

**LAWSHALL**



Merry Christmas  
And  
A Happy New Year  
To All

**December 2019**

[www.lawshallvillagehall.co.uk](http://www.lawshallvillagehall.co.uk)

This magazine is published by

**Lawshall Village Hall Management Committee.**

We reserve the right to edit, shorten or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by advertisers.

**Copy deadline for January 2020 magazine  
6pm Friday 13th December - earlier welcome!**

**Copy should be emailed to the editor, Jenna Kitchen at  
jennalight51@btinternet.com Telephone 01284 830022**

or delivered to Country Lodge, Lambs Lane, Lawshall

(first house on the left, across the crossroads when going from direction of village hall)

To place an **advertisement** in this magazine  
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Check out our **website** at **<http://www.lawshallvillagehall.co.uk>**

To discuss anything about the website

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The proceeds from this magazine will go towards the refurbishment and improvement of Lawshall Village Hall, registered charity number 304911

### **VILLAGE HALL HIRE CHARGES**



**Lawshall residents... £14 per hour Other users..... £17 per hour**

**Charges for Groups regularly using the hall are:**

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**Monthly users.. £14 /hour (+ 10% reduction if paid 3 months in advance)**

**Bi-monthly users. £14 /hr (+5% reduction if paid 3 months in advance)**

**There are set fees for children's parties available upon request.**

**Editorial: Breaking News!!! Wifi is now available at the Village Hall** for up to 20 users at a time. We hope this will enable you to use and enjoy the hall more—it is a space for all of the village to use for various events, meetings, parties, gatherings, dances, talks, crafting sessions, whatever you can dream up! However it doesn't mean we will expect cheating at the **Christmas quiz on 15th December**.



There is quite a lot going on this month, lots in the magazine to read or join in with.

All Saints Church events are on page 24. There is a For Sale item on page 20.

Many thanks to all our contributors, to Cliff and Malcolm who have solidly produced pieces every month of the over six years I have now been editing this magazine. Thanks also to Elizabeth who, among all the other things she does in the village has brought back the popular From the Archives pages.

A warm welcome to all those who have moved into our village over the last year—we look forward to seeing you at some of the events.

I'm wondering if there is an artist or graphic designer who would like to help me update our front page in the new year—do get in touch.

May you all have a happy and warm Christmas and a joyful and healthy 2020.

Jenna, Editor

.....Defibrillator information on page ...27 > >

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## The Swan Inn Lawshall

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www.swaninnlawshall.com

### Christmas at The Swan

Book now for the **Christmas Quiz** on  
Sunday the 22nd,

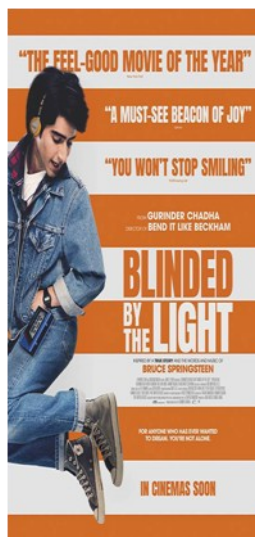
**Christmas Carols** on Monday 16<sup>th</sup> at  
7.30pm

**Christmas Day Lunch.** Must be booked  
by **30th November.**

Brunch and afternoon tea on  
**New Years Day** from 12 - 4pm.  
Booking is advisable.

**Book your Christmas Party** soon  
We hope to see you all again soon.  
Laura and Lawrence

## COCKFIELD COMMUNITY CINEMA BLINDED BY THE LIGHT (12A)



**Friday 13th  
December  
2019**

**Cockfield  
Village Hall**

Doors Open: 7pm  
Film starts: 7:30pm

Tickets on the door

Adults: £4.50 /  
Under 16s: £3.00  
Raffle,

Refreshments &  
Licensed Bar avail-  
able from 7pm

## What's On in Lawshall in December 2019

**Carpet Bowls** on **Mondays 2-4pm** in Village Hall—give it a try,

**Tuesday Club** 2-4 pm in Village Hall most Tuesdays—see page 13

**Table Tennis Dates** : Fridays 6.30-7.30 December 20th

**Karate Club: Thursdays 6-7.30pm** Dec 5th, 12th, 19th

**Stitch & Bitch**: open to all – 2nd Monday of each month –  
19.30 at The Swan, not December

Saturday 7th **Christmas Tree Lighting and Carols** around the tree at the village hall with further songs from the **PopUpChoir** who were so popular last year.

Saturday 7th and Sunday 8th **Christmas Tree Festival** at All Saints 2-4pm with **Carol Service** at 4pm on Sunday 8th. See p25 & p24 Nov R&A

Tuesday 10th **Parish Council Meeting** 7.30pm Village Hall

Friday 13th **Cockfield Community Cinema — Blinded by the Light** : p4

??? **Family Christmas Quiz** ???

**Sunday December 15<sup>th</sup> at 3pm at the Village Hall.**

Why not come along with family and friends to enjoy the increasingly popular village hall Xmas quiz.

**Teams of 4 to take part.** Come along even if it's just one or two of you. We can soon help you find partners to join up with.

**Just 2.50 per person** with profits going towards Hall maintenance..

**Raffle and refreshments** will be available

We look forward to seeing you there.

