephen Plumb** holds a Ward Surgery in **Glemsford** every 3rd Friday and everyone is welcome to attend with any queries or questions.

Cllr. Plumb is willing to hold a Surgery in **Lawshall** if there are enough people interested in this. If you would like this to start in Lawshall please contact the Parish Clerk. Dorothy Griggs 01284 830183

Lawshall Village Hall Draw Results March 2020

First Prize £50:	282	Ian Carrington
Second Prize £20:	176	Joanne Boreham
Third Prize £10:	427	Heidi Page
Fourth Prize £10:	301	Tony Hadley
Fifth Prize £10:	27	Pauline Morgan.

If **you** would like to support your Village Hall lottery please contact **John Chappell on 01284 830530**

or download the application form from the village hall website at
<http://lawshallvillagehall.co.uk/lottery-2/>

You can also use this form to set up a regular donation
to support your village hall.

Or set up donations via your online bank account.

The Village Hall Account details are on the standing order form.



The Defibrillator machine is located at
the Willows Residential Home, on Bury Road IP29 4PJ,
Telephone Number 01284 830665.

It is located on the outside of the front entrance for easy access.

Access can be gained 24hrs, 7days a week. Access code: C1650



The other Defibrillator in Lawshall is located at The Swan
Public House. To access phone 999.

Are you confident in how to use an automated defibrillator?

Do you know that the ambulance service offer support to guide you
through the process.

Is it time to refresh your basic life support / First Aid skills?

Tuesday Club

I have to say with sadness that the Tuesday club will have to be postponed until further notice due to the governments advice. I will endeavour to keep in touch with all members on a regular basis during our shut down.

As soon as we are able to resume, we will. I will keep you all posted as to what happens regarding our outings as time progresses. If you have any concerns please ring me.

John Payne



Annual Nationwide Litter Picking Campaign

I have just been informed by Babergh Council (17th March) that their Village Litter Pick has been postponed until September due to the virus outbreak.

My only way of communicating this to you is via this magazine and as the litter picking is over the weekend of 3/4th April you may not get this information in time.

I therefore intend to be at the Village Hall on Saturday 3rd April at 9am only. If you are still happy to help please do come along and I will distribute the bags etc and give locations to work. We will be out in the open air and will keep our distance from each other as necessary.

I will fully understand if you feel unable to help now.

John Payne (830466)

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St. Edmund King & Martyr,
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BURY ST EDMUNDS. I P33 1QG

Clergy:

Canon Mark Hackeson - Parish Priest
Fr. Jay Magpuyo - Assistant Priest
Rev. Alan McMahaon - Deacon

MASS SCHEDULE AT LAWSHALL

Sunday	10.30am
Wednesday	2.00pm
Holy Days	7.00pm (Vigil Mass)



WILDSpace COMPETITION

*How wild is your garden? Is it a haven for
mammals, insects & birds? Wildflowers?
A compost heap? A pond?*

**We're looking for the best wild space
in Lawshall...**

Enter for free by 1st June

Judging mid-July in three categories:

1. Gardens
2. Businesses, farms and community spaces
3. Children's garden project

To register fill in a form at our AGM
or email your details to Debbie Thomas
at debbiesu9@gmail.com
or follow instructions at
forestforourchildren.onesuffolk.net

**Judges' criteria will be
posted online!**

TAKEAWAY PUB FAVOURITES MENU PH 01284828477

Classic beef burger	10.00
Classic 100% beef patty on a brioche bun, served with smoked bacon, onion, mushrooms, cheese, salad, mayonnaise, chips	
* Choice of blue or smoked cheese Add a fried egg for 50p	
Chicken burger	10.00
Panko crumbed chicken breast, bacon, oak smoked cheese, chipotle mayo, sweet chilli sauce, salad, served on a brioche bun with a side of chips	
Halloumi burger	10.00
broche bun, halloumi, peppers, mushrooms, crispy onions, chipotle sauce, chips	
BBQ Ribs	12.95
Marinated BBQ pork ribs, grilled on the BGE (big green egg) served with chips and salad	
Thai Green Curry	£8.95/10.95/11.95
Moderate spice, classic coconut milk and Green Thai curry, with choice of Vegetable, Chicken or seafood.Served with rice, crispy onion and fresh chilli	
Fish and Chips	10.00
Beer battered 8-10oz fish, served with peas, tartar sauce, tomato ketchup and a slice of lemon	
Superfood salad	£9.95
mixed quinoa, roasted pumpkin, feta, sunflower and pumpkin seeds, pomegranate, beetroot pesto and edame beans	
Sausages and Mash	£10.00
Home made pork sausages served with mash potato, vegetables and gravy	

