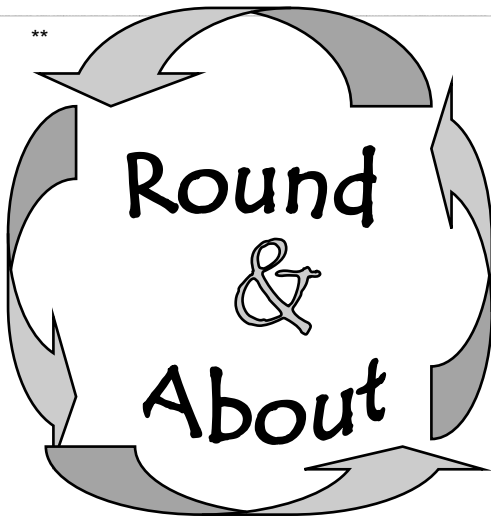


**



LAWSHALL



See page 7

October 2019

www.lawshallvillagehall.co.uk

This magazine is published by

Lawshall Village Hall Management Committee.

We reserve the right to edit, shorten or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by advertisers.

**Copy deadline for November 2019 magazine
6pm Saturday 19th October - earlier welcome!**

**Copy should be emailed to the editor, Jenna Kitchen at
jennalight51@btinternet.com Telephone 01284 830022**

or delivered to Country Lodge, Lambs Lane, Lawshall

(first house on the left, across the crossroads when going from direction of village hall)

To place an **advertisement** in this magazine
please contact **Leanne Hornby** at **leanneandpeter2@gmail.com**
Telephone 01284 830895 or at Hills Farm, Bury Road

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Check out our **website** at **<http://www.lawshallvillagehall.co.uk>**

To discuss anything about the website

please contact Jenna Kitchen on 01284 830022

The proceeds from this magazine will go towards the refurbishment and improvement of Lawshall Village Hall, registered charity number 304911

VILLAGE HALL HIRE CHARGES

Lawshall residents... £14 per hour Other users..... £17 per hour

Charges for Groups regularly using the hall are:

Weekly users.. £11 per hour

Monthly users.. £14 /hour (+ 10% reduction if paid 3 months in advance)

Bi-monthly users. £14 /hr (+5% reduction if paid 3 months in advance)

There are set fees for children's parties available upon request.

Editorial: Well! There's a lot happening this Autumn in our Village, so much that I've had to expand to 40 pages to fit it all in. There's a Coffee morning in the village hall on Saturday 5th October which we hope might be the first of more, it's to raise funds for the Macmillan Cancer Charity, so please support it. We hope that the bowls club, Tuesday Club, Table Tennis group and maybe others will be on hand to explain their activities and maybe invite you to join in.

There are quizzes coming up, Halloween Pumpkins, Christmas Menus and much more. I hope you find something of interest in this edition, maybe something that will lure you out to join in.

The **Lawshall Trust** gives grants for a variety of people and organisations—further information and an application form can be found on page 28 and 29.

A big thank you to Leanne Hornby who has taken on managing the financial side of running the adverts for the magazine without them we would not be able to publish.

The second instalment of the **From the Archives** piece about the Lawshall murder is on page 35. Many thanks to all our contributors. Jenna, Editor

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Pumpkin carving competition,
entry forms at The Swan
to raise money for the school.
award for 1st, 2nd and 3rd places
on the 31st October.

Christmas Quiz 22nd December

We hope to see you all again soon.
Laura and Lawrence

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What's On in Lawshall in October 2019

Carpet Bowls on **Mondays 2-4pm** in Village Hall—give it a try,

Tuesday Club 2-4 pm in Village Hall most Tuesdays—see page 13

Table Tennis Dates : Fridays 6.30-7.30 October 25th , November 29th,
December 20th

Karate Club: Thursdays 6-7.30pm Sept 19th, 26th ; Oct 3rd, 10th, 17th, 31st
Nov 7th, 14th, 21st, 28th ; Dec 5th, 12th, 19th

Saturday 5th **Charity Coffee Morning Macmillan—Lawshall VH** p23

Saturday 12th **Macmillan Coffee Morning** - Hawstead VH p11

Tuesday 8th **Parish Council Meeting** 7.30pm Village Hall

Wednesday 9th **Women's Institute:** Ghost Walk see p21

Friday 25th **Artists Meeting**—see page 22

Friday 25th **Cockfield Community Cinema — Rocketman** : p4

Sunday 27th **Community Woodlands** : a morning of maintaining
the wood 09.30-12.30 with tea break at about 11; see p19

Thursday 31st **FOC Halloween Party** at The Foundry—P24

AND Pumpkin Carving Competition at the Swan

Future Events:

Quiz Night : 16th November Village Hall — see p6

Garden Club : November 20th

Christmas Quiz: Village Hall December 15th

.....Defibrillator information on page 6...> >

The Long Melford Practice Tel 01787 378226 New website :
<http://www.mysurgerywebsite.co.uk/ppg.aspx?p=D83014>

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Thursday 3rd October

Wednesday 9th October

Thursday 10th October

Tuesday 15th October

Friday 18th October

Wednesday 23rd October

Tuesday 29th October

Wednesday 30th October

Lavenham Opening Hours:

Weekdays: 8.30 a.m. – 1.00 p.m.
2.00 p.m.—6.30 p.m.

