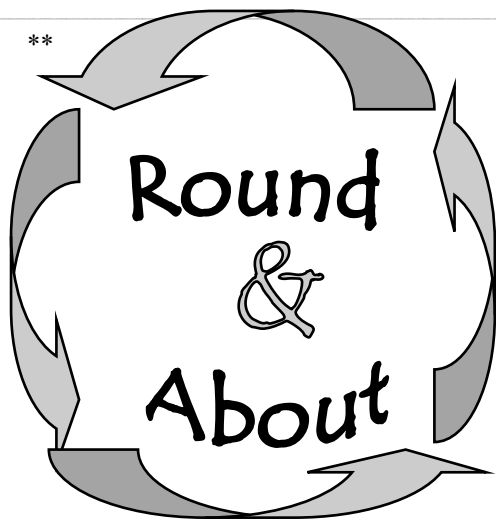


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LAWSHALL



JANUARY 2018

www.lawshallvillagehall.co.uk

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Lawshall Village Hall Management Committee.

We reserve the right to edit, shorten or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by advertisers.

Copy deadline for February 2018 magazine

6pm Friday 19th January - earlier welcome!

**Copy should be emailed to the editor, Jenna Kitchen at
jennalight51@btinternet.com Telephone 01284 830022**

or delivered to Country Lodge, Lambs Lane, Lawshall
(first house on the left, across the crossroads when going from direction of village hall)

**To place an advertisement in this magazine
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To discuss anything about the website
please contact Jenna Kitchen on 01284 830022
or Dave Henderson on 01284 828156

The proceeds from this magazine will go towards the refurbishment and improvement of Lawshall Village Hall, registered charity number 304911

Editorial: I hope you have all had some restful time over the holidays staying warm—it can be so busy in the build up to Christmas. At this time of year with the cold I have a tendency to want to hibernate, light the fire and the candles and stay in the warm. Perhaps some milder and brighter weather will call me outside in January for some fresh air.

This is a time when the focus is on family but for those on their own, or with family a long way away, it can be a difficult and even lonely time of year.

As the light increases and the days lengthen perhaps there will be ways to emerge again and engage in the life of the village.

This edition is shorter than usual by four pages. I would like to invite **you** to make a contribution to this Lawshall Newsletter next year. It could be anything—a photo, a joke, a puzzle, a story, a thank you, a plea, an observation or an account of something in the past or very current.

A big thank you to all those who have contributed this year and to our advertisers without whom the magazine would not exist—so when you contact an advertiser please say that you found them here.

May I wish you all
a warm and safe holiday season
and a wonderful new year.

Jenna

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Happy New Year.
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porting the village pub and
we hope to see you all for a very
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for more details.



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What's On in Lawshall in January 2018

Monday 8th **Bowls Club** restarts 2pm

Tuesday 9th **Tuesday Club** 2-4 pm in Village Hall (page 17)

Tuesday 9th **Parish Council Meeting - 7.30pm** in Village Hall,
All Welcome. Second Tuesday of every month

Wednesday 10th **Women's Institute**
second Wednesday of every Month (see page 21)

Thursday 18th **Stitch and Bitch** 7.30pm at the Swan

Friday 26th **Cockfield Community Cinema:** Dunkirk (see p 6)

Sunday 28th **Woodland Morning** in Golden Wood 9.30-12.30
All Welcome—get out and enjoy some time in the woods

In the coming months:

Tuesday 5th February **Village Hall Management Committee** 7.30pm

Monday 19th February **Forest for Our Children AGM** with talk on
Trees and Rivers by James Carr—All Welcome (see p 19)

The next meeting of the **Garden Club** will be in March

Suffolk Trail Festival 16/17 June 2018

Open to all – entertainment, food and music on Saturday
3k, 10, 12hr and 24hr races Sign up at www.suffolktrailfestival.co.uk

Farmers Markets:

Sudbury—last Friday morning of the month
Lavenham—4th Sunday of the month—January 28th
Bury St Edmunds—2nd Sunday—11th February

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New Year. New Beginnings.

Hi to all Lawshall residents. I, and everyone at the village hall, hope you had a great Christmas and wish you a prosperous 2018.

Much has happened over the last 12 months and the village hall has seen an increase in use which is great but there is still much to be done to keep our village hall open and our magazine in existence. We desperately need some of you to come along and assist us by becoming part of the team that manages the hall and the magazine. We have already lost John Payne from the team, after years of loyal service to the hall and my wife and I are soon to move on to other things which will leave some gaps that need filling. Please consider giving over some of your time to helping the hall to continue to grow and to remain a very important and special part of our community.