CHILDRENS MENU AND SIDES

Beef burger	5.00	Onion rings	£3
served with cheddar cheese, salad, mayonnaise, brioche bun and a side of chips		portion of beer battered onion rings.	
Homemade sausages	5.00	Halloumi fries with chipotle mayo	4.95
One homemade sausage served with mash potato and broccoli		Lawshall Fried Chicken	4
Chicken nuggets	5.00	Spicy deep fried chicken	
Home made chicken nuggets, served with peas and chips		Bowl of Chips	3.00
Fish and chips	5.00	* Cheese £1	
Fish and chips served with peas, chips and tomato ketchup			
Salt and Pepper Squid with tartare sauce	4.95		

Carpet Bowls Club

Even though all clubs and gatherings at the village hall are suspended until the coronavirus episode settles or is over , we hope they will all get going again in the coming months.

Since the new year the **Carpet Bowls Club** has got one new member and we have applied for and got two grants. The first from The Lawshall Trust, who we thank very much for helping us to continue bowling.

Secondly from Project Seven towards equipment which we have now received and is displayed in the attached photograph. We thank Project 7 for their generosity and to Ian Carrington for his support.



This equipment will make it much easier to roll out the mats before each session and also put them away.

Julian

Lawshall Archives' ~ April 2020

One day this strange, unprecedented time will be history. We are all so focused on the here and now that it seems inappropriate to look back or even imagine what the future will hold for us and our friends and families.

The task I have been charged with, as Local History Recorder is to record everything that happens today. When our children and grandchildren hear about our experiences, they will have the distance of time and emotion. For us in Lawshall we are on the edge of the unknown. The media bombards us with information which is overwhelming and often not at all helpful.

This viral threat is bringing out the worst and the best in people. We all have our stories to tell, and as I write, for me, it's about not being able to simply go to a shop and buy food. Some houses have freezers full of food while some people are worried where they will find the next loaf of bread. Interestingly there is no panic buying and stockpiling in Italy where the coronavirus has currently claimed the lives of over three thousand people.

Local history is about social history and I know that many of you love hearing stories of how people lived in the past. If we record what is happening in this village now it will give everyone in future times a glimpse of how life is for us now in this challenging time.

All I have seen so far is how people are helping each other. Many of us with very vulnerable partners are trying to protect them and the physical social isolation may be hard to bear. I

f any of you have time on your hands in the next weeks and months could I ask if you could write about how this is affecting you? Everyone will have a different story to tell and your words can form part of our unique village archive. Send your story by email or handwrite if you prefer. You can of course, be anonymous. All our archive material has to be 'hard copy' as this is the only way we know that it will be preserved for the future. Please help if you can and let's hope and pray that we all stay safe through the months ahead.

Elizabeth Clarke for the Lawshall Archives Group
shall@btinternet.com or Freors, The Street
01284 827 275 Mobile 07813 430 985

elizlaw-

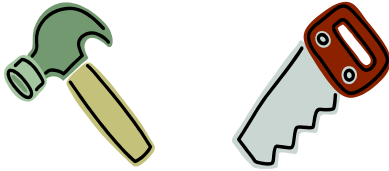
Groups of people! The Friday Club in 1988, I think there is just one lady in the village who will remember this.



Outside The Swan – Somethings don't change and we are so grateful that we still have our wonderful pub. Even though we may be drinking and eating outside in the weeks to come!



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Garage and Shed Security

My name is Phil Kemp and I am a Design Out Crime Officer Suffolk Police for the South and West of Suffolk.

You will probably be aware that we have had a spate of Outbuilding/ Shed burglaries within Suffolk, which are causing distress to residents and commercial businesses.

Basic Crime Reduction Advice from Suffolk Police

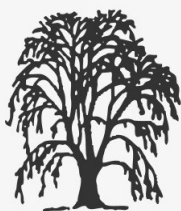
Always keep sheds locked, with a good quality close shackle padlock; ensure sheds are behind a secure perimeter; use dusk to dawn lighting; use hasp and staples, a padbar, or coach bolts or non-tamper screws to fasten hinges/hasps; security mark property, with your house number and post code and register your belongings at immobilise.com; fit anchor points to secure items; have a monitored alarm fitted (i.e. texting alarm), and avoid storing high value items.