Address: 36 Church Street,
Lavenham, Sudbury CO10 9SA

Flu Immunisation

Lavenham dates:

Tuesday 1st October

Tuesday 8th October

Tuesday 22nd October

Tuesday 29th October



The Defibrillator machine is located at the Willows Residential Home, on Bury Road IP29 4PJ, telephone Number 01284 830665.

It is located on the outside of the front entrance for easy access.

Access can be gained 24hrs, 7days a week. Access code: C1650



The other Defibrillator in Lawshall is located at The Swan Public House.

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You can view or download a copy of R&A from the website.

Christmas celebrations at the village hall

Maybe it's a little early to start talking about Christmas, but if we are to enjoy the lovely lights on the village hall Christmas tree this year we must make plans.

Last year Karen wanted to have a tree removed from her garden and thanks to Ian this became the village hall Christmas tree—magnificent it was resplendent with lights.

This year we are wondering if anyone has a large

Christmas tree they would like to donate or have cut down?

Or would you like to donate towards the cost of our purchasing a tree for display for the village.

Suitable additional decorations would also be welcome

Please contact a member of the committee to discuss
(numbers inside back cover)

We are planning to have carols around the tree on
7th December with hot refreshments afterwards....and singing from
the Preston Pop up Choir

We will be meeting to make further plans on **30th November** so
please contact us soon if you can help.

Jenna, Editor R&A, for VHMC

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Dog Fouling: It has been reported that this is occurring in various parts of the village. **Please will you clear up after your dogs.** A new dog bin has recently been erected on Harrow field (near village hall) so there are now **10 dog bins** for you to use. **And 5 litter bins** for your rubbish. It is a punishable offence with a possible fine of up to £1000, if you do not clear up after your dog.

Bench at Harrow Green: The Councillors discussed the various types of benches and it was decided to order a traditional type bench. The plaque that was on the old bench will be placed on the new bench.

Cllr. Richard Kemp's Locality Budget: The Councillors would like to thank Cllr. Richard Kemp for his kind donation of £600 towards the cost of repairing the bus shelter at Brands and thanks also to S.C.C.

Crime report: July 2019:

On or near Bury Road: includes offences against the person such as common assault, grievous bodily harm and sexual offences. Under investigation.

On or near Whepstead Road: includes theft by an employee, blackmail and making off without payment. Under investigation.

On or near The Street: 2 crimes:

1. includes forgery, perjury and other miscellaneous crimes. Under investigation.
2. includes offences against the person such as common assault, grievous bodily harm and sexual offences. Under investigation.

Dorothy Griggs - Parish Clerk 01284 830813.

Dear Round & About

As a new resident to the village I would like to congratulate you on your lovely, informative, monthly magazine. We have lived in various villages throughout Suffolk and this is by far the most organised and useful magazine we have come across.

We have used several of the tradesman who advertise in the magazine and have been very impressed with their workmanship. Thank you for pointing us in the right direction and for your hard work putting the magazine together.

Sue & Paul Ricketts

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PLANNING APPLICATIONS:

PLANNING APPLICATIONS:

DC/19/003754: Meanda, Shimpling Road: erection of single storey extension and changes to roof. Application supported. No objections.

DC/19/4185: Little West Farm, Melford Road: erection of 3 bay cart lodge with 2 open bays with one bay partitioned with garage doors. Application supported. No objections.

PRIOR APPROVAL: DC/19/00362: Barn south of Appleberry House, Folly Lane: Agricultural to dwelling: (Details as in August magazine). Prior approval granted with conditions.

PRIOR APPROVAL: DC/19/003365: Telecommunications Bury Road Street Works: (Details as in August magazine). PRIOR APPROVAL IS NOT REQUIRED.

DISCHARGE OF CONDITIONS: The Ryes, Harrow Green: Discharge of conditions for App. No. DC/19/01813 - Condition 3 (Boundary Treatment) Condition 5 (Pond details.)

APPEAL DECISION: App/D3505/W19/3224220: (Ref. DC/18.02099) Land west of Bury Road: **APPEAL DISMISSED.**

Dorothy Griggs - Parish Clerk 01284 830813.

AN INVITATION TO MACMILLAN BIGGEST COFFEE MORNING

Many of us know someone who has or has had cancer. Please come and enjoy a cup of coffee or tea, cake and a chat to help us raise money for Macmillan Cancer Support on Saturday 12th October 2019 10.30 am. – 12.30 pm In Hawstead Village Hall .

We would be very grateful to receive donations of cakes, preserves, and any unwanted items that you may have.

For further information or collection of items please contact Joyce Dainty on 01284 386314.
We would love to see you there.