Monday 16th **Carols at the Swan** 7.30pm

Sunday 29th **Community Woodlands** : a morning of maintaining the wood 09.30-12.30 with tea break at about 11; see p19

**The Long Melford Practice** Tel 01787 378226    New website :  
<http://www.mysurgerywebsite.co.uk/ppg.aspx?p=D83014>

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# LAWSHALL VILLAGE HALL

## TURNING ON THE CHRISTMAS LIGHTS



**Saturday 7th December 2019**

**6 p.m. @ Lawshall Village Hall**

*Christmas Carols by the tree.*

*Followed by Preston Pop Up Choir*

***Look out for Santa & the donkey!*** 🙄🙄

***Hot Mince Pies, Sausage Rolls, Soup &***

***Warm drinks available from Lawshall Ladies Pop up Café!***

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**Parish Infrastructure Investment Draft Plan: (PIIPs):** The Draft Plan was approved and accepted at the P.C. meeting on the 12th November and has been sent to Babergh D.C. for their comments.

**A Facebook page has been set up for Lawshall:** do have a look.

[www.facebook.com/Lawshall-Suffolk](https://www.facebook.com/Lawshall-Suffolk)

**375 public service:** The petition for "saving the 375" was sent to S.C.C. No further information available at present.

**Crime report: as per the Police website: updated October 2019.**

**Crimes reported in September 2019:**

**On or near Sports Area:** burglary: includes offences where a person enters a house or other building with the intention of stealing. Under investigation.

**On or near Donkey Lane:** includes offences against the person such as common assault, grievous bodily harm and sexual offences. Under investigation.

**Speed Watch:** Still awaiting reply to our request to Hawstead Parish Council to join with them in a Speed Watch for Lawshall.

**Recycling:** Items that **can** go in your recycling bin: empty aerosols; books; steel & aluminium cans; aluminium foil (roll in tight ball); paper; cardboards; plastic bottles; plastic pots, tubs and food trays. Tetra packs drink cartons and metal pots, pans & trays **cannot be disposed of in recycling bins.** **Recycling centre:** Rougham Hill, Bury St Edmunds, IP33 2 RW

Dorothy Griggs - Parish Clerk. 01284 830813.

## Transport News

**Connecting Communities**, St. Edmundsbury,

Operates Monday to Saturday 7.15am until 7.15 pm

Booking line 01440 712028 Monday to Friday 8am until 4pm

it is £10 a year membership : They will do a group pickup.

Not sure what the charge is per journey,

You have to phone in advance to book a date.

<http://www.thevoluntarynetwork.org/transport/connecting-communities-st-edmundsbury/>

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## **PLANNING APPLICATIONS**

### **Planning Applications received:**

**Application No. DC/19/04463: Plot 1 Lambs Lane:** erection of 1 dwelling. The application was discussed at the P.C.meeting on the 12th November. Application supported, no objections.

**Application No. DC/19/04662: Plot 2 Lambs Lane:** erection of 1 dwelling. The application was discussed at the P.C.meeting on the 12th November. Application supported, no objections.

**Application No. DC/19/04660: Plot 3 Lambs Lane:** erection of 1 dwelling. The application was discussed at the P.C. meeting on the 12th November. Application supported, no objections.

**Application No. DC/19/04659: Plot 4 Lambs Lane:** erection of 1 dwelling. The application was discussed at the P.C. meeting on the 12th November. Application supported, no objections.

**Application No. DC/19/04658: Plot 5:** erection of 1 dwelling. The application was discussed at the P.C. meeting on the 12th November. Application **not** supported. Objections: it does not comply with the Neighbourhood Plan.

**Application No. DC/19/05010: Glebe Stores, 52 The Glebe: Proposal Planning Application:** change of use from A1 shop to C3 dwelling.

This application was discussed at the P.C. meeting on the 12th November. Application **not** supported. Objections. The Councillors stated this shop is registered as a Community Value Asset (CVA) until April 2021, it should remain as an CVA until then.

### **Planning Permission granted for the following:**

**Application No. DC/19/04185: Little West Farm, Melford Road:** erection of 3 bay cart lodge with 2 open bays and one bay partitioned with garage doors.

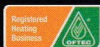
**Application No. DC/19/03754: Meanda, Shimpling Road:** erection of single storey side extension and changes to roof.

Dorothy Griggs

Parish Clerk - 01284 830813

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## **Update on District Councillors** for Chadacre Ward:

**Stephen Plumb.** email: Stephen.Plumb@babergh.gov.uk and

**Michael Holt.** email: Michael.Holt@babergh.gov.uk

Dcllr **Stephen Plumb** holds a Ward Surgery in **Glemsford** every 3rd Friday and everyone is welcome to attend with any queries or questions.

**Cllr. Plumb** is willing to hold a Surgery in **Lawshall** if there are enough people interested in this. If you would like this to start in Lawshall please contact the Parish Clerk. Dorothy Griggs 01284 830183

## **Tuesday Club**

For the second month running we welcome a new member to our club. Annie last month and Ann this month. We hope that you both will feel at home very quickly.

As I write this we look forward to our mystery afternoon out, so I can now reveal the plans because by the time this is printed and distributed it will be over.

We went to the Lavenham Vintage Blue Tea Rooms in Lavenham for a Christmas Tea and sing song. Steve joined us to lead the singing. We had the tea rooms to ourselves by kind permission of Amanda the proprietor. The tea rooms depict the 'occupation' of Lavenham by the American forces in WW2. I will put more details in the January edition.

Our Christmas meal is on Wednesday 4th December so there will not be any club on 3rd. We will be meeting at The Swan Inn ,Lawshall at 1230 for 1pm. So far 18 members have put their names down.