Register serial numbers of tools and equipment via Immobilise <https://www.immobilise.com/> and make a personal record. This will help identify items if they are found, and speed up the process of returning items to the owners.

A list of security products can be viewed via - http://www.suffolk.police.uk/sites/suffolk/files/security_product_brochure.pdf

Further advice on shed security can be obtained using the following link: <http://www.suffolk.police.uk/sites/suffolk/files/shedandgaragesecurity1.pdf>

Phil Kemp, Design Out Crime Officer (DOCO),
For West and South Suffolk
Bury St Edmunds Police Station,
Raingate Street, Bury St Edmunds
Suffolk, IP33 2AP
Tel 101 Ext 4141 or direct dial 01284 77 4141



Willows

Residential Care Home



The Willows is a friendly residential care home for elderly ladies and gentlemen and is part of the Extra friend group of care homes.

We are situated in the village of Lawshall which is about 6 miles south of Bury-St-Edmunds, Suffolk. Set in 2 acres of tranquil landscaped gardens and surrounded by countryside, The Willows (Originally a farmhouse) has been sympathetically and tastefully extended and refurbished and is now home to 25 residents.

Care Manager, Mrs Margaret Holt says that: "All clients are treated as individuals with dignity and respect and where client comfort and safety comes first".

If you would like further information on admission arrangements and fees, please contact our Care Home Manager on 01284-830665 who will be pleased to answer any questions and arrange a tour of our Home.

You are welcome to visit Willows Residential Home to visit at your convenience.

Willows Residential Home
Corders Farm, Bury Road, Lawshall, Suffolk IP29 4PJ

Telephone: 01284 830665

Fax: 01284 830892

Web: www.extrafriend.co.uk

Email: margaretholtuk@yahoo.co.uk

Lawshall Weather Summary - February 2020

This month was exceptional in many ways. On the 9th we had Storm Ciara bringing rain and very high winds but above average temperature for this time of year. On the 16th we had Storm Dennis again bringing high winds and rain. We had snow on the 27th that only settled for the one day, but it was followed on the 28th by Storm Jorge which brought heavy rain, more winds and above average temperatures. These three officially recognised storms set the tone for a record breaking wet and windy month, where the temperatures meant very little because the winds made things feel much colder than the air temperature was reading. As a whole, the UK suffered very severe flooding.

Total Rainfall: 89mm in 11 days 2019 was 25mm in 6 days

Stowmarket 10-year average is 41mm in 10 days

Daytime average temperature: 9.8 2019 was 11.4

Stowmarket 10-year average is 6.8

Highest temperature: 13.8 2019 was 18.0

Night-time average temperature: 3.6 2019 was 3.8

Stowmarket 10-year average is 0.8

Lowest temperature: 1.0 2019 was -1.6

All temperature figures are shown in degrees C

Malcolm Edgar

Richard Kemp

County Councillor
01787 378149

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USEFUL VILLAGE CONTACTS & INFORMATION

Village Hall Management Committee

Chairman: rotation through committee

Secretary: Rosemary Riches.

Treasurer: Karen Wilcox 830725 karenjwilcox265@gmail.com

Caretaker & Booking Secretary: Sharon Marshall 830182 shazy68@hotmail.co.uk

Committee Members: Ian Carrington 830497, Ian Copping 830430,
John Chappell 830530, Julian Delefortrie 830544, Jenna Kitchen 830022

Lawshall Parish Council www.lawshall.suffolk.gov.uk/

Chairman: Andrew Irish 827500 **Vice-Chairman:** Trevor Elmer 830870

Clerk: Dorothy Griggs 830813 **Councillors:** Ray Debenham 07908 656098

David Griggs 830813 David Page 830968

Laura Williams 828477 Karen Whordley 830316

District Cllrs : Stephen Plumb. email: Stephen.Plumb@babergh.gov.uk and

Michael Holt. email: Michael.Holt@babergh.gov.uk

County Cllr :Richard Kemp 01787 378149

Neighbourhood Watch Co-ordinator Mrs Pamela Pope 830716

Contacts: Ros Debenham 830640 Dorothy Griggs 830813

Village Clubs and Organisations—held in the Village Hall

Lawshall & District Carpet Bowls: every 2nd and 4th Mon 2-4pm ; info 830693

Tuesday Club: 2-4pm every week, info John Payne 830466

Lawshall Ladies : 2nd Weds of month, 7.30pm

Table Tennis last Friday of month, Contact Julian on 830544

Not in VH: Coldham Hall FC / Cricket - Contact Chris Toole; loftytoole@yahoo.co.uk or