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Update on District Councillors for Chadacre Ward:

Stephen Plumb. email: Stephen.Plumb@babergh.gov.uk and

Michael Holt. email: Michael.Holt@babergh.gov.uk

DcIlr **Stephen Plumb** holds a Ward Surgery in **Glemsford** every 3rd Friday and everyone is welcome to attend with any queries or questions.

Cllr. Plumb is willing to hold a Surgery in **Lawshall** if there are enough people interested in this. If you would like this to start in Lawshall please contact the Parish Clerk. Dorothy Griggs 01284 830183

Tuesday Club

We are now moving into our winter programme. On **Oct 8th** we will be joined by Steve Beedle for his last 'gig' with us before retiring.

On 29th we will be joining with Newton Green Fireside Club for the afternoon. Steve is one of the guests so we should be in for a good time.

Looking forward to November, we are having a new venture on the last Tuesday which will remain a mystery until the day. I can promise you all a really great afternoon

John Payne

Lawshall Neighbourhood watch

As discussed at our last parish meeting I have created a group on Facebook called "Lawshall neighbourhood watch group". I have added Karen Whordley as admin as well and over the next week we will work together in getting it up and running. As stated during the parish council the group is being created to be able to immediately warn residents of crime which occurs in the area and also using it as a place to gather information to help safe guard residents of Lawshall.

Laura Williams, Parish Councillor

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Bird Notes October 2019 by Cliff Cooper

At the beginning of September we were on holiday in a remote cottage in North Yorkshire. I was standing in the garden of the cottage, just admiring the many swallows and house martins hunting up and down the meadow alongside the river and wishing they were this plentiful back home, when, quite out of nowhere, they were joined spectacularly by a party of about two hundred sand martins. The sand martins flew up the river a little way then turned back towards me and flew over my head flying southwards. They were gone as quickly as they arrived, and I had never seen so many sand martins away from their nest sites; clearly they were on their autumn migration.

As I stood pondering about what had just happened I realised that all had gone quiet and the swallows and house martins were nowhere to be seen. After a few seconds all became clear as a pair of hobbies cruised into view. They must have been following the sand martin party, looking to catch an easy meal. They too disappeared behind me and gradually everything returned to normal on the meadows. Quite an exciting few minutes!

Back home now, and we still have a few house martins hanging on while the weather holds fine. One or two have even had a look at our house, flying up to the roofline and investigating possible nest sites for next year! At least, I believe that is what they are doing, but as yet they have shown no interest whatever in our artificial nests. We will have to wait for next spring to find out what happens.

Local news: two ospreys visited Lackford lakes, one only stayed a few hours, but the other stayed for nearly a week. Of course that was the week we were away on holiday!



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LAWSHALL GARDEN CLUB: October

October is the month for lawn care and important preparations for the winter months ahead. If you have a lawn like mine which is large, uneven, very mossy in places and full of thatch, then you will know exactly the hard work that this month brings. I accept that I will never have a pristine lawn purely because of its' current make up but I will put in all the work required to keep it as green and lush as possible. I have invested in a large lawnraker/aerator which will be put to good use. I will fork the worst affected areas too and apply top dressings where I can. A good autumn lawn feed is essential and some areas may well need re-seeding as well. It will all be worth it in the end. September/October are the ideal months for re-seeding or laying turf. Obviously laying turf is quicker than seeding and brings an instant effect but is far cheaper and just as good in the long run. I have certain areas that I will be trying both methods this year. What both have in common is the need to be kept watered. Normally the rain during these months will suffice but who knows what our weather will bring us in these changing times.

Something that can damage lawns and that links in nicely with the winter preparation is leaves. Left lying on the grass will damage the grass so there is a need to sweep it all up. Ideally, you will collect it and make a pile for the creation of leaf mould. A simple container made of chicken wire will hold the leaves while they rot down over the months to make beautiful mulch and feed for your beds. Any leaves lying on borders can be left as they will rot down into the soil and provide cover for the small creatures to shelter under during cold winter days and nights.

Other jobs for this month include planting some bulbs including lilies and tulips although personally, I tend to wait until November to plant my tulips. Dahlias and Gladioli can be lifted and stored in October but again, I have found that with a good few inches of mulch, my Dahlias will survive the winter without being lifted. Bare areas of soil need to be dug over and perhaps a good layer of compost laid on top to be drawn in by the worms over the winter. Homemade compost is the best if you have it.

The last apples and pears should be picked this month along with your potatoes and carrots before any sharp frosts damage them. The fruit can be stored wrapped in newspaper in a cool dark place making sure they do not touch each other. That way they will last a good number of weeks if not months. Potatoes are best stored in hessian sacks. Consider lifting and dividing your rhubarb this month too for fresher, stronger growth in the spring.

Finally, enjoy the colours of autumn in your garden and locally in Golden Wood and Frithy Wood. They are at their glorious best this time of year. The next Garden club meeting will be on the **20th November** at Lawshall Village Hall. I do hope that many of you will come along and give us a try. We will have a guest speaker and plenty of gardening advice on offer as well as tea, coffee and biscuits.

