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Lawshall Village Hall Management Committee.

We reserve the right to edit, shorten or refuse any item submitted for publication and cannot be held responsible for the accuracy of any claims made by advertisers.

## Copy deadline for January 2018 magazine

#### 6pm Friday 15th December - earlier welcome!

#### Copy should be emailed to the editor, Jenna Kitchen at jennalight51@btinternet.com Telephone 01284 830022

or delivered to Country Lodge, Lambs Lane, Lawshall (first house on the left, across the crossroads when going from direction of village hall)

To place an advertisement in this magazine please contact Dave Henderson at david.henderson8789@gmail.com or at Pantile Cottage, The Street, Lawshall Telephone 01284 828156

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Check out our website at http://www.lawshallvillagehall.co.uk

To discuss anything about the website please contact Jenna Kitchen on 01284 830022 or Dave Henderson on 01284 828156

The proceeds from this magazine will go towards the refurbishment and improvement of Lawshall Village Hall, registered charity number 304911

**Editorial:** Almost another year has gone by ; it's past the middle of November and some trees still have leaves on, we have had a couple of frosts but on the while it is mild weather. Are your gardens ready for winter? Have you tidied them up too much or are there places for wildlife to find shelter and food—those untidy corners may be just what they need.

There are some seasonal events happening around the village—from the **tree lighting and carols at the village hall** on December 1st followed by "A Christmas Carol", a Christmas quiz at the Swan on 7th (p4) the Christmas Tree Festival at All Saints Church on 9th and 10th with a carol service on the Sunday afternoon (p5), a big quiz at the village hall on 17th (p11) and more carols in the Swan on 18th—there is plenty to get you out and about.

There is some information on page 27 for those who may be particularly dependent on electricity and vulnerable in the event of a power cut as to how they can get a priority service. Information for businesses about grants that may be available on page 29 and an appeal for Independent Custody Visitors to support those who are unfortunate enough to find themselves in police custody—have a look at page 31.

I hope there is something of interest to you all within these pages and if you would like to share something of your own interests—some notes, a photo, observations, sayings please do let me know—all contributions are most welcome. Many thanks to those who throughout the year have continued to contribute. I wish you all a warm and Happy Christmas and a wonderful 2018. Jenna

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# The Swan Inn Lawshall

www.swaninnlawshall.com Tel 01284 828477



We would like to wish everyone a very Merry Christmas and a Happy New Year. Thank you all very much for supporting the village pub and we hope to see you all for a very exciting 2018!'

Come in and buy a raffle ticket in our Christmas draw.

We have the following events on: Pub Christmas Quiz Thursday 7th December phone Laura to book a table

Benefice choir Christmas carols 18th December 7.30pm

Open Christmas Day 12-2pm

New Years Eve Party with Fireworks early and late fireworks (Times TBC)

Check the website or see us at the pub for more details.

# What's On in Lawshall in December 2017



Friday **1st** : Christmas tree light up and carols 5.30pm at Village Hall followed by A Christmas Carol.

Tuesday 5th Village Hall Management Committee 7.30pm in VH

Wednesday 6th Stitch and Bitch 2.30 at the Willows (p23)

Saturday 9th Trinity Singers Christmas Concert see page 25

 Women's Institute - no December Meeting next meeting 9th Jan second Wednesday of every Month (see page 23)Tuesday
 HARTEST ART & CRAFT WINTER FESTIVE MARKET
 Saturday 9<sup>th</sup> December 10-4pm Hartest Institute see p13

## **Christmas Tree Festival**

A Christmas Tree Festival will be held at All Saints Church on **Saturday 9th and Sunday 10th December**.

Following the Tree and Crib Festival, there will be a **Carol Service** at 4pm on **Sunday 10th December**.

On December 24th the Crib Service will be at 4.30pm

Tuesday 12th Parish Council Meeting - 7.30pm in Village Hall, All Welcome. Second Tuesday of every month

Friday 15th Cockfield Community Cinema: Love Actually

\*\***Lawshall Christmas Quiz** \*\* 17<sup>th</sup> December 2017 Lawshall Village Hall 4pm, see p11

\*\*\*\*\*

Monday 18th Christmas Carols in the Swan 7.30pm

January 2018 Bowls Club Monday 8th WI Wednesday 9th Woodland Management morning Sunday 28th see p19

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#### A GOOD YEAR

As we come to the close of another year in Lawshall, we can look back on all the successes we have enjoyed and say thank you to all those who have assisted in making this a good year.