Our current hall users, including the Tuesday club, Toddlers group, Bowls club, Garden club and the WI will continue to run over this next year so why not come along and join one of these great groups.

It would be fantastic to see more Lawshall residents in the hall.

Our Christmas play and the carol singing round the tree went very well with a good number attending and I am hoping that there will be something similar running next Christmas.

Keep your eyes open for any events coming up and I hope to see many more of you soon.

Take care

David Henderson
Village Hall Management Committee

See new hire charges from January
2018 on page 13

Weekly Activities:

Carpet Bowls : Monday 2-4pm

Lawshall Mums & Toddler Group
Tuesday morning (term-time only)
from 9.30 am to 11.30 am

Tuesday Club : Tuesday 2-4pm

Circuit Training : Thursday 7pm

Table Tennis 6pm Friday 15 Dec

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Crime report: No crimes reported for Lawshall as per the Police website for October.



Real Christmas Trees: These will be collected by Babergh D.C. on the **15th January 2018**. Signs will be placed near The Glebe Bottle Bank in due course.

Bin collections for New Year: Posters have been placed in all the notice boards, in the Village Hall and are on the P.C. website. If anyone wants a poster please contact me by email.

Friday 29th December collection moves to Tuesday 2nd January

Friday 5th January collection moves to Monday 8th January

Friday 12th January collection moves to Saturday 13th January

Returning to normal thereafter.

There will be no brown bin collections
between 25th December and 5th January 2018

Neighbourhood Plan team: As the NHPlan was passed in October the NHPlan team is no longer in force. The Councillors would like to thank all the team members for all their hard work in producing the Plan. The final NHPlan Minutes were agreed and signed at the P.C. meeting on the 12th December and are on the P.C. Website.

Dorothy Griggs - 01284 830813

A very big **THANK YOU** to all those on the parish council, village hall management committee and beyond who help to run our village.

There are many who do things both seen and unseen, from mowing the grass in the churchyard, erecting the Christmas star on the church, setting up the lights and the tree at the village hall, keeping the grounds maintained, running the summer fete and the Christmas tree festival to making tea, coffee and cakes.

And thanks also to all those who offer a helping hand to a neighbour, or keep the verges litter free.. **THANK YOU.** Jenna

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A Christmas Carol

What a delightful evening we had in the Village Hall and what first class acting. I only heard very positive comments as people left the hall and though I am not on Facebook myself I am told that there were a number of encouraging comments on the group 'Keepers Daughter' Facebook page.

Thank you also to the WI for providing refreshments so well. My only disappointment was the fact that only 40% of the tickets sold went to the Lawshall Village Community!!!

I have enjoyed arranging various coach trips and other events in the village hall over the past seven years but now feel it is time to leave the Village Hall Committee for hopefully younger persons. I wish the remaining members of the committee every success.

John Payne

Carpet Bowls Club

Over the past couple of months our numbers have grown and we are regularly having 12 - 14 attending. A couple of our members have been very unwell of late and we wish them a very speedy recovery.

We will be meeting as usual up to the **18th December** but then we will be having a break until **Monday 8th January**.

For our members we will be having our Annual get together and meal on **Wednesday 10th January** at The Swan.

I wish you all a lovely Christmas and a Very Happy New Year.
John Payne

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It is with regret that we are about to raise our village hall hire charges. Our charges have remained the same for many years now but the cost of heating and maintaining the hall has risen which has led to us having to raise the charges. The new rates are as follows:

Lawshall residents... £14 per hour

Other users..... £17 per hour

Groups that use the hall on a regular basis will see their charges altered as follows:

Weekly users.. £11 per hour

Monthly users.. £14 per hour (with 10% reduction if paid 3 months in advance)

Bi-monthly users.. £14 per hour (with 5% reduction if paid 3 months in advance)

There will be new set fees for children's parties which will be made available upon request.

We are sorry for the increases and hope you will still continue to use our facilities and support your village hall.

David Henderson , Chair Village Hall Management Committee

Monthly Village Hall Draw Results

– December Draw Prize Winners:

December Bonus Prize £100

Number 59 Mrs and Mrs Prout

First Prize £50 – 56 M&A Coles

Second Prize £20 – 82 Sue Brouder;

Third Prize – 297 Lucy Kent;

Fourth Prize – 106 Mrs R Riches;

Fifth Prize - 22 AM Finch

If **you** would like to support your Village Hall lottery please contact John Chappell on 01284 830530 or download the form from the village hall website at **<http://lawshallvillagehall.co.uk/lottery-2/>**

You can also use this form to set up a regular donation to support the hall.