The club will have a break after our meeting in the village hall on the 17th and we will re-commence on Tuesday January 7th weather permitting. If you are able, come along and join us and break those dark, dreary winter days up in great company.

So do have a very happy Christmas and a wonderful New Year

John Payne

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## Bird Notes December 2019 by Cliff Cooper

First of all, I have an apology to make. In last month's notes I mentioned a bird we had seen at Cley; for some reason I typed this as a red necked diver when it should have been a red throated diver. To make matters worse, there is a bird called red necked grebe which is broadly similar to the diver and could possibly have been on the sea at that time. Sorry about that, even though I am just a little disappointed that nobody contacted me to point out the error- does this mean that nobody actually reads these notes?

Bird migration came up in conversation recently, along with the fact that we really know so little about how, and sometimes why, these migrations take place. Some birds, like fieldfares and redwings, make their long journeys at night and it is believed that they do so using the stars as guidance for the direction of flight. Also, there is a theory that the birds can sense the magnetic field of the Earth so they can navigate using magnetic north as a guide. Other birds, such as swallows and martins, make shorter daytime journeys- stopping off regularly to feed and rest. These journeys can take weeks as they commute between here and Africa. The parent martins leave us to start on this trek before their young. They are going back where they came from, but how on Earth do the young birds know where to go or even what route to take? Geese and swans adopt a different policy; they climb high into the atmosphere and undergo tremendous flights as they make their journey in one go.

We often hear about murmurations of starlings as they swirl together before diving down to ground to roost. Some days ago we witnessed rooks doing something very similar first thing in the morning near Rectory corner. There were hundreds of them, tightly packed together as they tumbled and twirled through the sky, only to rise up and do it all again. That must have just been for the fun of it!





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## LAWSHALL GARDEN CLUB December 2019

The weather has changed and winter has now set in. Shall we all sit indoors in front of a warm and welcoming hot fire? Tempting as it sounds; there are still some things to be getting on with in our gardens. December is the month for pruning, protecting and insulating. Now is the time for pruning ornamental and fruiting woody plants. Deciduous trees and shrubs can get your attention now as it is easier to see what you are doing. Remove any dead or diseased wood or crossing branches, trying to cut back to a joint wherever possible. It could be that your plant is simply taking up too much room now. Trim it back slowly being sure to step back occasionally to check that you are not over doing it. It is never wise to rush these things. Lighter pruning will give you a much more satisfactory result than heavy lopping. The heavier you prune, the stronger the re-growth will be which will defeat the object of achieving the shape you desire.

If you have access to a shredder, consider shredding the cut off sections for use on the compost pile. It is worth putting the shredding to one side for adding to grass cuttings next year. They will rot down better this way. Obviously any diseased sections should be discarded or burned where possible. New trees, shrubs or climbers can be planted this month too, provided the soil is not frozen or waterlogged. Fruit trees and bushes would benefit from a spray of winter wash to deter and prevent pest and disease problems that would affect your plants next year.

If you have pots that are not frost hardy, wrap them in bubble wrap or fleece to protect them from heavy frosts. It is a good idea to move some pots and plants into your greenhouse if you have one. Bay trees in pots would benefit from being moved into a greenhouse or a sheltered part of the garden. If like me, you love Salvias, you can protect these too. I have tried leaving my Salvia Amistad out over winter without success so this year I will dig some up and place in pots in my greenhouse. If they are still in flower, water them to keep the soil moist. Reduce watering once the flowers have gone and they should last the winter ready for replanting in the spring.

Other jobs to get your garden through the winter months include making sure your tools are cleaned and stored safely and clearing any leaves from lawns and from the tops of pots to prevent disease damaging grass and plants. Cover beds with good compost, manure, fleece etc., to ready them for whatever you wish to plant in the New Year.

Finally, enjoy your gardens as much now as in the summer. Let the birds enjoy them too by keeping feeders well stocked and not allowing ponds to freeze over completely. Our garden club meets at the Lawshall Village hall every other month and we are looking to add other events to our schedule for 2020 so watch this space for details. **We would love to see you at our club.** A very happy Christmas and great new year to all of you.

David Henderson Happy gardening.

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## Lawshall Community Woodlands

### A Forest for Our Children

This month's volunteer morning will be:

**Sunday 29<sup>th</sup> December, 9:30-12:30, Golden Wood, Bury Road**

We don't normally have a session in December but this year we're making an exception! We'll be doing some clearing around the big pond. Why not come along and work off all that Christmas dinner?!

Many thanks to all those who came to the Halloween Party on 31<sup>st</sup> October. It was a great night!! ??????????????

There were some seriously spooky outfits for the fancy dress competition. Congratulations to Cordelia and Nate (below left) who got 1st and 2nd prize. And there were some brilliant pumpkins too! Well done to Peggy and Arthur (below right) for their winning contribution!



To find out more visit our website: [www.forestforourchildren.onesuffolk.net](http://www.forestforourchildren.onesuffolk.net)

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Accepting children from the term after their 2nd Birthday.

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[www.lawshallpreschool.co.uk](http://www.lawshallpreschool.co.uk) | 01284 827588 | [lawshallpreschool@hotmail.co.uk](mailto:lawshallpreschool@hotmail.co.uk)

# Goodbye from The WI and Hello to Lawshall Ladies

As you recall from last month, I mentioned that the Lawshall WI would be closing its doors. We have struggled to attract new members and it was no longer viable to continue. However at our final meeting we were given a very interesting and entertaining talk by Brian Thurlow who spoke to us about the Burston School Strike which remains the longest strike in British history and was led in 1914 by the then 13 year old school girl Violet Potter, who was actually the Grandmother of our Treasurer!