Special thanks go to John Payne who is stepping down from his role on the village hall committee after many years of valuable and loyal service. John played a massive part in saving the hall following the disastrous flood a few years ago and the hall is in a far better position now thanks to his hard work and dedication. We wish John all the best in his new ventures. Thanks come from all at the village hall.

A special thank you also goes to Jon Kydd who put so much effort and energy into planning and organising the villages first summer fair. I saw Jon on a number of occasions throughout the planning stage and on the day and I could see for myself the pressures he faced, but the day was a great success with the All Saints Church, the school and the village hall benefitting greatly from the proceeds. Jon also does a massive amount of fund raising locally as well as organising quizzes and other fun activities as well as chairing the Parish Council. So thank you Jon from all at the village hall and from the village as a whole.

Finally a thank you goes to all those in the village who have supported the hall throughout the year by using its facilities and we hope continue to do so. We desperately need new committee members at the hall so if you can spare a few short hours each month, your help would be greatly appreciated. I can be contacted via the number listed in this magazine.

Have a great Christmas and a	Weekly Activities:
prosperous 2018.	Carpet Bowls : Monday 2-4pm
	Lawshall Mums & Toddler Group Tuesday morning (term-time only) from 9.30 am to11.30 am
Management Committee	Tuesday Club : Tuesday 2-4pm
See new hire charges from January	Circuit Training: Thursday 7pm
2018 on page 13	Table Tennis 6pm Friday 15 Dec
7	٤

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## Parish Council Report www.lawshall.suffolk.gov.uk

**Overgrown hedge opposite Swanfield:** This has been reported and we are waiting for a response from S.C.C.

**Hedge at Lawshall Row:** The hedge has been trimmed back (paid for by the P.C.) and the overgrown path has been reported and we are waiting for a response from S.C.C.

**Summer Fair Proceeds:** Total: £2228.94 .Equal payments of £742.68 have been made to All Saints Church, Village Hall & All Saints School.

**New address and phone number for Babergh D.C.** Babergh District Council, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX. Phone: 0300 1234 000.

**Customer Access points: (for face to face support) STOWMARKET CAP**, 54 Ipswich Street, Stowmarket, IP14 1AD **or SUDBURY CAP TOWN HALL,** Old Market Place, Sudbury, CO10 1JL. Offices will be open from 9am to 5pm Monday to Thursday & 9am to 4.30pm on Friday.

**Crime report:** No crimes reported for Lawshall in August and September as per the Police website.

The Councillors would like to thank Ccllr. R. Kemp for the £250 received from his S.C.C. Locality Budget to help fund the cutting down of the trees at Shepherds Drive.

Dorothy Griggs - Parish Clerk 01284 830813

Babergh D.C. Boundary Review Consultation for LAWSHALL: if you have access to a computer you can record your views on the Draft recommendations on the Boundary Review. Go to <u>www.babergh.gov.uk</u> and click on HAVE YOUR SAY ON NEW WARD BOUNDARY RE-VIEWS. Or you can write to Review Officer (Babergh), Local Government Boundary Commission for England, 14th Floor, Millbank Tower, London SW1P 4QP. All residents are very welcome to participate so please take the time to record your views. Consultation closing date 11th December 2017.

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\*\*Lawshall Christmas Quiz \*\* 17<sup>th</sup> December 2017 Lawshall Village Hall 4pm start

\*\*\*\*\*

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\*\* The cost also includes a festive refreshment \*\*

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> Don't miss this great festive event Raising money to help support village clubs/charities

> > \*\*\*\*\*

# **The Long Melford Practice**

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Long Melford Surgery Cordell Road. Long Melford, CO10 9EP

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## A Happy Christmas and a Healthy and Prosperous New Year from the doctors and staff at the Long Melford Practice.

Our next Patient Participation group will be on Thursday 14th December 2017 at 12 midday at the Long Melford surgery to discuss Medication-Requests, Repeats and Reviews. If you are interested please in joining the patient participation group please contact the practice manager: Nicola Whitehead

telephone on 01787 378226;

email Nicola Whitehead (Nicola.whitehead2@nhs.net) or write to confirm your interest.