Happy gardening and see you all soon

Dave Henderson

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Lawshall Community Woodlands

A Forest for Our Children

This month's volunteer morning will be:

Sunday 27th October, 9:30-12:30, Golden Wood, Bury Road

THE GRAND COPPICING

This month it's the annual Grand Coppicing. This is a regular fixture in the woodland calendar. We cut down osiers that can then be used for all sorts of useful things, including basket weaving.

We'll also be sorting around the Kestrel coup and coppicing the goat willow growth that's approaching some overhead power lines.

As always, there will be delicious cakes & a cuppa at half time. All tools are provided and no experience is necessary.



And look out for our Halloween Party poster!

A spooky night of fun in the woods on 31st October!

If you'd like to join our mailing list, just email tom.mcclelland57@gmail.com

To find out more visit our website: www.forestforourchildren.onesuffolk.net
or check us out on Facebook: Lawshall Community Woodlands

Lawshall Village Hall Draw

Results - September 2019

First Prize £50: ; 77 Janet Gazeley

Second Prize £20: ; 51 J Lumley

Third Prize £10: ; 83 M Garwood

Fourth Prize £10: ; 170 Cliff Cooper

Fifth Prize £10: 134 Derek Clements

If **you** would like to support your Village Hall lottery

please contact John Chappell on 01284 830530

or download the application form from the village hall website at

<http://lawshallvillagehall.co.uk/lottery-2/>

You can also use this form to set up a regular donation
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INSPIRING WOMEN

Lawshall WI

This month we welcomed flower arranger and florist, Vickie Hearst who demonstrated her art with the preparation of a number of displays themed around seasonal food. Her first 'Alfredo Summer' was based on the BBQ. Vickie used foliage, seed heads and flowers to recreate the smoke, coals, flames and the food. The other themes were Meadow, Autumn and

fine dining.



Autumn was a hand tied bouquet of different types and colours of foliage, with the colours grouped together for maximum impact. Fine Dining, rather unsurprising was a magnificent display to grace a large table. Whilst Vicki was working away at her rather splendid arrangements, she told us a little about herself. She had always known that she wanted to be a florist and she left home to study Floristry at Tottenham Polytechnic. Her first real job was as a florist for Haringey Council where she was responsible for producing and maintaining all of the displays. She also worked as a Saturday girl for a local florist and when the owner opened a second shop in Wood Green, he offered her the opportunity to manage it. Finally, after she married she opened her own shop in Muswell Hill in North London.

All in all, a very interesting talk and demonstration from a very talented lady

We hold our meetings on the 2nd Wednesday of every month and our next meeting is on **Oct 9th** However, for this session, the ladies are off for a **Ghost Walk in Bury**, but if you'd like to join us in November, it's free to come along as a guest – and we promise a very warm welcome!

If you think you might be interested in joining us, or if you'd like to ask us a question, please email lawshallwi@gmail.com

To see what we have planned coming up, find us at www.thewi.org.uk/Lawshall

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in the Lawshall Area

**Painters, Ceramicist, Sculptural, Contemporary,
Traditional, Textile**

All welcome!

Requirements for entry:

**Available to exhibit in the spring at an exhibition in All Saints
Church in spring 2020 - date to be confirmed.**

You live in the Area.

Willing to help organise and advertise.

Stewarding during the exhibition

Love of Art.

Meeting date: 25th October 2019

Venue: Cally's Studio, Roselen, The Street, Lawshall.

Time: 10am.

Email: cally@callyjames.com

Tel/text: 07800980659



Lawshall Village Hall



Macmillan Coffee Morning 5th October 10am - 12pm

LAWSHALL LADIES ARE HOLDING THEIR
FIRST EVER MACMILLAN COFFEE MORNING!!

Join us for a cup of tea or coffee and some
delicious treats to support this wonderful charity

Donations of cakes and savories gratefully received.
Call Ingrid on 830327



WORLD'S BIGGEST
**COFFEE
MORNING**

Fundraising for

**MACMILLAN
CANCER SUPPORT**
RIGHT THERE WITH YOU

FOREST FOR OUR CHILDREN HALLOWEEN PARTY

THURSDAY 31ST OCTOBER
6:30PM THE FOUNDRY, BURY ROAD

DONATIONS ON THE DOOR

PUMPKIN COMPETITION

*Bring along a scary carved
pumpkin*



FANCY DRESS (Optional)

Prize for best outfit!!

SPOOKY WOOD WALK

SPOOKY BAKES
FIRE-SIDE HOT CHOCOLATE
PUMPKIN SOUP



Follow our Facebook page 'Lawshall Community Woodlands' or
email us at themcclellands1@gmail.com



Lawshall Pre-School

The summer holidays have flown past and with the start of the new school year we have welcomed new children and families to Pre-School.

As we all need to get to know each other our first theme will be 'All About Me'. We look forward to getting to know our new starters, and learning new things we didn't know about all the children (and the staff too!)

Some of the things we will be thinking about are our likes and dislikes, what we look like, how tall we are, and our favourite foods (very important!)

We are enjoying the current sunny weather and exploring our outside area, and have found something large and orange in our garden which will be very useful at the end of this month.