Although the WI has now closed its doors, we have all made some marvellous friends, some of whom we may never have met and we really didn't want to just all go our separate ways. We really did struggle to get new members and in part, we think it may be because of some preconceived ideas of what the WI is all about – some deserved and some not. Most especially the idea that it was stuffy and 'not for me!' In our case, this really wasn't true, but I have to admit, it was an uphill

battle !

And so, we have decided to create a **far less formal** and more inclusive group called the **Lawshall Ladies** which will be affiliated to the Village Hall. We will continue our book club and stitch and bitch (at the pub of course!) and organise trips out. This new group is an unwritten page and we can create something that represents all of us and our village.

Would you like to be part of it ?

Do you have some ideas about what you would like to see?

Would you like to meet some new friends ?

Do you have any interests that you like to share?

We will be opening our doors to all for our inaugural meeting on **Wednesday, 8th January 2020, 7.30 at the Village Hall** where we will be planning our new group and start to discuss events etc.

**COME ALONG AND HELP TO SHAPE OUR GROUP  
(THAT 'OUR' INCLUDES YOU! ) .**

# **CHRISTMAS IN STANNINGFIELD**

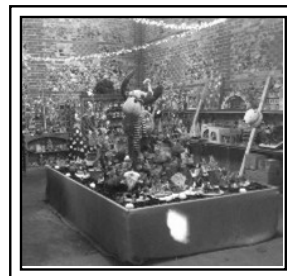


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- 🎄 Decorations
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- 🎄 Potatoes
- 🎄 Animals to see
- 🎄 And so much more!



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[rm.duchesne@farmline.com](mailto:rm.duchesne@farmline.com)



## Litter Pickers



It is the time of year again when I take the opportunity to wish my dwindling band of litter pickers, on behalf of the Lawshall Parish Council and villagers a very happy Christmas and New Year. I have lost a number of members because of illness to themselves or within the family but those left are still working through the village I myself have found a decrease in the amount of litter in the area I cover and I am mainly picking up drinks cans/bottles and cigarette packets.

I have had a number of complaints of litter in the area of the school and information of someone, not a member of my team, who picks up the litter when he is able to do so. Thank you to that person. I need volunteers for that area to do this on a regular basis.

I am able to supply black bags, a litter picker hand tool and a fluorescent jacket.

On a final note those litter pickers on our main through route have complained regarding the **excessive speed** of vehicles passing them. I do appreciate that many of these vehicles are driven by people outside our village, but please if you see a litter picker working, show some courtesy and slow down. Thank you.



John Payne 830466

## WI Book Club



The Book Club last met at Ingrid's house and had a fun evening with lovely munchies provided by Ingrid.

Two members were unable to attend. Of those who did attend, one had read the wrong book, another had not finished reading it but the three of us who had read and finished the correct book thoroughly enjoyed it.

We had read **Dead if you Don't** by Peter James.

Our next book to read is by Heather Morris – **The Tattooist of Auschwitz**. As yet we do not have a firm date to meet to discuss this book.

Our Book Club will continue under the Lawshall Ladies Club in the New Year.

We do actually spend some time discussing the book but of course we have to put the world to rights and talk about whatever takes our fancy that evening.

Rosemary

## **Lawshall Village Hall Draw Results**

### **October 2019**

First Prize £50:	11;	David & Alice Page
Second Prize £20:	52;	Jean Kirby
Third Prize £10:	107;	Graham Cooper
Fourth Prize £10:	77;	Janet Gazeley
Fifth Prize £10:	403;	Mrs N Whatley

### **November Draw**

First Prize £50:	174;	Alison Copping
Second Prize £20:	112;	Mr & Mrs Baines
Third Prize £10:	137;	Doreen Symondson
Fourth Prize £10:	77;	Janet Gazeley
Fifth Prize £10:	168;	Vera Hammond

**Don't forget there is an extra £100 prize in December.**

If **you** would like to support your Village Hall lottery  
please contact John Chappell on 01284 830530  
or download the application form from the village hall web-  
site at

**<http://lawshallvillagehall.co.uk/lottery-2/>**

You can also use this form to set up a regular donation  
to support your village hall.

Or set up donations via your online bank account.

The Village Hall Account details are on  
the standing order form.





Lawshall Pre-School

It's nearly Christmas and we are getting very excited!

At this time of year we enjoy making lots of Christmas crafts, and we will be very glittery for the whole of December (as will the Pre-School floor!)

Our grown-ups will teach us all about the very first Christmas and we will be creating cards and presents for the special people in our lives (don't tell them - it's a surprise!)

We always love to sing and we will be sharing the Christmas songs we have learnt in a Christmas sing-a-long and we are hoping there will be an appearance by a very special guest.

We still have spaces available for some of our sessions in January.

If you would like any further information, or to arrange a visit, please feel free to contact us on 01284 827588 or e-mail us on [lawshallpre-school@hotmail.co.uk](mailto:lawshallpre-school@hotmail.co.uk)

### All Saints Church

With Christmas fast approaching All Saints has several things going on. We hope that you will come and join us and get into the festive spirit.