# VILLAGE HALL HIRE CHARGES

It is with regret that we are about to raise our village hall hire charges. Our charges have remained the same for many years now but the cost of heating and maintaining the hall has risen which has led to us having to raise the charges. The new rates are as follows:

#### Lawshall residents... £14 per hour Other users..... £17 per hour Groups that use the hall on a regular basis will see their charges altered as follows:

Weekly users.. £11 per hour

Monthly users.. £14 per hour (with 10% reduction if paid 3 months in advance)

Bi-monthly users.. £14 per hour (with 5% reduction if paid 3 months in advance)

There will be new set fees for children's parties which will be made available upon request.

We are sorry for the increases and hope you will still continue to use our facilities and support your village hall.

David Henderson, Chair Village Hall Management Committee

# Monthly Village Hall Draw Results – November Draw

#### Prize Winners:

First Prize £50 – 297 Lucy Kent Second Prize £20 – 424 Mrs Murphy; 3rd Prize – 116 Mrs S Jones; 4th Prize – 363 Mr & Mrs Twinn ; Fifth Prize - 150 Elizabeth Clark If **you** would like to support your Village Hall lottery please contact John Chappell on 01284 830530 or download the form from the village hall website at http://lawshallvillagehall.co.uk/lottery-2/ You can also use this form to set up a regular donation to support the hall.

#### HARTEST ART & CRAFT WINTER FESTIVE MARKET



Saturday 9<sup>th</sup> December 10-4pm Hartest Institute, The Green, Hartest. A top-notch market showcasing the work of local East Anglian makers and artists. An invitation



We will be holding a private view of the above event on **Friday 8<sup>th</sup> December 6-9pm** for residents of Hartest and the surrounding villages and would be delighted if you could join us. Kick start the festive season with mulled wine, mince pies and a spot of Christmas shopping by candlelight. Free entry!

All enquiries - 07788 508520 #ArtyCraftyHartest

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# Bird Notes December 2017 by Cliff Cooper

Here we are rapidly approaching Christmas, and the first bird I have to mention has a red patch - but it is not a robin! I saw a **swallow** on the 1<sup>st</sup> of November!! It was sitting on the power lines at Cooks farm, Hartest; I believe it was an adult male as it had quite long tail streamers, so it could have been the father of the family that was raised there this year. I have no idea as to why it would still be there in November. Incidentally, there was also a bat (pipistrelle?) still flying around the back of our house early in November.

Another slight quirk in the movement of the birds is that I have yet (as of 16<sup>th</sup> November) to see a fieldfare anywhere around the village. There are not many redwings around either, though I have seen a few elsewhere. This is probably due to the slightly warmer autumn weather further north and east and the thrushes have not yet moved south in their usual droves.

Red kites are putting in regular visits around the village; they have been seen along Melford road, Bury road and Brand's lane. It is looking that they will become permanent sights around us. Don't worry though, contrary to the old wives tale, they will not snatch up your cat or dog for dinner! They are scavengers, eating mainly carrion and worms. Lovely!

I have noticed on my walks about the village that the smaller birds, mostly tits, are flocking together more as we move into winter. Please try to put out some food for them if you can. Everything we can do to help will give them a greater chance of surviving the cold. Fatty foods are best, along with unsalted nuts, but bread is not good for their digestion.

Have a very merry Christmas



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# **Tuesday Club**

We are delighted to have welcomed some new members into our club over the past month and this is very encouraging. Hopefully this trend will continue into next year. It has also been encouraging to welcome back some members who have been very unwell and spent a period in hospital. We hope sincerely that your improvement continues.

December is now upon us and our programme is a little different. We will meet on the **5th at 2pm** but then there are changes to our usual programme. On the **12th we will be having our Christmas Party** and we will start at 1pm with a Christmas Buffet. We will be joined by our friends from Newton Green. Entertainment will be provided by Steve and his group 'The Three Pegs'. The programme has now been completed and there will be something for everyone. It promises to be a really smashing afternoon. There will also be a special Christmas raffle. You are welcome to join us if you are over 60 yrs age but please let me know in advance if you are coming.