We still have spaces available for some of our sessions.

If you would like any further information, or to arrange a visit, please feel free to contact us on 01284 827588 or e-mail us on lawshallpreschool@hotmail.co.uk



Firewood Logs: £5 per bag or truckload of 1.25cubic metres £80

Larger loads available. Out of season and unseasoned firewood at a discount. Call for details. Free delivery within 5 miles of Lawshall

Digger Hire: Driveways, paths and flowerbeds.

Ponds dug or cleared. Grass cutting. Paddock maintenance.

Groundwork & footings. **Ray Debenham, Coopers Farm, Lawshall. Tel 07908 656098**
01284 830262 raydebenham@hotmail.com

LAWSHALL SWAN INN CHRISTMAS PARTY MENU 2019

STARTERS

GF **ONION SOUP**
served with stilton Choux bun

GF **CONFIT OF PORK BELLY**
served with scallop and spiced corn puree

GF **ROAST CHEESE AND BEETROOT ARANCINI**
served with local honey yogurt

GF **5 SPICED TOFU**
served with cardamon aubergine pasatta

SALT & PEPPER SQUID
served with samphire and romesco sauce

MAINS

KIEV
chicken and chorizo Kiev served with fine beans, garlic cream and potato croquet

GF **STONEBASS**
BBQ grilled served with baby potato, tomato and lemongrass broth, fine beans and basil oil

GF **VEGAN MEDITERRANEAN TART**
served with red quinoa salsa, broccoli and kale

GF **ROAST TURKEY (VEGETARIAN OPTION: CELERIAC WELLINGTON)**
Chipolata, stuffing, Yorkshire pudding, roast potatoes, carrot and broccoli

STEAK PIE
with Bingham blue cheese, short crust pastry, roast potato, carrot and broccoli

DESSERTS

GF **VANILLA CREME BRÛLÉE**
served with fruit compote and shortbread

GF **VEGAN APPLE TART**
served with vegan vanilla ice cream

CHEESE AND BISCUITS
served with quince and apple

GF **CHRISTMAS PUDDING**
served with custard or brandy sauce

GF **APPLE AND CINNAMON PANNACOTTA**
served with cinnamon biscuit, caramelised apple and cinnamon fudge

TO FINISH

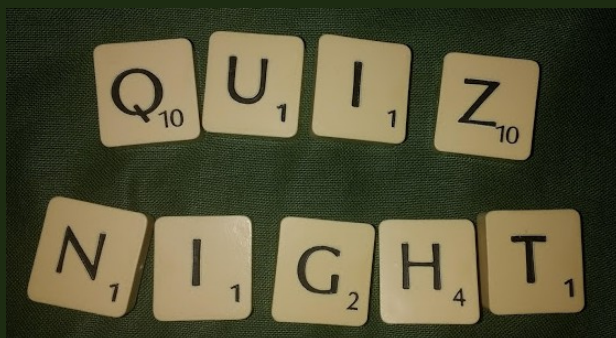
MINCE PIE
dusted with icing sugar

PRICES

3 COURSES 24.50

2 COURSES 21.50

GF **V** a gluten free vegetarian and vegan option is available with this dish. This must be stated on the pre-order for each individual who requires GF or Vegan dishes.



In support of Our Lady Immaculate
Church, Lawshall

16th November 2019 at
7.30pm

Lawshall Village Hall

Tables of 4-6, but if you would like to attend and join another table
as a single or pair please get in touch

£10 per head

Entrance includes Ploughman's supper

To book a table contact Mary Burr

on 01284 830638 maryburr@btinternet.com

The Lawshall Trust

There are two trusts in the village administered by the Lawshall Trustees. They each get funds from dividends on investments, which arise as a result of bequests of land and money left to the people of Lawshall throughout its history.

For example the Village Hall was built on "Town Lands" which was left to the village in this way.

The Lawshall Relief Fund this fund exists for the following purpose "to relieve either generally or individually persons, resident in the ancient parish of Lawshall, who are in conditions of need, hardship or distress by making grants of money or providing items, services or facilities calculated to reduce the needs, hardship or distress of such persons".

We give thanks for the men of Lawshall who in the 16th Century started the Trust for our village.

Diana Clark

The Lawshall Trust is still there today for those persons who need help. Over the years there have been many who have needed a helping hand, young people and the elderly.

Also any organisation in the village can ask for assistance, as long as it is village based.

Whatever help is needed, **everything is confidential.**

We meet in May and November to decide on the support we give out.

If you want to apply for funds
please use the form printed opposite.

Lawshall Relief and Trust funds

Application for Assistance

The Lawshall Relief and Trust funds have been in existence in one form or another for almost 500 years and exist to support the residents of the village. Support can be applied for from a wide selection of criteria such as help at Christmas, to students purchasing study books or helping local Clubs or organisations meet their financial obligations. There is no specific time at which these applications can be made, but we like to remind everyone that there is this option at this time of year.