The **Benefice Christmas Tree Festival** weekend of December 8th and 9th

Monday evening 16th December 7.30pm **Carol Singing at The Swan**

Tuesday 24th December 4.00pm for 4.30pm **Crib Service.**

**Christmas Day Services** are at Nowton at 9.30am  
and at Bradfield Combust at 11.00am



**Firewood Logs:** £7.50 per bag or truckload of 1.25cubic metres £85

Larger loads available. Out of season and unseasoned firewood at a discount. Call for details. Free delivery within 5 miles of Lawshall

**Digger Hire:** Driveways, paths and flowerbeds.

Ponds dug or cleared. Grass cutting. Paddock maintenance.

Groundwork & footings. **Ray Debenham, Coopers Farm, Lawshall. Tel 07908 656098**

**01284 830262 raydebenham@hotmail.com**

## 10 Reasons to Nordic Walk through the Winter

At Nordic Walking East Anglia we feel that the winter is an even more important time of the year to grab your poles and get out walking, and here's why:

- 1) The amount of **daylight** we are exposed to has a direct effect on our circadian rhythm, which in turn affects our sleep. All our Nordic Walking classes are in the morning, which helps set our body clocks. It's even more crucial to get morning light in the winter, and get as much daylight as possible, when the days are short and the sun low.
- 2) Keeping your **fitness** up through the winter months is harder, but committing to weekly Nordic Walking classes is the perfect excuse to exercise outside whatever the weather. Regular exercise helps boost the immune system, warding off the dreaded winter colds and viruses.
- 3) It's a great way to catch up with **friends** and meet new ones. Talking is positively encouraged so people don't even notice how much effort they're exerting. For many, the winter months are less sociable, so it's even more important for our mental health to get out Nordic Walking with others. Coffee and cake afterwards enhances the sense of community that classes create.
- 4) **Movement** is the best way to keep warm during the cold weather by increasing the heart rate and boosting the circulation. Nordic Walking uses 90% of our muscles, so it's an all over body workout.
- 5) A recent study revealed that over the age of 45 slower walkers showed accelerated signs of ageing. The Nordic Walking poles help to propel you faster and for longer. We help people improve their **pace**, by learning to walk with active feet and use their glutes effectively. Why would you want to walk slowly when it's cold?
- 6) Walking in the winter is all about having the **right clothes**, comfortable warm layers, sensible walking shoes and a waterproof coat if necessary. As they say, there's no such thing as bad weather only unsuitable clothing.
- 7) For those with arthritis the incentive to keep moving in winter can be hard, lack of activity can cause joints to become stiff. Exercise **eases the pain**, increasing strength and flexibility, and boosting our energy. Nordic walking is the perfect way to distract us from any pains and niggles whilst exercising, giving our walking a purpose. It also helps take the pressure off your knees, hips and ankles by spreading the load over four legs.
- 8) Exercising in the cold **burns more calories** than exercising in warmer temperatures, making it easier to lose weight.
- 9) For us as instructors, one of the great joys of working outdoors all year round is we get to fully **appreciate the changing of the seasons**. You only have to look at our Facebook page to see the wonderful plethora of plants, trees and big skies. There's nothing more energizing than a frosty morning.
- 10) In our fast paced modern world of technology, Nordic Walking is the **perfect escape**. It's a fantastic way of de-stressing especially if you push hard through your poles and imagine you are throwing away your tension as you push behind.



The Defibrillator machine is located at the Willows Residential Home, on Bury Road IP29 4PJ, telephone Number 01284 830665.

It is located on the outside of the front entrance for easy access.

Access can be gained 24hrs, 7days a week. Access code: C1650



The other Defibrillator in Lawshall is located at The Swan Public House.

Are you confident in how to use an automated defibrillator?

Do you know that the ambulance service offer support to guide you through the process.

Is it time to refresh your basic life support / First Aid skills?



If you would like to learn to Nordic Walk then join one of our next Beginners' courses in 2020:



**8<sup>th</sup>/9<sup>th</sup> January    Nowton Park, Bury St Edmunds**

**10<sup>th</sup>/17<sup>th</sup> January    Clare Country Park**

**11<sup>th</sup>/12<sup>th</sup> January    Milton Park, Cambridge**

**18<sup>th</sup>/19<sup>th</sup> January    Nowton Park, Bury St Edmunds**

For more details or to book please contact us on:

**[info@nordicwalkingeastanglia.co.uk](mailto:info@nordicwalkingeastanglia.co.uk)**

Mary on 07931 580648 or Katharine on 07789 872435

**[nordicwalkingeastanglia.co.uk](http://nordicwalkingeastanglia.co.uk)**

***From 'The Archives' ~ December 2019***  
***Family Life in Lawshall***  
***Recollections of Maureen Downes nee Lysaght***

In the 1930s, at the time of the Depression, my parents, Gladys and Roland Lysaght moved from Rochester in Kent to Suffolk. My mother had recently had a miscarriage, my father was out of work and my grandfather lent them the money to purchase the Village shop at Lawshall which also had about an acre of land. (This was the shop opposite the School) It was thought that with the shop and the land for cultivation they should have enough to live on. They enjoyed life in the village. My father sang in the church choir and my mother gave singing lessons and played the piano in the Village Hall. I was conceived shortly after their arrival in Lawshall and was born at 28 weeks at our house in The Street. I was told that the village nurse kept me alive on goat's milk.

My first memories are of Sid the milkman, our chickens, the Village Hall and our three-seater toilets at the bottom of the garden. The toilet shed had three buckets under a shelf with three different sized holes. The smallest one was for me.

The contents of the buckets were emptied onto the vegetable garden and I remember rhubarb, parsnips and even potatoes growing there. Further up the garden were gooseberry bushes and there was a cherry tree and a plum tree in the chicken run. Apparently, the plum tree produced diarrhoea in the chickens, but I found the chicken food quite tasty.