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The Robin—some notes

The distinctive orange breast of both sexes contributed to the European robin's original name of *redbreast* (orange as the name of a colour was unknown in English until the sixteenth century, by which time the fruit of that name had been introduced). In the fifteenth century, when it became popular to give human names to familiar species, the bird came to be known as **robin redbreast**, which was eventually shortened to *robin*.



As a given name, Robin is originally a diminutive of Robert. Other older English names for the bird include *ruddock* and *robinet*. Dutch *roodborstje*, French *rouge-gorge*, German *Rotkehlchen*, Italian *pettirosso* and Spanish *petirrojo* all refer to the distinctively coloured front. The robin belongs to a group of mainly insectivorous birds and will also eat berries fruit and seeds.

The robin features prominently in British folklore, and that of northwestern France, but much less so in other parts of Europe. It was held to be a storm-cloud bird and sacred to Thor, the god of thunder, in Norse mythology. Robins feature in the traditional children's tale, *Babes in the Wood*; the birds cover the dead bodies of the children.

More recently, the robin has become strongly associated with Christmas, taking a starring role on many Christmas cards since the mid 19th century. The robin has appeared on many Christmas postage stamps.

An old British **folk tale** seeks to explain the robin's distinctive breast. Legend has it that when Jesus was dying on the cross, the robin, then simply brown in colour, flew to his side and sang into his ear in order to comfort him in his pain. The blood from his wounds stained the robin's breast, and thereafter all robins got the mark of Christ's blood upon them. An alternative legend has it that its breast was scorched fetching water for souls in Purgatory.¹ The association with Christmas more probably arises from the fact that postmen in Victorian Britain wore red jackets and were nicknamed "Robins"; the robin featured on the Christmas card is an emblem of the postman delivering the card.

In the 1960s, in a vote publicised by The Times, the robin was adopted as the unofficial **national bird of the UK**. In 2015, the robin was again voted Britain's national bird taking 34% of the final vote.

Several English and Welsh **sports organisations** are nicknamed "the Robins". Including the professional football clubs Bristol City, Crewe Alexandra, Swindon Town, Cheltenham Town (whose home colours are red) and, traditionally, Wrexham FC, as well as the English rugby league team Hull Kingston Rovers (whose home colours are white with a red band). A small bird is an unusual choice, although it is thought to symbolise agility in darting around the field.

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Tuesday Club

As we look back over 2017 we have many happy memories of our meetings and outings. Our final meeting of the year in the village hall was our Christmas Party which was a huge success. The food provided was delicious with many different desserts. Perhaps we should start a pudding club: now what an idea!!

The entertainment provided by Steven and Peter was first class and it was lovely to hear everyone joining in the Christmas songs and carols. As a club we wish Frank a speedy recovery from his heart operation and were so sorry that he could not join with the duo.

As I write this we are looking forward to our Christmas meal at The Swan as our final get together of 2017, again Steven has offered to come along and sing for us.

A number of our members have been unwell, and some are facing hospital visits and operations we wish them all full recoveries and better health for 2018.

It only remains for me to say
a Very Happy New Year to you all
and I look forward to seeing you all again
on **Tuesday January 9th** at 2pm.

John

Great News: Just before going to press I have received news from Stephen and Peter that because of the generosity of the Tuesday Club members they have been able to pass the amazing sum of **£150** to St. Nicholas Hospice.

Thank you so very much.

This means that, together with the parachute jump, the Tuesday Club has contributed just over £1,200 to the Hospices in our area this year.

Thank you all very much indeed

John

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Lawshall Community Woodlands

A Forest for Our Children

Our next volunteer morning will be...

Sunday 28th January, 9:30-12:30, Golden Wood, Bury Road

Everyone's welcome and no experience is needed. Cakes and hot drinks are provided and you can stay for as little or as long as you like. Why not make it your New Year's resolution? This month we're laying hedges!



Back in December we took a stand at All Saints Church's Christmas Tree festival. It was a lovely event with many beautiful displays. And thanks to visitor's generous votes, our tree won! Many thanks to those who gave their support.