This will be our last Tuesday meeting of the year but on **Wednesday 20th** we will be having our Christmas meal at The Swan where Laura will be our host. We will also have the pleasure of music being provided by Steve once again. This will be for members only That's it for another year so it just remains for me to say have a lovely Christmas and a very happy New Year.

John Payne 830466

# Carpet Bowls Club

Over the past couple of months our numbers have grown and we are regularly having 12 - 14 attending. A couple of our members have been very unwell of late and we wish them a very speedy recovery.

We will be meeting as usual up to the **18th December** but then we will be having a break until **Monday 8th January.** 

For our members we will be having our Annual get together and meal on **Wednesday 10th January** at The Swan.

I wish you all a lovely Christmas and a Very Happy New Year.

John Payne

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# A BARK

#### Lawshall Community Woodlands

#### A Forest for Our Children

Our next volunteer morning will be ...

#### Sunday 28th January, 9:30-12:30, Golden Wood, Bury Road

Everyone's welcome and no experience is required. Cakes and hot drinks are provided at half-time and you can stay for as little or as long as you like. If your New Year's resolution is to get more fresh air and exercise then this is a perfect opportunity!

At this volunteer morning we'll be laying hedges. Hedges don't lay themselves you know! Hedge laying is an important part of woodland maintenance and has a very long history. We'll be laying a hegde behind the patch of oak trees planted by students from the primary school.

Here's a few of us chopping down some of the coppiced wood in October. Most of this wood has gone on to habitat piles which provide perfect environments for everything from rare fungi to small mammals. It's all part of the rich ecosystem of Golden Wood.



If you'd like to join our mailing list, just email tom.mcclelland57@gmail.com

To find out more visit our website: <u>www.forestforourchildren.onesuffolk.net</u> or check us out on Facebook: Lawshall Community Woodlands

# Christmas in Stanningfield at Stanningfield Hall Farm

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#### Suffolk Trail Running Festival 16th & 17th June 2018

Nestled in picturesque organic farmland between Bury St Edmunds and Sudbury, The Suffolk Trail

TRAIL RUNNING FESTIVAL Festival (TrailFest) is a unique opportunity to en-

joy running in the beautiful Suffolk countryside.

The cross-country courses have been selected for their impressive views, and rolling hills to offer a fantastic running experience. There is a  $\frac{3k \text{ fun run}}{3k \text{ fun run}}$  for all the family to enjoy, a  $\frac{10k \text{ trail race}}{12 \text{ hour}}$  to get the heart racing and new to Suffolk; a  $\frac{12 \text{ hour}}{12 \text{ hour}}$  /  $\frac{24 \text{ hour}}{24 \text{ hour}}$  race challenge.

The 24hr race is the first of its kind in Suffolk, competitors can enter as a solo runner, as a pair or as a team of up to 8 runners and the aim is to complete as many laps of the 5 mile course as possible in 24 hours. This is a test of endurance, speed, fitness, mental toughness and teamwork! Camping, music, refreshments and entertainment will be on hand to add a fun and friendly festival vibe to the weekend.

All profits for the 3k race will be donated to Lawshall Pre-School charity.

**About us:** We, Katie and Kelly, are a couple of regular mums with a passion for the Suffolk countryside, ultra running and cakes. What better combination than a trail running festival in the village we grew up in. In April 2017 we created the <u>Chadacre Challenge</u>. This was a 10k and 3k race set in the beautiful Suffolk countryside, on the private Chadacre Estate. The event was a huge success, with over 200 competitors and more than 100 spectators, raising £1,000 for the school we both went to.



"I just wanted to say how much I enjoyed the challenge yester-

day. You weren't wrong about the stunning views on the trail! Many thanks to the wonderful marshalls who cheered us on. The organisation of the event was fantastic, it was such a great atmosphere for everyone. Thank you so much."

Determined to continue the event but sadly unable to secure our Chadacre venue, we put our thinking caps on, teamed up with Shimpling Park Farm and added the new 24hr and 12hr race to launch the Suffolk Trail Festival.

Our backgrounds come together well to make these events successful. For both of us the outdoors, come rain or shine, is our go to place for sanity, peace and balance. We love sharing the area with our families and we want to extend that to the community and beyond.

Event management is our gig, whether a race or a party, a corporate team bonding or a school trip. Do chat to us about how we might be able to help you with your next event. If you want something done, give it to a busy woman – that's us!