I enjoyed playing with the other local children, but my mother was not too happy when she found them bathing me in cold water during a game of mummies and daddies. I couldn't run as fast as the others and on one occasion was stung by a host of furious wasps whose nest had been stirred by the older children. My mother said I had 113 stings although I don't remember the pain, only crying loudly, and my mother soothing the red marks with a lotion. As children, we were uninhibited and wandered everywhere throughout the village as neighbours would always report back to my mother on my whereabouts. We went to the fields with the harvesters as they cut the corn and left a small square area of the harvest uncut in the middle into which all the rabbits of the field hid. There was no escape for the rabbits. The men stood outside the small square and shot the rabbits as the last of the harvest was cut and the rabbits chose to make their escape. I remember dragging home a large rabbit over the field and along The Street and a man coming later to collect sixpence from my mother for the rabbit. Our dog also brought home food though usually this was thieved from a neighbour's kitchen.

In our attic were trays of eggs which hatched into tiny chicks and at the bottom of the garden we kept rabbits which my mother disembowelled and skinned. The chickens too had to be plucked after their necks had been wrung and I remember once being chased round the garden by a cockerel with its head half cut off.

My mother ran the shop whilst my father obtained employment in Bury St Edmunds and also ran the local taxi service.

I went to church at an early age as I liked singing, though on one occasion my mother was asked to keep me at home as the whoops from my whooping cough kept interrupting the Rector's service. I also remember attending a wedding for, I think, the Marquis of Milford Haven. For such occasions we had been tutored at school in etiquette and the boys were told to touch their forelocks or doff their caps whilst the girls had to curtsy.

I went to school at three which was the earliest age a child could be accepted. There were three classrooms at the school. One for the 3 to 8 year olds, another for the 9 to 12 year olds and the end room housed the older children. It was in this room that we assembled as a school. The 3 to 8 year old classroom was large with a boiler to one side surrounded by railings next to which our one third of a pint bottles of milk were put each day. We drank these at playtime and then raced outside to play. I had a few scrapes at school; my head was accidentally cut by a boy with a penknife and my knee was scarred when I fell on the gravelly surface fighting over a bicycle tyre, but I enjoyed my time at the local school.

My father would take me to the cinema in Bury St Edmunds and I remember seeing a film about a lady boxer and thought I would like to do that when I grew up. Other outings with my father were long walks in the countryside. Once he took me to the Red Barn where a young lady had been murdered and her story is told in the museum in Bury St Edmunds where a book made of the skin of her murderous lover is displayed.

*To be continued next month* – Related photos on page 31

*With many thanks to Leanne Hornby for editing Maureen's writing. Please let me know if, like me, you have memories or photos of Lawshall school and village in the past.*

**Elizabeth Clarke – Lawshall Archives Group – [elizlawshall@btinternet.com](mailto:elizlawshall@btinternet.com)**

## Village Hall Booking: Christmas and New Year Parties?



**NEW: Wifi now available**

### Very Good Value Hiring Charges:

£14per hour for Lawshall Residents:

£17 per hour for non residents (2018 prices)



- \*All day hire and small meeting rooms by arrangement
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- \*Jubilee Room 8m by 4m with hatch to kitchen
- \*Outside Lawn suitable for large marquee;
- \*Good sized parking area.
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*Please contact booking secretary:*

**Sharon Marshall** on 01284 830182 email: [shazy68@hotmail.co.uk](mailto:shazy68@hotmail.co.uk)



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Or contact via Facebook Page

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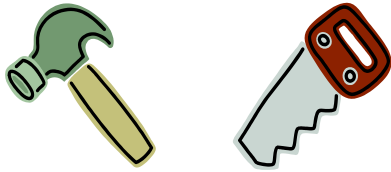


The Village Shop opposite the School in the 1930's. The advertising is strongly promoting Tobacco, Lyons Cakes, Postage Stamps and OXO cubes!





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# Catholic Church of Our Lady Immaculate & St Joseph

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**E-mail:** [st.edmunds@btinternet.com](mailto:st.edmunds@btinternet.com)

### **Address for Correspondence:**

The Catholic Presbytery,  
St. Edmund King & Martyr,  
21 Westgate Street,  
BURY ST EDMUNDS. IP33 1QG

### **Clergy:**

Canon Mark Hackeson - Parish Priest  
Fr. Jay Magpuyo - Assistant Priest  
Rev. Alan McMahaon - Deacon

### **MASS SCHEDULE AT LAWSHALL**

**Christmas Eve 7pm Carols at 7pm Mass at 7.30**

**Christmas Morning 10.30**

Sunday 10.30am

Wednesday 2.00pm

Holy Days 7.00pm (Vigil Mass)

## **Citizens Advice Sudbury & District Top Tips for Safe and Savvy Consumers on Black Friday or for Any Seasonal Shopping.**

In the last year, Citizens Advice consumer service has dealt with almost half a million consumer-related issues like faulty washing machines, undelivered parcels and fake designer goods. Over 50,000 of these were during November 2018, by far the busiest month for the consumer service.

Black Friday (29 Nov) and Cyber Monday (2<sup>nd</sup> Dec) mark the busiest shopping weekend of the year. With the sales just around the corner, Citizens Advice Sudbury & District is guiding consumers on how to buy and budget smart. Even though the prices are reduced, your consumer rights are fully protected.