Forest for Our Children AGM 2018

The Foundry, Bury Road

19th February from 7.30pm

Special guest speaker James Carr from the Environment Agency will be giving a talk on *Trees & Rivers*

Nominations for new members for the Steering Group are invited to be received at least 14 days before the AGM - i.e. by 5th Feb.

If you'd like to join our mailing list, just email tom.mcclelland57@gmail.com

To find out more visit our website: www.forestforourchildren.onesuffolk.net
or check us out on Facebook: Lawshall Community Woodlands



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LAWSHALL WI

November Meeting

Lawshall WI December 2017

The ladies of Lawshall WI will be joining together in December for a dinner to celebrate Christmas. The year has gone so fast and we have all had a wonderful time at the WI.

We have all made firm friendships and had a great time together, also welcoming our youngest member Myffanwi who was born in June.

The meetings we have had have covered a number of diverse subjects including patchwork quilts, historical dress, bat rescue, card making. We had an audience with a successful crime novelist and a philosopher from Madingley Hall, Cambridge. Outings were organized to Waitrose supermarket to find out just what goes on behind the scenes on a day to day and seasonal basis providing for all those thousands of customers; and we also enjoyed a guided historical tour of Bury St Edmunds. Not forgetting the involvement within the village itself, with an extremely enjoyable day at the Lawshall Summer Fair in July; this was a huge success for the whole village.

Next year looks to be just as diverse, with an exciting calendar of events. Members will have the opportunity in January to find out about the courses available to them from their own WI Denman College. We will be looking at the serious matter of inheritance tax and the importance of making a will. Celebrating a Health and Wellbeing week in June, and also trying the craft of silk painting. A Ghost Tour by popular demand at Halloween' and finding out about all sorts of things from the rising use of plastics to racing driving and Plague.

Alongside the WI meetings we will still run our Book Club and a 'Stitch n' Bitch' for ladies who enjoy needlecraft of all types along with a good chat, this is not just for WI members and all ladies are welcome and is held at The Swan in Lawshall. So as you can see we really are "Not all Jam and Jerusalem".

In the New Year we will be meeting in Lawshall village hall on the second Wednesday of each month at 7.30pm. If you've often wondered what it's all about and just want to have a look then come along and join us you'll be made very welcome and you never know you might even find you like it.

Jacquie Norman, Lawshall WI

For any further details or general enquiries contact either Jacquie on 828813 or Trish on 830284.

Village Hall Booking: Parties? Weddings?



New Year Gatherings?

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January news from Golden Wood:

They say that if you go down to the woods today you'll have a big surprise! Here in Lawshall we have our own community woodland that is, indeed, full of surprises although you are unlikely to come across many teddy bears. The volunteer team members that carry out the management, while possibly varying in cuddliness, are at least very welcoming to anyone who wants to spend time with them in the woodland on the last Sunday morning of each month.

Golden Wood community woodland looks as it does as a result of the monthly efforts of volunteers. Paths, known as rides are cut back so that walking remains a pleasure and overhanging trees are coppiced to allow sunlight into those rides. The result produces firewood while the smaller material is stacked into heaps to provide essential habitat for invertebrates, small mammals, birds and fungi. Willow is also coppiced (cut low) annually and the material used for weaving and hedge planting.

Some of this work is carried out by children from Lawshall School. Through the year the work programme changes depending on the season but there is great pleasure to be had in making a difference to our woodland. Hedges are laid and the two meadows are managed to benefit wildlife

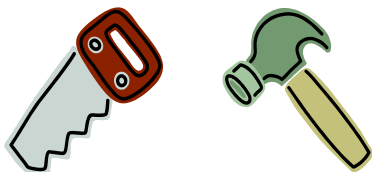
At this time of year many of us make New Year's resolutions that very often don't see the end of January or struggle on into March before fizzling out. Some, like gym membership, can be expensive resolutions and gym owners must rub their hands with glee at this time of year. Yet, Golden Wood provides the perfect fresh-air gym for both physical and mental fitness and membership is free with voluntary attendance.

Those attending the work parties work at their own pace with tools and training provided. They arrive and leave when they wish and, in addition, enjoy a tea and coffee break in the deep interior of the woodland with water boiled on site in 'volcano' kettles. The volunteer team is also truly blessed by having a couple of marvellous bakers who always provide the most delicious cakes and biscuits which can be consumed entirely guilt-free because they have been earned during the morning's work.