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# RICHARDGREEN







We had a lot of members missing on this dark cold November meeting night, but we were able to welcome two guests to join us in a practical workshop.

Jacquie Norman was our speaker for this evening and gave an introduction to flower arranging. Jacquie had been a florist with her own business for a number of years and so was able to provide information regarding the buying of flowers and the places where they may have been originally grown for market. She was able to able to tell the members what to expect when buying flowers from a florist and what preparation work will have been done before sale.

This was a practical class she wanted to give the members as much time as possible to work on their arrangements and therefore just touched on the necessary basics of conditioning flowers before use. She then used five blooms and complementary greenery and produced a simple arrangement explaining as she went. It was then the turn of the members to have a go. Flowers and sundries were provided and the ladies had just to provide their own greenery and secateurs. Some beautiful arrangements were made and all the ladies were able to exchange ideas whilst having fun. Everyone enjoyed the evening and even a request of 'can we do this again', was made. After a massive clear up session along with tea, coffee and raffle members left the village hall proudly bearing their craftwork.

Next month Lawshall WI ladies will be celebrating together with a Christmas meal so there will be no meeting at the Village Hall.

We have a very full and varied calendar of events planned for next year all guests will be very welcome. Come along and see what it's like.

The January meeting will be held as normal at the village hall on **Wednesday 9<sup>th</sup> January**, and will be welcoming Janet Brown who will be talking about courses available at the WI's own Denman College. Meetings start at 7.30pm.

T&Cs - Karen & Ali. Raffle - Sally, Helen& Ruth

Stitch n' Bitch will be held at The Willows on December 6<sup>th</sup> at 2.30pm. This is for anyone interested in all types of needlecraft; you do not need to be a member of the WI to join in.

For any further details or general enquiries contact either Jacquie on 828813 or Trish on 830284.

# Village Hall Booking: Parties? Weddings?



Christmas / New Year Gatherings?

Plan your events now!

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£12 (£14 in 2018)per hour for Lawshall Residents: £15 (£17 in 2018) per hour for non residents

\*All day hire and small meeting rooms by arrangement \*Large Main Hall - 15m by 9m with stage and high ceiling \*Jubilee Room 8m by 4m with hatch to kitchen \*Outside Lawn suitable for large marquee; \*Good sized parking area. \* Full kitchen facilities with new crockery in 2014

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# **Concert of Christmas Music**

Saturday 9<sup>th</sup> December At 3.00pm

Christchurch URC Sudbury (School Street)

Conductor: Stephen Hogger Pianist: Andrew Clare

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# **Priority Services Register—Electricity**

Hi, we are **UK Power Networks**, we deliver electricity to your home. You pay your energy supplier for your electricity, but it's our job to maintain a safe and reliable supply of electricity. Power cuts don't happen very often but we understand that they impact on people's lives.

Do you need extra support during a power cut? We can help, our services are free to customers who need it.

Power cuts don't happen very often but if the electricity network is damaged or develops a fault it's our job to get your power back on. Our engineers will work around the clock 24/7 to restore your power as quickly and as safely as possible.

To give you peace of mind, if you live in London, the East or South East of England, then being on our Priority Services Register will ensure you will receive extra support if you experience a power cut.

#### You can receive extra support? - If you

- Rely on medical equipment
- Have refrigerated medicines
- Have a serious or chronic illness
- Have a disability
- Or someone you care for have dementia
- Are of pensionable age
- Have children under five in your household
- Need extra support for a short time (eg recovering from medical treatment)

#### You should get:

- A priority number you can call 24 hours a day
- A dedicated team who will contact you to keep you updated during a power cut
- Tailored support if needed such as home visits, hot meals, advice and keeping your friends and relatives updated.
- In certain scenarios we may also offer a free hotel overnight and transport to the hotel

#### Call us on 0800 169 9970

(Editor's note —if you want the website links for phone, computer or iPad I can forward the original email to you—email me at jennalight51@btinternet.com



The Willows is a friendly residential care home for elderly ladies and gentlemen and is part of the Extra friend group of care homes.