### **If you change your mind about a purchase:**

Unless you made your purchase online, shops aren't legally required to accept returns for unwanted goods. Despite this, the shop may choose to have its own returns policy. If it does, they must honour it, so it's worth checking your receipt.

If you buy online however, unless it's bespoke or made to measure, by law you will get an automatic 14-day cooling off period. This starts the day after you receive your order, and there doesn't need to be anything wrong with the item for you to get a refund.

### **If you're worried your purchase is faulty:**

If something's gone wrong with an item you've bought, you may be entitled to a refund. You'll have legal rights if you unwittingly bought an item that is broken or damaged, unusable, not what was advertised or doesn't match the seller's description.

You'll have to move quickly, as you only have 30 days to return something that's faulty with the guarantee of getting your money back. Your rights don't end after 30 days, though after this period the retailer doesn't necessarily have to refund you, instead they have the option of repairing or replacing the faulty product.

### **If you're worried about scams :**

Be careful not to end up with a counterfeit item. Secure websites should start "https" and have a padlock symbol in the taskbar. Be wary of spelling or grammar mistakes, and companies that don't provide an address.

Also seek out reviews of the seller from other buyers as these can help you decide whether or not you trust the seller. If there is a lot of negative feedback from other people, it's a sign that something's not right.

If you're worried that something you've seen online might be a scam, you can get advice with a Citizens Advice Scams Action adviser by calling 0300 330 3003. Alternatively, you can visit Citizens Advice Sudbury & District at

**Keyse House, Acton Lane, Sudbury, Suffolk CO10 1QN.**

### **If there's a problem with your Black Friday delivery :**

If you bought something to be delivered, it's the seller's responsibility to make sure the item is delivered to you.

If the seller used a delivery company, they should chase the company to find out what's happened to your order - it's not your responsibility.

Check the delivery address you gave the seller. Then contact them and ask where your order is.

### **Tips to stay within your budget:**

As well as making sure you're clued up on your consumer rights, don't get roped into buying something you can't afford. Citizens Advice offers the following tips to make sure you're staying within your budget:

- Spend time shopping around, researching what deals are on offer and getting advice.

- Always look at the total amount you will have to repay when borrowing money. A shorter repayment period may be better than a slightly lower Annual Percentage Rate (APR) amount.

- Take care when looking at buy-now-pay-later deals. It might seem like a good option but you'll need to make sure you pay on time in future. If you don't these deals can be very expensive.

- Never borrow money on the spur of the moment. Think about payment options beforehand. Work out your budget and stick to it so that you can afford the repayments.

### **Colleen Sweeney, Chief Officer at Citizens Advice Sudbury & District says:**

"At this time of year many people may feel the pressure to part with their money.

"It is important that anyone thinking about turning to credit or taking out a loan to help pay for purchases understands the full costs involved and if they can actually afford to pay it back.

"If you are struggling with your finances, it is important to do something about it as soon as possible. You can get free debt and money advice from Citizens Advice to find a way forward and avoid spiralling debts."

**We give people the knowledge and confidence they need to find their way forward - whoever they are, and whatever their problem.**



# *Willows*

## *Residential Care Home*



The Willows is a friendly residential care home for elderly ladies and gentlemen and is part of the Extra friend group of care homes.

We are situated in the village of Lawshall which is about 6 miles south of Bury-St-Edmunds, Suffolk. Set in 2 acres of tranquil landscaped gardens and surrounded by countryside, The Willows (Originally a farmhouse) has been sympathetically and tastefully extended and refurbished and is now home to 25 residents.

Care Manager, Mrs Margaret Holt says that: "All clients are treated as individuals with dignity and respect and where client comfort and safety comes first".

If you would like further information on admission arrangements and fees, please contact our Care Home Manager on 01284-830665 who will be pleased to answer any questions and arrange a tour of our Home.

*You are welcome to visit Willows Residential Home to visit at your convenience.*

**Willows Residential Home**  
**Corders Farm, Bury Road, Lawshall, Suffolk IP29 4PJ**

**Telephone: 01284 830665**

**Fax: 01284 830892**

**Web: [www.extrafriend.co.uk](http://www.extrafriend.co.uk)**

**Email: [margaretholtuk@yahoo.co.uk](mailto:margaretholtuk@yahoo.co.uk)**

## **Lawshall Weather Summary – October 2019**

Finally the weather has turned properly seasonal with rainfall figures higher than 2014 when we had 126 mm. Temperatures too, are generally lower than when I started to keep records in 2012. Detailed figures are shown below:-

**Total Rainfall:** 100mm in 16 days    2018 was 45mm in 7 days

Stowmarket 10-year average is 65mm in 10 days

**Daytime average temperature:**      14.2      2018 was 15.9

Stowmarket 10-year average is 14.2

**Highest temperature:**                      18.6      2018 was 24.7

**Night-time average temperature:**      7.9      2018 was 8.1

Stowmarket 10-year average is 7.5

**Lowest temperature:**                      3.4      2018 was 2.2

*All temperature figures are shown in °c*

Last year the first ground frost of the winter was on the 28<sup>th</sup> October. So far this year we have been clear although very close to one. Will it be a frosty “General Election?”