If you are interested in making an application please could you complete the details below and return the form to either;

- Jean Clements at Sunnyside Cottage, Hibbs Green 01284 828423
- Brian Adams at Moat Farm, Golden Lane 01284 830098

Name / Organisation

Address

Telephone Number

Reason for Application

Declaration, this form has been completed to the best of my knowledge

Signature

Age if not part of an organisation

Please be assured that any application is kept confidential and is only seen by the trustees
Registered charity No 2564045 / 230906

Village Hall Booking: Christmas and New Year Parties?

Plan your events now!

Very Good Value Hiring Charges:

£14 per hour for Lawshall Residents:

£17 per hour for non residents (2018 prices)



*All day hire and small meeting rooms by arrangement

*Large Main Hall - 15m by 9m with stage and high ceiling

*Jubilee Room 8m by 4m with hatch to kitchen

*Outside Lawn suitable for large marquee;

*Good sized parking area.

* Full kitchen facilities with new crockery in 2014

10% discount for regular hirers paying in full in advance

Please contact booking secretary:

Sharon Marshall on 01284 830182 email: shazy68@hotmail.co.uk



SUFFOLK KYOKUSHIN KARATE



Lawshall Village Hall, IP29 4PE

Every Thursday 6pm – 7.30pm

Adults, Juniors & Families

Beginners Welcome

- Traditional Japanese Karate (The Strongest Karate)
- Self Confidence
- Self Defence
- Focus & Coordination
- Agility & Flexibility
- Strength & Fitness



For more information email: senseibrett.skk@aol.com

Or contact via Facebook Page

Instruction by Sensei Brett 3rd Dan Black Belt & International Referee



International Karate Organization Kyokushinkaikan

国 援 空 手 滙 濠 盟 極 真 会 囉



SUFFOLK KYOKUSHIN KARATE



Karate (empty hand) is a predominantly stand up form of martial art originating from Japan. Unlike other Japanese martial arts such as Aikido or Judo which use throws and grappling, Karate uses the hands and feet for kicking and striking. Kyokushinkai (The Ultimate Truth) is world renowned as the 'Strongest' of all Karate styles. The organisation and curriculum was founded by the late Masuta-tsu Oyama (1923-1994).

Suffolk Kyokushin Karate Club is directly affiliated to the International Karate Organisation Headquarters (Honbu) in Tokyo, Japan. Today, Kyokushin karate boasts over 12 million practitioners worldwide.

The Instructor at Suffolk Kyokushin is Sensei Brett Allum who has been studying Kyokushin for over 30 years and holds the rank of 3rd Dan Black Belt appointed from Tokyo and is also an International Associate Referee.

Dojo / school training is instructed in a traditional way and through rigorous training it teaches discipline and etiquette. Students are encouraged to push, endure and never give up which builds strength and self-confidence.

The word 'Osu' (pronounced 'Oss') which translates as 'perseverance' is used frequently in the Dojo as a greeting or as a Kiai (loud shout) when training. **You may hear this when passing Lawshall village hall on a Thursday evening!**

The village hall is a great facility and we are enjoying the new home for our club and we are grateful for the kind welcome and support.

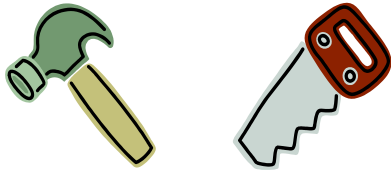
We welcome beginners (it's never too late to give it a go!) **OSU!!**

Benefits of Karate

**Self-defence / Self-confidence/ Strength /
Balance / Agility / Focus / Coordination /
Discipline / Flexibility / Fitness**



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Coldham Cottage, Bury Road, Lawshall. IP29 4PL

Diocese of East Anglia. Registered Charity no 278742

The oldest Catholic mission in Suffolk



Tel: 01284 754358

E-mail: st.edmunds@btinternet.com

Address for Correspondence:

The Catholic Presbytery,
St. Edmund King & Martyr,
21 Westgate Street,
BURY ST EDMUNDS. I P33 1QG

Clergy:

Canon Mark Hackeson - Parish Priest
Fr. Jay Magpuyo - Assistant Priest
Rev. Alan McMahaon - Deacon

MASS SCHEDULE AT LAWSHALL

Sunday	10.30am
Wednesday	2.00pm
Holy Days	7.00pm (Vigil Mass)

From 'The Archives' ~ OCTOBER 2019
THE LAST PUBLIC EXECUTION IN BURY ST EDMUNDS

This is where we left the story last month There was sufficient evidence for George to be brought before the Magistrates and charged with murder and he was reprimanded to appear at the next Suffolk Assizes in April at Bury St Edmunds.....