Ben Atkinson on 07921 837296 www.hartestandcoldhamcc.blogspot.co.uk

Lawshall Postal Collections

Coldham, Mon-Fri 4pm, Sat 7.30am. The Glebe, Mon - Fri 4.30pm, Sat 11.30am.

Lambs Lane/Rectory Corner, Mon - Fri 9am; Sat 7am

Donkey Lane, Mon-Fri 4pm, Sat 11am. School/The Street, Mon-Fri 4.30pm; Sat 11.30am.

Lawshall Green, Mon - Fri 4pm; Sat 12 midday. NO Sunday collections.

Chambers Bus Times route 375 ~ Lawshall to Bury: Wednesdays only from 15 Jan

From Sudbury bus stn 09.30, Lawshall School 10.06, arriving BSE Bus stn 10.22

Return from Bury Bus Stn 13.15, arr Lawshall school 13.31, Sudbury bus stn 14.05

Felix Sudbury Bus Timetable (Thursday only)

Leaving The Street at 9.40am & return trip leaving Sudbury bus station at 12.45pm.

Library Van Email: help@suffolklibraries.co.uk Tel 01473 351249

Route 7: Thursday 12 March , 9 April: Stopping at Free Church 9.50 ~ 10.20am,

Swanfields 10.25am ~ 10.40am & Village Hall car park 10.45am ~ 11.25am.

Route 10: Melons Green, Tuesdays 17 March, 14 April 12.50-1.05

Refuse Collection

Early every Monday or Friday morning alternating weekly with blue bin & black bin
(Tuesday/Saturday morning collection in week following a bank holiday).

HANDY LOCAL NUMBERS

All Saints' Primary School 828223 * Pre-School 827588
All Saints' Church Revd Jeremy Parsons 846166
Catholic Church 01284 754358 * Free Church, Paul Mitchell 828694
Village Hall Lottery Co-ordinator: John Chappell 830530
Local History Recorder, Lawshall Archives Group: Elizabeth Clarke 827275
Willows Residential Care Home 830665
Green Light Trust Office 830829 *
Forest For Our Children - Debbie Thomas 827470

The Swan P H 828477
Newspaper delivery - Sicklesmere Stores Ltd 01284 386303

Excelan Chauffeur Services 01284 789503 / 07816 663 542
A1 Cars 24 hr Taxi 01284 766777
Greenline Travel 07754 298690
Traveline 0871 200 22 33

Anglian Water emergencies / enquiries 0845 7145145
UK Power Networks Emergency number: 105
EDF Electricity emergencies 0800 7838838
Babergh District Council Helpline 0300 123 4000
Suffolk County Council 0345 606 6067

Police: Bury Police Station 774100
Crime Stoppers 0800 555111
Police HQ main switchboard (non-emergency) 01473 613500
contact baberghwest.snt@suffolk.pnn.police.uk Tel 101 or 999 for emergency
Suffolk Fire Service 01473 260588 e-mail : fire.admin@suffolk.gov.uk

Citizens Advice Bureau 01284 753675
Samaritans 116123 (Freephone)
Bury Train Station Customer Service 0845 600 7245
BBC Radio Suffolk 0800 1412121
Tourist Information 01284 764667
Bury Leisure Centre 01284 753496
Bury Library 01284 732255

Local Doctors: Glemsford Practice 01787 280484
Long Melford Practice 01787 378226
Mount Farm Surgery, Moreton Hall, Bury 01284 769643
NHS Direct 111 for urgent (non-emergency) medical help
West Suffolk Hospital switchboard 713000, A & E 713333
St Nicholas' Hospice 766133. Patients' Line 725700

Local Vets: Swayne & Partners (BSE) 701444, (Melford) 01787 370773
Eastgate Vet Group (BSE) 753961
Moreton Hall (BSE) Vets 747000