We are situated in the village of Lawshall which is about 6 miles south of Bury-St-Edmunds, Suffolk. Set in 2 acres of tranquil landscaped gardens and surrounded by countryside, The Willows (Originally a farmhouse) has been sympathetically and tastefully extended and refurbished and is now home to 25 residents.

Care Manager, Mrs Margaret Holt says that: "All clients are treated as individuals with dignity and respect and where client comfort and safery comes first".

If you would like further information on admission arrangements and fees, please contact our Care Home Manager on **O1284-830665** who will be pleased to answer any questions and arrange a tour of our Home.

You are welcome to visit Willows Residential Home to visit at your convenience.

Willows Residential Home Corders Farm, Bury Road, Lawshall, Suffolk IP29 4PJ

# Telephone: 01284 830665

Fax: 01284 830892 Web: www.extrafriend.co.uk Email: margaretholtuk@yahoo.co.uk

# LEADER Rural Business

The LEADER programme is currently offering capital grants for rural businesses (micro – small) and organisations to support business growth and increases in productivity. Funding can be used to support projects linked to; increasing farm productivity, farm diversification, boosting tourism, developing food and drink enterprises, providing rural services, increasing forestry productivity and providing culture & heritage activities.

LEADER grants are typically for 40% of eligible capital costs and range from £2,500 to £100,000. Projects should aim to deliver at least one of the following outputs: job creation ; increased turnover; introduction of new processes or techniques ; improved services or additional visitor numbers. Applications can be made up to Autumn 2018. Further details and case studies can be found by visiting the <u>Suffolk County Council website</u> or emailing: <u>fundingenquiries@suffolk.gov.uk</u>

with kind regards

Jim Brown, External Funding Specialist, Business Development Suffolk County Council Constantine House, 5 Constantine Road Ipswich, Suffolk, IP1 2DH

Email: jim.brown@suffolk.gov.uk

Web: www.suffolk.gov.uk

**Lawshall pre-school** is located in a brand-new purpose-built building within the grounds of All Saints' Primary School in Lawshall.

We believe in a fun and active path for early years education, allowing the children in our care to develop at their own pace, in a safe environment with activities they love. Our mission is to help each child make the transition from preschool to reception and onwards into the main school with confidence and ease.

We are delighted to announce that we accept children from the term after their 2nd birthday and have spaces available term time from 8.30am-3.30pm Monday to Friday.

Please contact Janice and the team for more information Visit: <u>http://www.lawshallpreschool.co.uk</u> Email: <u>lawshallpreschool@hotmail.co.uk</u> or Call: 01284 827588

# Catholic Church of Our Lady Immaculate & St Joseph

Diocese of East Anglia. Registered Charity no 278742 The oldest Catholic mission in Suffolk



Coldham Cottage, Bury Road, Lawshall, IP29 4PL OS ref: TL 85690 55910 Tel: 01284 830393 Email: <u>church01@quikmail.co.uk</u>

#### Reverend Gerard Quigley Priest in charge

#### Times of services

Christmas Eve Normal Sunday Mass 10.30am

Christmas Eve Mass 1900 (preceded by Carols from 1830)

Christmas Day Mass 1030am

NO Mass on Tuesday 27th December

# INDEPENDENT CUSTODY VISITORS NEEDED



Ensuring that people in police custody in Suffolk are treated properly is a statutory duty of Tim Passmore, the Police and Crime Commissioner and he relies on an army of volunteers to help him monitor the welfare of people who are detained by police in Suffolk.

Tim Passmore is looking for additional volunteer custody visitors to make regular unannounced visits to Police Investigation Centres. The volunteers will be required to look, listen and report on their findings to the PCC to ensure that the police are providing the service that is expected of them.

Tim Passmore said, "Suffolk has two Police Investigation Centres in Suffolk - one in Bury St Edmunds and one at Martlesham, Ipswich. We are currently looking to recruit two more volunteers for our Bury St Edmunds Panel. I need the overall panel of visitors to be representative of the local community, so I would really encourage interest from younger people and black and minority ethnic residents. "We have a great team of custody visitors in Suffolk, who give their time to support this valuable service and I thank them for their commitment which does not always receive the recognition it deserves."