George was defended by a Mr Power, who based the defence on the fact that his client suffered from fits. He claimed that the two lovers, desperately unhappy, because they were unable to marry, had made a suicide-pact but that George had been overcome by epilepsy whilst in the water and had fallen on top of Elizabeth, drowning her. The convicting evidence given by a Mr King, surgeon of Hartest, stated that he had examined the body and found a mark of a blow on the right eye, the mouth closed with froth oozing from nose and teeth. The fingernails were full of sand and mud with bruising under the elbow of each arm indicating that she had been held down. Certainly, this would indicate that if there had been a suicide-pact it was a one-sided affair since Elizabeth had been dragged from the thorn bushes obviously unwillingly and forcibly drowned in the pond. Perhaps it was George's drink befuddled mind which concocted such a story believing it to be true, but if it was initially agreed by Elizabeth, she obviously changed her mind when she saw that he intended to carry out the deed, whilst George's attempt to drown himself came to nought as he was saved by a "fit".

The Judge in summing up, made a scathing attack on the prisoner's defence since no medical evidence was available, or produced, to clarify the validity of George's "fits" or whether or not the same were epileptic. In his view it was an insult to expect the jury to swallow such a story which was baseless.

After a few minutes' deliberation, the jury without leaving the box returned a verdict of Guilty. The Lord Chief Justice placing the black cap on his head sentenced George to be hanged on Tuesday 21 April 1851.

On the day, an estimated crowd of 5,000 came to see a fearful George hung. Public hangings were regarded as entertainment for the people in the same way as fairs were. Hawkers would sell their wares; pickpockets would be loitering around, and bets would be placed upon the length of time the prisoner could survive the ordeal before he met his Maker. It was a day out for the whole family with little sympathy shown for the condemned prisoner.

It was after all a sporting occasion. However, there were moves afoot to abolish this macabre practice and for executions to be held within the confines of the prison away from public gaze. Two chief instigators of this change in Victorian views were Charles Dickens and William Makepeace Thackeray and in 1868 pressure was brought to bear on the government and public hangings ceased.



The Old
Goal on
Sicklesmere
Road,
Bury St Ed-
munds,
where
George was
hung.



THE "BAINBRIDGE" POND, LAWSHALL. 1984

The 'BAINBRIDGE'
POND 1984

Photo from

'Some Suffolk Murders'
by Richard Deeks

*Please let me know if
you have photos or docu-
ments about Lawshall for
the Archives.*

Remember that history is anything that happened before this present moment!

Elizabeth Clarke – Lawshall Archives Group

elizlawshall@btinternet.com



Willows

Residential Care Home



The Willows is a friendly residential care home for elderly ladies and gentlemen and is part of the Extra friend group of care homes.

We are situated in the village of Lawshall which is about 6 miles south of Bury-St-Edmunds, Suffolk. Set in 2 acres of tranquil landscaped gardens and surrounded by countryside, The Willows (Originally a farmhouse) has been sympathetically and tastefully extended and refurbished and is now home to 25 residents.

Care Manager, Mrs Margaret Holt says that: "All clients are treated as individuals with dignity and respect and where client comfort and safety comes first".

If you would like further information on admission arrangements and fees, please contact our Care Home Manager on 01284-830665 who will be pleased to answer any questions and arrange a tour of our Home.

You are welcome to visit Willows Residential Home to visit at your convenience.

Willows Residential Home
Corders Farm, Bury Road, Lawshall, Suffolk IP29 4PJ

Telephone: 01284 830665

Fax: 01284 830892

Web: www.extrafriend.co.uk

Email: margaretholtuk@yahoo.co.uk

Lawshall Weather Summary – August 2019

Another month where all temperature readings were higher than last year but rainfall remained worryingly low. Weekly daytime average temperature and rainfall figures are shown below, followed by the full monthly breakdown:

Week 1. 1st to 4th average was 24.6 Rainfall 0mm

Week 2. 5th to 11th average was 24.8 Rainfall 14mm

Week 3. 12th to 18th average was 21.8 Rainfall 17mm

Week 4. 19th to 25th average was 26.7 Rainfall 2mm

Week 5. 26th to 31st average was 27.3 Rainfall 3 mm

Total Rainfall: 36mm in 8 days 2018 was 71mm in 10 days

Stowmarket 10-year average is 56mm in 8 days

Daytime Average Temperature: 25.4 2018 was 23.9

Stowmarket 10-year average is 21.8

Highest Temperature: 33.3 2018 was 33.1

Night-time Average Temperature: 14.4 2018 was 13.9

Stowmarket 10-year average is 12.2

Lowest Temperature: 11.7 2018 was 8.9

All temperature figures are shown in °c

Malcolm Edgar

Richard Kemp

Councillor
01787 378149

Sponsors: **Adam Kemp** BA Hons
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M 07776205346 T 01284 831042

info@angliapestmanagement.co.uk

www.angliapestmanagement.co.uk

USEFUL VILLAGE CONTACTS & INFORMATION

Village Hall Management Committee

Chairman: rotation through committee

Secretary: Rosemary Riches.