So if you enjoy a bit of 'hands-on' why not join the team in Golden Wood? You never know, it might turn out to be the best New Year's resolution that you have made in a long while.



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Willows

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We are situated in the village of Lawshall which is about 6 miles south of Bury-St-Edmunds, Suffolk. Set in 2 acres of tranquil landscaped gardens and surrounded by countryside, The Willows (Originally a farmhouse) has been sympathetically and tastefully extended and refurbished and is now home to 25 residents.

Care Manager, Mrs Margaret Holt says that: "All clients are treated as individuals with dignity and respect and where client comfort and safety comes first".

If you would like further information on admission arrangements and fees, please contact our Care Home Manager on 01284-830665 who will be pleased to answer any questions and arrange a tour of our Home.

You are welcome to visit Willows Residential Home to visit at your convenience.

Willows Residential Home
Corders Farm, Bury Road, Lawshall, Suffolk IP29 4PJ

Telephone: 01284 830665

Fax: 01284 830892

Web: www.extrafriend.co.uk

Email: margaretholtuk@yahoo.co.uk

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OS ref: TL 85690 55910
Tel: 01284 830393
Email: church01@quikmail.co.uk

Reverend Gerard Quigley
Priest in charge

Mass Times

Sunday Mass	10.30am
Tuesdays	09.30am
Fridays	10.15am
Holy Days of Obligation	7pm

Beannacht: by John O'Donohue

A blessing for the New Year

On the day when
The weight deadens
On your shoulders
And you stumble,
May the clay dance
To balance you.

And when your eyes
Freeze behind
The grey window
And the ghost of loss
Gets in to you,
May a flock of colours,
Indigo, red, green,
And azure blue,
Come to awaken in you
A meadow of delight.

When the canvas frays
In the currach of thought
And a stain of ocean
Blackens beneath you,
May there come across the waters
A path of yellow moonlight
To bring you safely home.

May the nourishment of the earth be yours,
May the clarity of light be yours,
May the fluency of the ocean be yours,
May the protection of the ancestors be yours.

And so may a slow
Wind work these words
Of love around you,
An invisible cloak
To mind your life.

Snowdrops:



Where is your favourite place to see snowdrops?

Do you make an annual trip to see these wonderful flowers promise us that winter is coming to an end and spring returns.

I notice the large clumps under the trees in Hawstead, the patches in the copse on the corner in Whepstead. Ickworth park has yellow aconites among the snowdrops on the Albana walk and then more snowdrops under the trees.

Further afield Anglesea Abbey and Chippenham Park have wonderful displays of snowdrops.

Richard Kemp

Councillor
01787 378149

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Lawshall Weather Summary

November 2017

Total Rainfall was 38mm. 2016 was 71mm.

Stowmarket ten-year average is 59.9mm.

Daytime average temp was 10.0°C 2016 was 9.0°C

Stowmarket ten-year average is 9.7°C

Highest temp was 15.2°C on the 22nd. 2016 was 13.6°C

Night-time average temp was 4.7°C 2016 was 3.8°C

Stowmarket ten-year average is 3.9°C

Lowest temp was 0.2°C on the 30th. 2016 was -0.9°C

Comment: Rainfall figures were again well down on last year. This year rain fell on just 9 days and last year it fell on 13 days. Yet again both day and night time temperatures are up all round on last year. The lowest temperature recorded was slightly higher than last year.

Overall the temperature figures are continuing to be up on last year but rainfall is noticeably lower.

Malcolm Edgar

Lets hope January brings
some of this:



or at least:



with just enough :



and if



comes it

doesn't cause too

much disruption.

Jenna

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USEFUL VILLAGE CONTACTS & INFORMATION