Upon leaving the scheme recently, volunteer Matt Long said "My time as an Independent Custody Visitor has been extremely rewarding and educational. The role has given me the opportunity to work with both the police and general public in a trusted and privileged position. It has given me an insight into how the police work, and importantly ensuring the general public are cared for whilst in detention. The role has involved working in a small friendly team, with great support and teamwork. It has helped me to understand the importance of the PCC and the Police and is something I am very proud to have been involved in."

Volunteers are required to attend an initial training session of half a day and then receive training by observing existing visitors until confident in performing the role. Visitors carry out approximately one visit per month (as part of a panel carrying out the weekly visits), there are quarterly panel meetings which are held in the evening and then 1-2 training days/conference per year. The role is voluntary but expenses for travel costs are paid. Applicants must be over 18 years of age and appointments are subject to police vetting checks and references. Application details are on the PCC's website www.suffolk-pcc.gov.uk.

Sarah McNulty , Business Co-ordinator, Office of the Police and Crime Commissioner for Suffolk 01473 782774 www.suffolk-pcc.gov.uk

Richard Kemp Councillor 01787 378149	Sponsors: Adam Kemp BA Hons DipPFS Cert.CII (MP&ER) AMAS Investments Ltd (Director) Please contact for free financial and mortgage advice 01284 724013 opt7 07988 961240 Adam.kemp@amas.co.com
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# Lawshall Weather Summary—October 2017

Total Rainfall was 16mm. 2016 was 32mm. Stowmarket ten-year average is 65mm. Daytime average temp was 16.0°c 2016 was 14.8°c Stowmarket ten-year average is 14.2°c Highest temp was 21.2°c on the 16<sup>th</sup>. 2016 was 19.0°c Night-time average temp was 10.0°c 2016 was 8.4°c Stowmarket ten-year average is 7.5°c

**Lowest temp** was 4.7°c on the 29<sup>th</sup>. 2016 was 5.9°c

**Comment:** It is interesting to look at rainfall figures which were exactly half of last year and all of that fell in just four of the 31 days. In 2016 rainfall was recorded on 10 of the 31 days. Look at the Stowmarket ten-year monthly average! Both day and night-time temperature figures are up on last year and well up on the Stowmarket tenyear averages. The lowest temperature recorded was at the end of the month (29<sup>th</sup>) and down on the lowest in 2016 (recorded on the 24<sup>th</sup>). Does this point to a lowering of the temperature with winter just round the corner? Malcolm Edgar

#### **December Forecast:**

www.weatheronline.co.uk There are significant conflicting signals for the weather regime that dominates in December.

Signals for some time have been that higher pressure would be in evidence in December, but where will this be centred? Models tend to want to put the high south of the Uk bringing about a milder southwest flow, whereas analogue techniques suggest the high is west of Ireland which would lead to colder northwest winds.

We currently favour a middle line between these too where the south is generally drier than average with near normal rain to the north. The month generally sees average to mild temperatures, but there will also be occasions when the northwest wind settles in bringing a few days of colder weather too.



Unit 7, The Brickworks, Old Stowmarket Road, Woolpit IP30 9QS

# **USEFUL VILLAGE CONTACTS & INFORMATION**

#### Village Hall Management Committee

Chairman: David Henderson 01284 828156 david.henderson8789@gmail.com
 Secretary: Sue Henderson 01284 828156 david.henderson8789@gmail.com
 Treasurer: Karen Wilcox 830725 karenjwilcox265@gmail.com
 Caretaker & Booking Secretary: Sharon Marshall 830182 shazy68@hotmail.co.uk
 Committee Members: Ian Carrington 830497, Ian Copping 830430
 John Chappell 830530, John Payne 830466 Julian Delefortrie 830544

Lawshall Parish Council<br/>Chairman: John Kydd 830590www.lawshall.suffolk.gov.uk/Chairman: John Kydd 830590Vice-Chairman: Andrew Irish 827500Clerk: Dorothy Griggs 830813Councillors: Ray Debenham07908 656098Trevor Elmer 830870David Griggs830813David Page 830968Laura Williams 828477

District Cllr: James Long 830347 County Cllr :Richard Kemp 01787 378149

Neighbourhood Watch Co-ordinator Mrs Pamela Pope 830716 Contacts: Ros Debenham 830640 Dorothy Griggs 830813