*Malcolm Edgar*

## Richard Kemp

Councillor  
01787 378149

*Sponsors:* **Adam Kemp** BA Hons  
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# USEFUL VILLAGE CONTACTS & INFORMATION

## Village Hall Management Committee

**Chairman:** rotation through committee

**Secretary:** Rosemary Riches.

**Treasurer:** Karen Wilcox 830725 karenjwilcox265@gmail.com

**Caretaker & Booking Secretary:** Sharon Marshall 830182 shazy68@hotmail.co.uk

**Committee Members:** Ian Carrington 830497, Ian Copping 830430,  
John Chappell 830530, Julian Delefortrie 830544, Jenna Kitchen 830022

## Lawshall Parish Council [www.lawshall.suffolk.gov.uk/](http://www.lawshall.suffolk.gov.uk/)

**Chairman:** Andrew Irish 827500 **Vice-Chairman:** Trevor Elmer 830870

**Clerk:** Dorothy Griggs 830813 **Councillors:** Ray Debenham 07908 656098  
David Griggs 830813 David Page 830968

Laura Williams 828477 Karen Whordley 830316

**District Cllrs :** Stephen Plumb. email: Stephen.Plumb@babergh.gov.uk and Michael Holt. email: Michael.Holt@babergh.gov.uk **County Cllr :Richard Kemp 01787 378149**

## Neighbourhood Watch Co-ordinator Mrs Pamela Pope 830716

**Contacts:** Ros Debenham 830640 Dorothy Griggs 830813

## Village Clubs and Organisations—held in the Village Hall

Lawshall & District Carpet Bowls: every Mon 2-4pm ; info 830693

Tuesday Club: 2-4pm every week, info John Payne 830466

Women's Institute: 2nd Weds of month, 7.30pm, info [www.thewi.org.uk/Lawshall](http://www.thewi.org.uk/Lawshall)

Table Tennis Friday evening monthly Contact Julian on 830544

**Not in VH:** Coldham Hall FC / Cricket - Contact Chris Toole; loftytoole@yahoo.co.uk or Ben Atkinson on 07921 837296 [www.hartestandcoldhamcc.blogspot.co.uk](http://www.hartestandcoldhamcc.blogspot.co.uk)

## Lawshall Postal Collections

Coldham, Mon-Fri 4pm, Sat 7.30am. The Glebe, Mon - Fri 4.30pm, Sat 11.30am.

Lambs Lane/Rectory Corner, Mon - Fri 9am; Sat 7am

Donkey Lane, Mon-Fri 4pm, Sat 11am. School/The Street, Mon-Fri 4.30pm; Sat 11.30am.

Lawshall Green, Mon - Fri 4pm; Sat 12 midday. NO Sunday collections.

## Suffolk Norse Bus Time Table 375 Route ~ Lawshall to Bury: to 1st Nov 2019 only.

School Bus to King Edward still running

## Felix Sudbury Bus Timetable (Thursday only)

Leaving The Street at 9.40am & return trip leaving Sudbury bus station at 12.45pm.

**Library Van** Email: [help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk) Tel 01473 351249

**Route 7:** 4 weekly: 21 Nov, 19 Dec : Stopping at Free Church 9.50am ~ 10.20am,  
Swanfields 10.25am ~ 10.40am & Village Hall car park 10.45am ~ 11.25am.

**Route 10:** Melons Green, Tuesdays 12.50-1.05 26 Nov. Dec—no visit.

## Refuse Collection

Early every Friday morning alternating weekly with blue bin & black bin  
(Saturday morning collection in week following a bank holiday).

## HANDY LOCAL NUMBERS

All Saints' Primary School 828223 \* Pre-School 827588  
All Saints' Church Revd Jeremy Parsons 846166  
Catholic Church 01284 754358 \* Free Church, Paul Mitchell 828694  
Village Hall Lottery Co-ordinator: John Chappell 830530  
Local History Recorder, Lawshall Archives Group: Elizabeth Clarke 827275  
Willows Residential Care Home 830665  
Green Light Trust Office 830829 \*  
Forest For Our Children - Debbie Thomas 827470

The Swan P H 828477  
Newspaper delivery - Sicklesmere Stores Ltd 01284 386303

Excelan Chauffeur Services 01284 789503 / 07816 663 542  
A1 Cars 24 hr Taxi 01284 766777  
Greenline Travel 07754 298690  
Traveline 0871 200 22 33

Anglian Water emergencies / enquiries 0845 7145145  
UK Power Networks Emergency number: 105  
EDF Electricity emergencies 0800 7838838  
Babergh District Council Helpline 0300 123 4000  
Suffolk County Council 0345 606 6067

**Police:** Bury Police Station 774100  
Crime Stoppers 0800 555111  
Police HQ main switchboard (non-emergency) 01473 613500  
contact baberghwest.snt@suffolk.pnn.police.uk Tel 101 or 999 for emergency  
Suffolk Fire Service 01473 260588 e-mail : fire.admin@suffolk.gov.uk

Citizens Advice Bureau 01284 753675  
Samaritans 116123 (Freephone)  
Bury Train Station Customer Service 0845 600 7245  
BBC Radio Suffolk 0800 1412121  
Tourist Information 01284 764667  
Bury Leisure Centre 01284 753496  
Bury Library 01284 732255

**Local Doctors:** Glemsford Practice 01787 280484  
Long Melford Practice 01787 378226  
Mount Farm Surgery, Moreton Hall, Bury 01284 769643  
NHS Direct 111 for urgent (non-emergency ) medical help  
West Suffolk Hospital switchboard 713000, A & E 713333  
St Nicholas' Hospice 766133. Patients' Line 725700

**Local Vets:** Swayne & Partners (BSE) 701444, (Melford) 01787 370773  
Eastgate Vet Group (BSE) 753961  
Moreton Hall (BSE) Vets 747000