Village Hall Management Committee

Chairman: David Henderson 01284 828156 david.henderson8789@gmail.com

Secretary: Sue Henderson 01284 828156 david.henderson8789@gmail.com

Treasurer: Karen Wilcox 830725 karenjwilcox265@gmail.com

Caretaker & Booking Secretary: Sharon Marshall 830182 shazy68@hotmail.co.uk

Committee Members: Ian Carrington 830497, Ian Copping 830430

John Chappell 830530, John Payne 830466 Julian Delefortrie 830544

Lawshall Parish Council www.lawshall.suffolk.gov.uk/

Chairman: John Kydd 830590 **Vice-Chairman:** Andrew Irish 827500

Clerk: Dorothy Griggs 830813 **Councillors:** Ray Debenham 07908 656098

Trevor Elmer 830870 David Griggs 830813

David Page 830968 Laura Williams 828477

District Cllr: James Long 830347 **County Cllr:** Richard Kemp 01787 378149

Neighbourhood Watch Co-ordinator Mrs Pamela Pope 830716

Contacts: Ros Debenham 830640 Dorothy Griggs 830813

Village Clubs and Organisations—held in the Village Hall

Lawshall & District Carpet Bowls: every Mon 2-4pm; info 830693

Lawshall Toddlers: every Tues 09.30am-11.30, info Julie 830948

Tuesday Club: 2-4pm every week, info John Payne 830466

Women's Institute: 2nd Weds of month, 7.30pm, info Patricia Burton-Hopkins 830284

Circuit Training Thursday 7pm info Martin 830689

Not in VH: Coldham Hall FC / Cricket - Contact Chris Toole; loftytoole@yahoo.co.uk or

Ben Atkinson on 07921 837296 www.hartestandcoldhamcc.blogspot.co.uk

Lawshall Postal Collections

Coldham, Mon-Fri 4pm, Sat 7.30am. The Glebe, Mon - Fri 4.30pm, Sat 11.30am.

Lambs Lane/Rectory Corner, Mon - Fri 9am; Sat 7am

Donkey Lane, Mon-Fri 4pm, Sat 11am. School/The Street, Mon-Fri 4.30pm; Sat 11.30am.

Lawshall Green, Mon - Fri 4pm; Sat 12 midday. NO Sunday collections.

Suffolk Norse Bus Time Table 375 Route ~ Lawshall to Bury

The Street, opp Primary School: Mon-Fri 7.55am; Weds, Fri & Sat 9.51am & 1.45pm
Return leaves Bury Bus Station at: Weds & Sat 1pm & 5.35pm; Mon-Fri 3.50pm & 5.35pm

Felix Sudbury Bus Timetable (Thursday only)

Leaving The Street at 9.40am & return trip leaving Sudbury bus station at 12.45pm.

Library Van (route 7)

4 weekly: 18 Jan, 15 Feb, 15 March: stopping at Free Church 9.50am ~ 10.20am,
Swanfields 10.25am ~ 10.40am & Village Hall car park 10.45am ~ 11.25am.

Refuse Collection

Early every Friday morning alternating weekly with blue bin & black bin
(Saturday morning collection in week following a bank holiday).

HANDY LOCAL NUMBERS

All Saints' Primary School 828223 * All Saints' Church Revd Jeremy Parsons 846166
Catholic Church, Fr Gerry Quigley 830393 * Free Church, Paul Mitchell 828694

Village Lottery Co-ordinator: John Chappell 830530

Local History Recorder, Lawshall Archives Group: Elizabeth Clarke 827275

Willows Residential Care Home 830665

Green Light Trust Office 830829 *

Forest For Our Children - Jenna Kitchen 830022

Age UK Suffolk link volunteer, Cliff Cooper 830041

The Swan P H 828477

Newspaper delivery - Sicklesmere Stores Ltd 01284 386303

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Anglian Water emergencies / enquiries 0845 7145145

UK Power Networks Emergency number: 105

EDF Electricity emergencies 0800 7838838

Babergh District Council 01473 822801 Helpline 0300 123 4000

Suffolk County Council 0345 606 6067

Police: Bury Police Station 774100

Crime Stoppers 0800 555111

Police HQ main switchboard (non-emergency) 01473 613500

contact baberghwest.snt@suffolk.pnn.police.uk Tel 101 or 999 for emergency

Suffolk Fire Service 01473 260588 e-mail : fire.admin@suffolk.gov.uk

Citizens Advice Bureau 753675

Samaritans 08457 90 90 90

Bury Train Station Customer Service 0845 600 7245

BBC Radio Suffolk 01473 212121

Tourist Information 01284 764667

Bury Leisure Centre 01284 753496

Bury Library 01284 732255

Local Doctors: Glemsford Practice 01787 280484 & Hartest Surgery 830202

Long Melford Practice 01787 378226

Mount Farm Surgery, Moreton Hall, Bury 769643

NHS Direct 111 for urgent (non-emergency) medical help

West Suffolk Hospital switchboard 713000, A & E 713333

St Nicholas' Hospice 766133. Patients' Line 725700

Local Vets: Swayne & Partners (BSE) 701444, (Melford) 01787 370773

Eastgate Vet Group (BSE) 753961

Moreton Hall (BSE) Vets 747000