#### Village Clubs and Organisations—held in the Village Hall

Lawshall & District Carpet Bowls: every Mon 2-4pm ; info 830693 Lawshall Toddlers: every Tues 09.30am-11.30, info Julie 830948 Tuesday Club: 2-4pm every week, info John Payne 830466 Strength & Balance Exercise Class 10am Wednesdays Women's Institute: 2nd Weds of month, 7.30pm, info Patricia Burton-Hopkins 830284 Circuit Training Thursday 7pm info Martin 830689

Not in VH: Coldham Hall FC / Cricket - Contact Chris Toole; loftytoole@yahoo.co.uk or Ben Atkinson on 07921 837296 www.hartestandcoldhamcc.blogspot.co.uk

#### Lawshall Postal Collections

Coldham, Mon-Fri 4pm, Sat 7.30am. The Glebe, Mon - Fri 4.30pm, Sat 11.30am. Lambs Lane/Rectory Corner, Mon - Fri 9am; Sat 7am Donkey Lane, Mon-Fri 4pm, Sat 11am. School/The Street, Mon-Fri 4.30pm; Sat 11.30am. Lawshall Green, Mon - Fri 4pm; Sat 12 midday. NO Sunday collections.

#### Suffolk Norse Bus Time Table 375 Route ~ Lawshall to Bury

The Street, opp Primary School: Mon-Fri 7.55am ; Weds, Fri & Sat 9.51am & 1.45pm Return leaves Bury Bus Station at: Weds & Sat 1pm & 5.35pm; Mon-Fri 3.50pm & 5.35pm

#### Felix Sudbury Bus Timetable (Thursday only)

Leaving The Street at 9.40am & return trip leaving Sudbury bus station at 12.45pm.

#### Library Van (route 7)

4 weekly: 21 Dec : stopping at Free Church 9.50am ~ 10.20am, Swanfields 10.25am ~ 10.40am & Village Hall car park 10.45am ~ 11.25am.

#### **Refuse Collection**

Early every Friday morning alternating weekly with blue bin & black bin (Saturday morning collection in week following a bank holiday).

# HANDY LOCAL NUMBERS

All Saints' Primary School 828223 \* All Saints' Church Revd Jeremy Parsons 846166 Catholic Church, Fr Gerry Quigley 830393 \* Free Church, Paul Mitchell 828694 Village Lottery Co-ordinator: John Chappell 830530 Local History Recorder, Lawshall Archives Group: Elizabeth Clarke 827275 Willows Residential Care Home 830665 Green Light Trust Office 830829 \* Forest For Our Children - Jenna Kitchen 830022 Age UK Suffolk link volunteer, Cliff Cooper 830041

> The Swan P H 828477 Newspaper delivery - Sicklesmere Stores Ltd 01284 386303

> Excelan Chauffeur Services 01284 706133 / 07816 663 542 A1 Cars 24 hr Taxi 01284 766777 Greenline Travel 07754 298690 Traveline 0871 200 22 33

Anglian Water emergencies / enquiries 0845 7145145 UK Power Networks Emergency number: 105 EDF Electricity emergencies 0800 7838838 Babergh District Council 01473 822801 Helpline 0300 123 4000 Suffolk County Council 0345 606 6067

Police: Bury Police Station 774100 Crime Stoppers 0800 555111 Police HQ main switchboard (non-emergency) 01473 613500 contact baberghwest.snt@suffolk.pnn.police.uk Tel 101 or 999 for emergency Suffolk Fire Service 01473 260588 e-mail : fire.admin@suffolk.gov.uk

> Citizens Advice Bureau 753675 Samaritans 08457 90 90 90 Bury Train Station Customer Service 0845 600 7245 BBC Radio Suffolk 01473 212121 Tourist Information 01284 764667 Bury Leisure Centre 01284 753496 Bury Library 01284 732255

Local Doctors: Glemsford Practice 01787 280484 & Hartest Surgery 830202 Long Melford Practice 01787 378226 Mount Farm Surgery, Moreton Hall, Bury 769643 NHS Direct 111 for urgent (non-emergency ) medical help West Suffolk Hospital switchboard 713000, A & E 713333 St Nicholas' Hospice 766133. Patients' Line 725700

Local Vets: Swayne & Partners (BSE) 701444, (Melford) 01787 370773 Eastgate Vet Group (BSE) 753961 Moreton Hall (BSE) Vets 747000