Treasurer: Karen Wilcox 830725 karenjwilcox265@gmail.com

Caretaker & Booking Secretary: Sharon Marshall 830182 shazy68@hotmail.co.uk

Committee Members: Ian Carrington 830497, Ian Copping 830430,
John Chappell 830530, Julian Delefortrie 830544, Jenna Kitchen 830022

Lawshall Parish Council www.lawshall.suffolk.gov.uk/

Chairman: Andrew Irish 827500 **Vice-Chairman:** Trevor Elmer 830870

Clerk: Dorothy Griggs 830813 **Councillors:** Ray Debenham 07908 656098

David Griggs 830813 David Page 830968

Laura Williams 828477 Karen Whordley 830316

District Cllrs : Stephen Plumb. email: Stephen.Plumb@babergh.gov.uk and Michael Holt. email: Michael.Holt@babergh.gov.uk **County Cllr :Richard Kemp 01787 378149**

Neighbourhood Watch Co-ordinator Mrs Pamela Pope 830716

Contacts: Ros Debenham 830640 Dorothy Griggs 830813

Village Clubs and Organisations—held in the Village Hall

Lawshall & District Carpet Bowls: every Mon 2-4pm ; info 830693

Tuesday Club: 2-4pm every week, info John Payne 830466

Women's Institute: 2nd Weds of month, 7.30pm, info www.thewi.org.uk/Lawshall

Table Tennis Friday evening monthly Contact Julian on 830544

Not in VH: Coldham Hall FC / Cricket - Contact Chris Toole; loftytoole@yahoo.co.uk or Ben Atkinson on 07921 837296 www.hartestandcoldhamcc.blogspot.co.uk

Lawshall Postal Collections

Coldham, Mon-Fri 4pm, Sat 7.30am. The Glebe, Mon - Fri 4.30pm, Sat 11.30am.

Lambs Lane/Rectory Corner, Mon - Fri 9am; Sat 7am

Donkey Lane, Mon-Fri 4pm, Sat 11am. School/The Street, Mon-Fri 4.30pm; Sat 11.30am.

Lawshall Green, Mon - Fri 4pm; Sat 12 midday. NO Sunday collections.

Suffolk Norse Bus Time Table 375 Route ~ Lawshall to Bury: to 1st Nov 2019 only.

The Street, opp Primary School: Mon-Fri 7.55am ; Weds, Fri & Sat 9.51am & 1.45pm
Return leaves Bury Bus Station at: Weds & Sat 1pm & 5.35pm; Mon-Fri 3.50pm & 5.35pm

Felix Sudbury Bus Timetable (Thursday only)

Leaving The Street at 9.40am & return trip leaving Sudbury bus station at 12.45pm.

Library Van Email: help@suffolklibraries.co.uk Tel 01473 351249

Route 7: 4 weekly: 24 Oct, 21 Nov: Stopping at Free Church 9.50am ~ 10.20am,
Swanfields 10.25am ~ 10.40am & Village Hall car park 10.45am ~ 11.25am.

Route 10: Melons Green, Tuesdays 12.50-1.05 1 Oct, 29 Oct, 26 Nov.

Refuse Collection

Early every Friday morning alternating weekly with blue bin & black bin
(Saturday morning collection in week following a bank holiday).

HANDY LOCAL NUMBERS

All Saints' Primary School 828223 * Pre-School 827588
All Saints' Church Revd Jeremy Parsons 846166
Catholic Church 01284 754358 * Free Church, Paul Mitchell 828694
Village Hall Lottery Co-ordinator: John Chappell 830530
Local History Recorder, Lawshall Archives Group: Elizabeth Clarke 827275
Willows Residential Care Home 830665
Green Light Trust Office 830829 *
Forest For Our Children - Debbie Thomas 827470

The Swan P H 828477
Newspaper delivery - Sicklesmere Stores Ltd 01284 386303

Excelan Chauffeur Services 01284 789503 / 07816 663 542
A1 Cars 24 hr Taxi 01284 766777
Greenline Travel 07754 298690
Traveline 0871 200 22 33

Anglian Water emergencies / enquiries 0845 7145145
UK Power Networks Emergency number: 105
EDF Electricity emergencies 0800 7838838
Babergh District Council Helpline 0300 123 4000
Suffolk County Council 0345 606 6067

Police: Bury Police Station 774100
Crime Stoppers 0800 555111
Police HQ main switchboard (non-emergency) 01473 613500
contact baberghwest.snt@suffolk.pnn.police.uk Tel 101 or 999 for emergency
Suffolk Fire Service 01473 260588 e-mail : fire.admin@suffolk.gov.uk

Citizens Advice Bureau 01284 753675
Samaritans 116123 (Freephone)
Bury Train Station Customer Service 0845 600 7245
BBC Radio Suffolk 0800 1412121
Tourist Information 01284 764667
Bury Leisure Centre 01284 753496
Bury Library 01284 732255

Local Doctors: Glemsford Practice 01787 280484
Long Melford Practice 01787 378226
Mount Farm Surgery, Moreton Hall, Bury 01284 769643
NHS Direct 111 for urgent (non-emergency) medical help
West Suffolk Hospital switchboard 713000, A & E 713333
St Nicholas' Hospice 766133. Patients' Line 725700

Local Vets: Swayne & Partners (BSE) 701444, (Melford) 01787 370773
Eastgate Vet Group (BSE) 753961
Moreton Hall (BSE) Vets 747000